

# 10 Rules For Brilliant Women Tara Sophia Mohr Playing Big

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 Rich Bitch

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## SPENCE LEWIS

[Playing Big](#) University of Illinois Press

A RECOMMENDED BOOK FROM: Los Angeles Times \* USA Today \* O, the Oprah Magazine \* BuzzFeed \* The Rumpus \* Entertainment Weekly \* Elle \* BBC \* Christian Science Monitor \* Electric Literature \* The Millions \* LitHub \* Publishers Weekly \* Kirkus \* Refinery29 \* Thrillist \* BookBub \* Nylon \* Bustle \* Goodreads An exhilarating, moving novel about a trailblazing mathematician whose research unearths her own extraordinary family story and its roots in World War II From the days of her childhood in the 1950s Midwest, Katherine knows she is different, and that her parents are not who they seem. As she matures from a girl of rare intelligence into an exceptional mathematician, traveling to Europe to further her studies, she must face the most human of problems—who is she? What is the cost of love, and what is the cost of ambition? These questions grow ever more entangled as Katherine strives to take her place in the world of higher

mathematics and becomes involved with a brilliant and charismatic professor. When she embarks on a quest to conquer the Riemann hypothesis, the greatest unsolved mathematical problem of her time, she turns to a theorem with a mysterious history that may hold both the lock and the key to her identity, and to secrets long buried during World War II. Forced to confront some of the most consequential events of the twentieth century and rethink everything she knows of herself, she finds kinship in the stories of the women who came before her, and discovers how seemingly distant stories, lives, and ideas are inextricably linked to her own. The Tenth Muse is a gorgeous, sweeping tale about legacy, identity, and the beautiful ways the mind can make us free.

*Playing Big* Playing Big

A "Huffington Post" columnist and women's leadership expert outlines practical skills that women can use to implement positive change, covering such topics as self-esteem and how to overcome sabotaging gender rules of conduct.--Publisher information.

*Wander Woman* Houghton Mifflin Harcourt

Virginia Woolf's playful exploration of a satirical »Oxbridge« became one of the world's most groundbreaking writings on women, writing, fiction, and gender. A Room of One's Own [1929] can

be read as one or as six different essays, narrated from an intimate first-person perspective. Actual history blends with narrative and memoir. But perhaps most revolutionary was its address: the book is written by a woman for women. Male readers are compelled to read through women's eyes in a total inversion of the traditional male gaze. VIRGINIA WOOLF [1882-1941] was an English author. With novels like *Jacob's Room* [1922], *Mrs Dalloway* [1925], *To the Lighthouse* [1927], and *Orlando* [1928], she became a leading figure of modernism and is considered one of the most important English-language authors of the 20th century. As a thinker, with essays like *A Room of One's Own* [1929], Woolf has influenced the women's movement in many countries.

**Beyond Respectability** Hachette Books

Playing Big Random House

*When She Makes More* Virtuonica

Discover a renewed biblical vision for sex, singleness, and relationships, and transform into an empowered woman of faith equipped to navigate today's dating culture with vision, clarity, and freedom. Let's face it: being single in today's culture as a woman of faith can be a STRUGGLE FEST. But it doesn't have to be. With real talk and straight wisdom, speaker, podcaster, and

founder of The Refined Woman Kat Harris says it's time for a new conversation about singleness, sex, and desire. Growing up at the height of the purity movement, Kat knew this much: good Christians don't have sex until marriage. But approaching 30 and thrust into the New York City dating scene, she found a set of rules was not a compelling enough reason to keep her clothes on. Caught between purity culture's rules and popular culture's do what feels good, Kat began a multi-year journey searching for answers to the biggest questions about sexuality and faith: What does the Bible really say about sex? Why does almost everyone deal with some sort of sexual shame? But really--what's a single girl to do with her sexual desire? What if we never get married . . . then what? It turns out Kat was asking questions that countless women were dying to ask but didn't know they had the permission to do so. Hungry for clarity, she researched, wrestled, and discovered a God who wasn't afraid or ashamed of sex and desire as she thought He might be. In actuality, God created sex and desire within humanity and called it very good. Now she believes God desires to restore a generation disillusioned with purity culture and Christian dating, discouraged about their singleness, ashamed of their sexual desire, and uncertain how to practically walk this season out well. Join Kat on her messy, sometimes painful, and always honest journey to discovering God's heart for sexuality, desire, singleness, and our purpose within it all. [Venus and Serena](#) HarperCollins

