

---

# Jose Mourinho Tactical Analysis

---

Pep Guardiola Attacking Tactics - Tactical Analysis and Sessions from Manchester City's 4-3-3

Coaching Transition Play - Full Sessions from the Tactics of Simeone, Guardiola, Klopp, Mourinho & Ranieri

Coaching the Juventus 3-5-2 - Tactical Analysis and Sessions

Data Analytics in Football

Coaching 3-5-2 Tactics - 125 Tactical Solutions & Practices

Jurgen Klopp's Defending Tactics - Tactical Analysis and Sessions from Borussia Dortmund's 4-2-3-1

Carlo Ancelotti

A League Of Their Own

Creative Attacking Play - From the Tactics of Conte, Allegri, Simeone, Mourinho, Wenger & Klopp

Zonal Marking: The Making of Modern European Football

The Tactics and Stats Behind Zinedine Zidane's Success

Outside the Box

Pep Guardiola - 85 Passing, Rondos, Possession Games & Technical Circuits Direct from Pep's Training Sessions

Goalkeeper Training Program - 120 Drills to Produce Top Class Goalkeepers

Soccer Systems and Strategies

Winners: And How They Succeed

Spanish Academy Soccer Coaching - 120 Practices from the Coaches of Real Madrid, Atlético Madrid and Athletic Bilbao

Attacking

Fc Barcelona - a Tactical Analysis

A Statistical Journey through the History of Football

Stillness and Speed

The Manager

Revitalizing Real Madrid

The Football Legacy Magazine - Die Meister Edition

Guardiola Vs Mourinho: More Than Coaches

Modern Soccer Coach

Positional Data Collection, Modelling and Analysis

The Numbers Game

René Meulensteen & Man Utd Methods of Success (2007-2013) - René's Coaching Philosophy and Training Sessions (94 Practices), Sir Alex Ferguson's Management, Culture, Principles and Tactics

The Evolution of Winning Soccer Tactics from Cruyff to Guardiola

The Mixer: The Story of Premier League Tactics, from Route One to False Nines

The Secrets Of Club Soccer Champions

Football Periodisation

Jose Mourinho's Real Madrid - a Tactical Analysis

The History of Soccer Tactics

Inside the Minds of Football's Leaders  
Coaching 4-3-3 Tactics - 154 Tactical Solutions and Practices  
What is Tactical Periodization?  
Why Everything You Know About Soccer Is Wrong

*Jose Mourinho  
Tactical  
Analysis*

*Downloaded  
from  
[business.itu.edu](http://business.itu.edu)  
by guest*

---

## ZACHARY TRISTEN

---

Pep Guardiola Attacking  
Tactics - Tactical Analysis  
and Sessions from  
Manchester City's 4-3-3  
A&C Black

Detail offers a unique insight into the many levels of depth and perspective that currently exist for coaches of the beautiful game. With almost 2 million listens to the Modern Soccer Coach Podcast, Gary has spent four years talking to some of the biggest and brightest names in the sport. At the same time, he's been working at the professional level and pursuing his own coaching journey. This book takes the life of a coach and goes deeper to question certain facets and separate theory from practice. From development to results and family to career advice, this book has everything for a coach who wants to explore coaching much deeper than sessions and games. In a tough profession, Gary delivers coaches

with perspective that can help them navigate through the tough times and enjoy the good times.

### **Coaching Transition Play - Full Sessions from the Tactics of Simeone, Guardiola, Klopp, Mourinho & Ranieri**

Penguin

Originally developed by Vitor Frade, at the University of Porto, Tactical Periodization is a methodology - popularized by coaches such as Jose Mourinho and Andre Villas Boas - that trains soccer players through a logical process that focuses on four moments of the game. These four moments are: Offensive Organisation, the Transition from Defence to Attack, Defensive Organisation, and the Transition from Attack to Defence. Through Tactical Periodization, the aim is to develop players to rapidly alter their on-field behaviours according to the tactical context of the match, and what actually unfolds in front of them. In turn, every training exercise focuses on at least one of the four moments, and always the