As seen on CNBC's Follow the Leader "Farnoosh's ground-breaking book will save more relationships than couples counseling ever could." —Barbara Stanny, author of *Secrets of Six-Figure Women Today*, a record number of women are their household's top-earner. But if you're that woman, you face a much higher risk of burnout, infidelity, and divorce. In this important and timely book, personal finance expert Farnoosh Torabi candidly addresses how income imbalances affect relationships and family dynamics, and presents a bold strategy to achieving happiness at work and home. Torabi's ten essential rules include: • Buy Yourself a Wife: Outsource as many household tasks as possible to bring more peace and happiness to both your lives • Don't Assume a Mr. Mom is Best: The math might say he should quit his job, but doing so can be dangerous. • Understand the Male Brain: Know how men think and what motivates their behavior to communicate effectively, share responsibilities, and avoid power struggles in your relationship. [Women in Science](#) Zondervan

Overcome the twelve habits holding you back and take your career to new heights with this wise and approachable guide from two business leadership experts. Ready to take the next step in your career . . . but not sure what's holding you back? Read on. Leadership expert Sally Helgesen and bestselling leadership coach Marshall Goldsmith have trained thousands of high achievers -- men and women -- to reach even greater heights. Again and again, they see that women face specific and different roadblocks from men as they advance in the workplace. In fact, the very habits that helped women early in their careers can hinder them as they move up. Simply put, what got you here won't get you there . . . and you might not even realize your blind spots until it's too late. Are you great with the details? To rise, you need to do less and delegate more. Are you a team player? To advance, you need to take credit as easily as you share it. Are you a star networker? Leaders know a network is no good unless you know how to use it. Sally and Marshall identify the twelve habits that hold women back as they seek to advance, showing them why what worked for them in the past might actually be sabotaging their future success. Building on Marshall's classic bestseller *What Got You Here Won't Get You There*, *How Women Rise* is essential reading for any woman who is ready to advance to the next level.

Penguin

The nearly forgotten story of the fight against the American Plan, a government program designed to regulate women's bodies and sexuality "A consistently surprising page-turner . . . a brilliant study of the way social anxieties have historically congealed in state control over women's bodies and behavior." —New York Times Book Review Nina McCall was one of many women unfairly imprisoned by the United States government throughout the twentieth century. Tens, probably hundreds, of thousands of women and girls were locked up—usually without due process—simply because officials suspected these women were prostitutes, carrying STIs, or just “promiscuous.” This discriminatory program, dubbed the “American Plan,” lasted from the 1910s into the 1950s, implicating a number of luminaries, including Eleanor Roosevelt, John D. Rockefeller Jr., Earl Warren, and even Eliot Ness, while laying the foundation for the modern system of women's prisons. In some places, vestiges of the Plan lingered into the 1960s and 1970s, and the laws that undergirded it remain on the books to this day. Nina McCall's story provides crucial insight into the lives of countless other women incarcerated under the American Plan. Stern demonstrates the pain

and shame felt by these women and details the multitude of mortifications they endured, both during and after their internment. Yet thousands of incarcerated women rioted, fought back against their oppressors, or burned their detention facilities to the ground; they jumped out of windows or leapt from moving trains or scaled barbed-wire fences in order to escape. And, as Nina McCall did, they sued their captors. In an age of renewed activism surrounding harassment, health care, prisons, women's rights, and the power of the state, this virtually lost chapter of our history is vital reading.

**White Hot Truth** Sourcebooks, Inc.

Has your self-help become self-criticism? A wise and often hilarious exploration of the conflicts between spiritual aspiration and the compulsion to improve, from Oprah Super Soul 100 member, Danielle LaPorte. Like a wise girlfriend you can totally relate to, Danielle cheerleads you to own your wisdom and self-worth by having a good laugh (and maybe a good cry) at the ways you've been trying to improve on your self-improvement. Rooted in compassion, feminism, and spiritual activism *White Hot Truth* is an intimate and (hilariously) relatable account of self-help tales gone wrong, and very right. If you love Brene Brown and Liz Gilbert's authenticity, and Marianne Williamson's strong spirit, you'll adore how Danielle lays bare "Boundaries for spiritual people"; the "Discipleshit" that happens when we give our power away; a "Soul-perspective" on suffering; "over tolerance" and "foolish compassion" in relationships, sneaky self-loathing; spiritual glamour. And in her poetic and brazen way, she brings it home with the hottest truth of all: You are your own guru.

**RBG's Brave & Brilliant Women** Century

Talking about money sucks; but so does being broke. Do your eyes glaze over just thinking about the mumbo-jumbo of finance? Do you break out into hives at the thought of money? Well, sister, you are not alone. In *RICH BITCH*, money expert and financial journalist Nicole Lapin lays out a 12-Step Plan in which she shares her experiences, mistakes and all, of getting her own finances in order. No lecturing, just help from a friend. And even though money is typically an off-limits conversation, nothing is off-limits here. Lapin rethinks every piece of financial wisdom you've ever heard and puts her own fresh, modern, sassy spin on it. Sure, there are some hard-and-fast rules about finance, but when it comes to your money, the only person who can spend it is you. Should you invest in a 401(k)? Maybe not. Should you splurge on that morning latte? Likely yes. Instead of nickel-and-diming yourself, Nicole's advice focuses on investing in yourself so you don't have to stress over the little things. But in order to do that, you have to be able to speak the language of money. After all, money is a language like anything else, and the sooner you can join the conversation, the sooner you can live the life you want, *RICH BITCH* rehabs whatever bad habits you might have and provides a plan you can not only sustain, but thrive with. It's time to go after the rich life you deserve, and confident enough to call yourself a *RICH BITCH*.

**Presentation Zen** McGraw Hill Professional

1913 - Suffragette throws herself under the King's horse. 1969 - Feminists storm Miss World. NOW - Caitlin Moran rewrites *The Female Eunuch* from a bar stool and demands to know why pants are getting smaller. There's never been a better time to be a woman: we have the vote and the Pill, and we haven't been burnt as witches since 1727. However, a few nagging questions do remain... Why are we supposed to get Brazilians? Should you get Botox? Do men secretly hate us? What should you call your vagina? Why does your bra hurt? And why does everyone ask you when you're going to have a baby? Part memoir, part rant, Caitlin Moran answers these questions and more in *How To Be A Woman* - following her from her terrible 13th birthday ('I am 13 stone, have no friends, and boys throw gravel at me when they see me') through adolescence, the workplace, strip-clubs, love, fat, abortion, TopShop, motherhood and beyond.

**Playing Big** Flatiron Books

"Tramuta sweeps away the tired clichés of the Parisian woman with her vivid profiles of the dynamic and creative 'femmes' now powering the French capital." —Eleanor Beardsley, NPR Paris correspondent *The New Parisienne* focuses on one of the city's most prominent features, its women. Lifting the veil on the mythologized Parisian woman—white, lithe, ever fashionable—Lindsey Tramuta demystifies this oversimplified archetype and recasts the women of Paris as they truly are, in all their complexity. Featuring 50 activists, creators, educators, visionaries, and disruptors—like Leïla Slimani, Lauren Bastide, and Mayor Anne Hidalgo—the book reveals Paris as a blossoming cultural center of feminine power. Both the featured women and Tramuta herself offer up favorite destinations and women-owned businesses, including beloved shops, artistic venues, bistros, and more. *The New Parisienne* showcases "Parisianness" in all its multiplicity, highlighting those who are bucking tradition, making names for themselves, and

transforming the city. "With stunning photographs and inspiring profiles, Lindsey Tramuta tramples the myths and takes us into the lives of real Parisiennes. Bravo!"—Pamela Druckerman, *New York Times*-bestselling author of *Bringing Up Bébé* "Like the subjects of her book, Lindsey Tramuta is a force. *The New Parisienne* is the go-to chronicle of the joyful, progressive, pioneering women of a city that Tramuta understands with deep intelligence." —Lauren Collins, *New York Times*-bestselling author of *When in French* "Tramuta's new book posits that Parisian women have been ahead of these radically changing times. But rather than being trendsetters in the stylish sense, they qualify as visionaries and agents of change across spheres of diversity, tech, culture, politics, and more." —Vogue