coach's tactical game model of how he wants his team to play. In doing so, football players prepare and learn how best to conquer the often unpredictable matches that they encounter competitively. This book is the English language translation of the acclaimed book *Periodizacion Tactica* by world-renowned coach and sports science specialist Xavier Tamarit. \*Important Note: What is Tactical Periodization is the translation of an academic book that examines Tactical Periodization's underlying philosophies, methodologies, and application. It covers areas such as systemic thinking, football as a complex phenomenon, and how the 'sum is greater than its parts'; it does not contain practical how-tos or drills. Candidly, it is not an 'easy' book to read, and requires a certain level of effort and concentration by the reader. However, for those who stick with it, the book provides a rewarding and high value resource for the modern

football coach who wishes to understand exactly how Tactical Periodization developed, what it means for the sport, and how it can influence his or her coaching. Summary sections have been added to each original chapter to offer additional insight."

### **Coaching the Juventus**

#### **3-5-2 - Tactical**

#### **Analysis and Sessions**

Nation Books

Data Analytics in Football provides students, researchers and coaches with a firm grounding in the principles of modern performance analysis. It offers an insight into the use of positional data, exploring how it can be collected, modelled, analysed and interpreted. Introducing cutting-edge methods, the book challenges long-held assumptions and encourages a new way of thinking about football analysis. Based on data collected from the German Bundesliga and the UEFA Champions League, the book seeks to define the role of positional data in football match analysis by exploring topics such as: What is positional data analysis and how did it emerge from conventional match analysis? How can positional data be collected and which

technologies can be used? What are the benefits of a data-driven approach to decision making in football? What Key Performance Indicators based on positional data should be used? How can traditional match analysis be complemented by using positional data and advanced KPIs? How can these new methods evolve in the future? Accessibly written, packed full of examples from elite football and supplemented with expert interviews (Ralf Rangnick, Urs Siegenthaler and others), Data Analytics in Football is a thought-provoking, rigorously evidence-based guide to the use of data analytics in football performance analysis. As such, it is a vital resource for any student, researcher or coach interested in performance analysis and skill acquisition, or anyone interested in football more generally.

[Data Analytics in Football](#)  
Soccertutor.com Limited  
Moneyball meets Freakonomics in this myth-busting guide to understanding—and winning—the most popular sport on the planet. Innovation is coming to soccer, and at the center of it all are the numbers—a way of

thinking about the game that ignores the obvious in favor of how things actually are. In The Numbers Game, Chris Anderson, a former professional goalkeeper turned soccer statistics guru, teams up with behavioral analyst David Sally to uncover the numbers that really matter when it comes to predicting a winner. Investigating basic but profound questions—How valuable are corners? Which goal matters most? Is possession really nine-tenths of the law? How should a player's value be judged?—they deliver an incisive, revolutionary new way of watching and understanding soccer.

### **Coaching 3-5-2 Tactics - 125 Tactical Solutions & Practices**

Rizzoli Publications

Pep Guardiola and Jose Mourinho are probably the two best coaches in the world. But they are not just coaches, there is much more to them than that. There are already dozens of books about their tactics and training methods. Instead, this book explains why they are different from all others from the perspective of their leadership, communication, emotional intelligence,

talent and team management. These factors make the difference between winners and losers.

*Jurgen Klopp's Defending Tactics - Tactical Analysis and Sessions from Borussia Dortmund's 4-2-3-1* Soccertutor.com Limited

The book includes Marcelo Bielsa's tactics (and playing philosophy) for building up play from the back against high pressing teams with a full analysis of his 4-2-3-1, 3-3-3-1 and 3-4-3 formations with extensive analysis of Marcelo Bielsa in 9 different tactical situations, supported with 9 full training sessions (35 practices).