**Getting to 50/50** Minotaur Books

Chosen by the Independent as one of the 10 best business books written by women 'Vicki is one inspirational mumboss, who shares her secrets to juggling a thriving business with raising a family in this entertaining and empowering read!' Una Healy 'Ideal for going back to work without losing your mind . . . a no-nonsense guide to navigating the transition' Marie Claire 'If ever there is a person who has shown just how successful you can be online whilst also being an amazing parent it is Vicki. Read, learn and follow. A brilliant book from an inspirational mother'. Natasha Courtenay-Smith, author of *The Million Dollar Blog In The Working Mom*, Vicki Psarias, founder of *HonestMum.com*, shares her manifesto for surviving and thriving at work and at home. Vicki writes about everything from juggling work and family, to regaining your confidence after having a baby and battling imposter syndrome. An award-winning blogger and vlogger, in this book Vicki shares how to turn your passions into a business that suits the modern mum's lifestyle. *The Working Mom* is full of practical advice, tips and tricks to help fellow #mumbosses build their own business or return to work, while creating a personal brand and learning how to market yourself. Vicki's funny, fresh approach to life and work as a mum has brought her a loyal fanbase and a brilliantly successful business: her blog *Honest Mum* is one of the UK's most popular parenting and lifestyle sites, and the blog combined with Vicki's social channels has an average monthly reach of 1 million. A *Lean In* for the blogging and vlogging generation, *The Working Mom* is an essential book for all parents, whether they are returning to work or looking to start a new career, as well as anyone looking to build their brand or business online. 'A must-read for the modern Mum; particularly one who has aspirations to build her own business. I wish I had been able to read it three years ago!' Katie Massie-Taylor, Co-Founder, *Mush*

*The Working Mom* Penguin

'At last. At last this very important book has been written... It will empower legions of women to step into their greatness.' Elizabeth Gilbert, author of *EAT, PRAY, LOVE* In her work as a leadership expert, Tara Mohr has spotted a pattern- women with tremendous talent, ideas and ambition are not recognising their own brilliance. Too frequently women are 'playing small' in their lives and careers when they would like to 'play bigger' and make things happen. So Tara has devised a ground-breaking, step-by-step programme to help you become the confident, successful woman you wish to be. This book is the result. *Playing Big* is a practical guide to overcoming self-doubt, recognising your own worth and fight for the things that you want most - whether that's in your career, in your community or in the passions your pursue outside of work. Some of the key lessons include; how to embrace the fear that pushes you forward and dispel the anxieties that hold you back; how to be better at self-promotion; unlearning counterproductive good girl habits; how to stop hiding; and why now is the time to make a leap forward. This book will help you to become the best, most confident and fulfilled version of yourself so that you can speak up, stand out and reach for your ultimate dream.

**The Trials of Nina McCall** Berrett-Koehler Publishers

Unlock the tales within you—unleash the power of storytelling Everyone loves a good story—but how do you turn a fun anecdote into one for the books? Whether you're hoping to impress others during a job interview, trying out stand-up, or giving a hilarious wedding speech, *The Storytelling Code* provides step-by-step help on crafting your narrative, as well as simple exercises to put those public speaking skills into practice. Master the art of storytelling using 10 easy-to-follow rules to help you shape your story and share it confidently. Humorous advice will give you the courage to tell stories in your everyday life, and the unique exercises will demonstrate how to set a goal for each tale, gather the best materials, keep your audience engaged, and more. *The Storytelling Code* includes: Tell-tale heart—Release your inner storyteller using 10 easy-to-follow rules, including advice for identifying a narrative goal, shaping a plot, and more. Gift of gab—Find the confidence to go live through courage-building tips that make sure you're capturing and

connecting with your audience. Pen to paper—Get those creative writing juices flowing with fill-in writing prompts and insightful checklists to prep you for everyday storytelling situations. Make every story mic drop-worthy with *The Storytelling Code*.

[Passing Piatkus](#)

Surreal and gothic, *The Iliac Crest* is a masterful excavation of forgotten Mexican women writers, illustrating the myriad ways that gendered language can wield destructive power. On a dark and stormy night, two mysterious women invade an unnamed narrator's house, where they proceed to ruthlessly question their host's identity. The women are strangely intimate—even inventing together an incomprehensible, fluid language—and harass the narrator by repeatedly claiming that they know his greatest secret: that he is, in fact, a woman. As the increasingly frantic protagonist fails to defend his supposed masculinity, he eventually finds himself in a sanatorium. Published for the first time in English, this Gothic tale is “utterly weird yet deeply resonant in its portrayal of gendered violence” (*The Millions*). Through layered and haunting prose, Cristina Rivera Garza unravels the cultural and political histories of Mexico, probing at the misogyny that fuels the disappearance of women in literature and in real life. “Astounding and thought-provoking.” —Publishers Weekly (starred review) “An intelligent, beautiful story about bodies disguised as a story about language disguised as a story about night terrors. Cristina Rivera Garza does not respect what is expected of a writer, of a novel, of language. She is an agitator.” —Yuri Herrera, author of *Kingdom Cons*

**A Room of One's Own** Createspace Independent Publishing Platform

*Beyond Respectability* charts the development of African American women as public intellectuals and the evolution of their thought from the end of the 1800s through the Black Power era of the 1970s. Eschewing the Great Race Man paradigm so prominent in contemporary discourse, Brittney C. Cooper looks at the far-reaching intellectual achievements of female thinkers and activists like Anna Julia Cooper, Mary Church Terrell, Fannie Barrier Williams, Pauli Murray, and Toni Cade

Bambara. Cooper delves into the processes that transformed these women and others into racial leadership figures, including long-overdue discussions of their theoretical output and personal experiences. As Cooper shows, their body of work critically reshaped our understandings of race and gender discourse. It also confronted entrenched ideas of how—and who—produced racial knowledge.

**The Code of the Extraordinary Mind** Andrews McMeel Publishing

This collection of biographies of brave and brilliant Jewish female role models—selected in collaboration with Ruth Bader Ginsburg and including an introduction written by the iconic Supreme Court justice herself—provides young people with a roster of inspirational role models, all of whom are Jewish women, who will appeal not only to young people but to people of all ages, and all faiths. The fascinating lives detailed in this collection—more than thirty exemplary female role models—were chosen by Ruth Bader Ginsburg, or RBG, as she was lovingly known to her many admirers. Working with her friend, journalist Nadine Epstein, RBG selected these trailblazers, all of whom are women and Jewish, who chose not to settle for the rules and beliefs of their time. They did not accept what the world told them they should be. Like RBG, they dreamed big, worked hard, and forged their own paths to become who they deserved to be. Future generations will benefit from each and every one of the courageous actions and triumphs of the women profiled here. RBG's *Brave & Brilliant Women*, the passion project of Justice Ginsburg in the last year of her life, will inspire readers to think about who they want to become and to make it happen, just like RBG. *Smart Women Love Money* Simon and Schuster

For too long, women have been told to confine themselves—physically, socially, and emotionally. Eliza VanCort says now is the time for women to stand tall, raise their voices, and claim their space. Women fight the pressure to make themselves small in private, professional, and public spaces. VanCort, a teacher, consultant, and speaker, provides the necessary tools for women to

rewrite the rules and create the stories of their choosing safely and without apology. VanCort identifies the five key behaviors of all Space-Claiming Queens: use your voice and posture to project confidence and power, end self-sabotage, forge connections, neutralize unsafe spaces, and unite across differences. Through personal narrative, research, and actionable strategies, VanCort provides how-tos on combating challenges, such as antimentors and microaggressions, and gives advice for building up your old girls club, asking for what you're worth, and owning your space without apology. Bold, fun, and enlightening, this book is birthed from VanCort's incredible story. Having a mother with schizophrenia forced VanCort to learn to be small and invisible at an early age, and suffering a traumatic brain injury as an adult required her to rethink communication from the ground up. Drawing on these experiences, and those of real women everywhere, VanCort empowers women to claim space for themselves and for their sisters with courage, empathy, and conviction because when we rise together, we rise so much higher.

**How Women Rise** Random House

"At last. At last this very important book has been written... It will empower legions of women to step into their greatness." ELIZABETH GILBERT, author of *EAT, PRAY, LOVE* "One of the most important books in my life. If you want to achieve anything, or simply be less stressed, this book will help you do it. In it you will find your voice, your ability, your self-confidence and perhaps even your mission in life. Buy it. Pass it on." SHIRLEY CONRAN The groundbreaking book that gives every woman the practical skills they need to begin PLAYING BIG. Five years ago, Tara Mohr began to see a pattern in her work as an expert in leadership: women with tremendous talent, ideas and aspiration were not recognizing their own brilliance. They felt that they were playing small' in their lives and careers and wanted to play bigger', but didn't know how. And so Tara devised a step-by-step programme for playing big from the inside out: this book is the result. Many women are aware of the changes they need to make to be more successful, but they don't know how to become that more confident woman they'd like to be. *Playing Big* provides real, practical to

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