#### **Carlo Ancelotti**

Soccertutor.com Limited  
Die Meister! Die Besten!  
Les grandes équipes! The champions! The pinnacle of club football, the UEFA Champions League is where heroes are made and legacies enshrined. The seven-year period between the beginning of the 2007/08 campaign and the end of the 2013/14 campaign is defined by four men, but what makes this era so magical was the rivalry Cristiano Ronaldo shared with Lionel Messi. Both Ronaldo and Messi were on a level of their own

and cemented themselves as two of the greatest players to ever play the game. Turning to the coaches, Pep Guardiola became the competition's Goliath figure, but for every Goliath, there must be a David. Jose Mourinho embodies David. He won the competition with Inter Milan in 2009/10, overcoming Pep Guardiola's Barcelona in the semi-finals against the odds. But while he only won the competition once during this period his finger-prints can be found all over the winning campaigns of Chelsea and Real Madrid. Tactical innovation, fierce rivalries, and four all-time greats delivered an unparalleled era in football history. Dive into the nostalgia and nailbiting moments with contributions from some of the world's most respected football journalists, including Raphael Honegstein, Andy West, Phil Schoen, and Dan Levene. Joining our team of tactical experts are renowned tacticians Tobias Escher, Alex Delmas, Muddassir Hussain, and more. These are the Champions and this is their LEGACY.

*A League Of Their Own*

Nation Books

This book provides

analysis of Simeone, Guardiola, Klopp, Mourinho and Ranieri's tactics. Michail Tsokaktsidis is a UEFA 'A' licence coach and has used this analysis to produce 23 full sessions (98 practices) including transition games, game situations and small sided games.

#### **Creative Attacking Play - From the Tactics of Conte, Allegri, Simeone, Mourinho, Wenger & Klopp**

Soccertutor.com Limited  
In Stillness and Speed, one of football's most enigmatic stars finally opens up about his life and career, revealing the things that motivate and inspire him. Viewed by many as one of the most influential figures in Premier League history, and scorer of the goal that Arsenal fans voted the best in the club's history, Dennis Bergkamp is a true giant of the game. As a youngster, Bergkamp learned from the Dutch master Johan Cruyff. By the time the pupil was ready to graduate from Ajax and move abroad, he was ready to spread the word, but in Italy he found few willing listeners. It was only when he moved to Arsenal and linked up with Arsene Wenger that he met someone else who

shared his vision for football's possibilities. Bergkamp became central to everything the club did: now he had become the teacher, their creative genius, and the one who inspired some of the wayward old guard to new heights, helping them to seven major trophies. Few footballers' books make you think anew, but in *Stillness and Speed* Bergkamp presents a new vision for the game and how it might be played. He was a player like no other; his story is told like no other. It is a book that will inspire football fans everywhere, whatever their allegiance.

*Zonal Marking: The Making of Modern European Football*  
Hachette Books

This book is a comprehensive resource for coaching the 4-3-3 formation at all levels. The level of detail will help you emulate how top coaches, such as Pep Guardiola, Maurizio Sarri and Jürgen Klopp use the 4-3-3 to great success. It will enable you to see all the solutions, in order to optimise your team's tactical awareness and performance.

[The Tactics and Stats Behind Zinedine Zidane's Success](#)  
Soccertutor.com Limited

Learn the tactics of several of the world's top coaches with analysis of Antonio Conte, Massimiliano Allegri, Diego Simeone, Jose Mourinho, Jurgen Klopp and Arsene Wenger with the 4-2-3-1, 4-4-2, 4-3-3 and 3-5-2 formations. This analysis has been used to produce 6 full training sessions (42 practices & variations) ready for you to use.

### **Outside the Box**

Routledge

This book provides a full tactical analysis of Diego Simeone's 4-4-2 Defending Tactics (123 Tactical Situations) for you the coach to learn from one of the best defensive coaches in the world. Learn to how to Defend "from one of the best coaches in the world" with 47 Practices & Variations based on 123 Tactical Situations from Atlético Madrid's 4-4-2 Athanasios Terzis is a UEFA 'A' Licence Coach and has used this analysis of Atlético Madrid's tactics to produce 47 Practices and Variations. You can use these ready-made sessions to practice Diego Simeone's defending tactics and implement them into your training sessions. Tactical organisation is the key to Atlético Madrid's success

during Diego Simeone's reign. He has built a winning culture of commitment, passion, aggressiveness and commitment, and a winning game plan based on excellent defensive organisation. They are extremely difficult to break down, even by the top attacking sides, like Barcelona, Real Madrid and Liverpool, and have consistently been one of the toughest teams to play against in the whole of Europe. Diego Simeone's Atlético Madrid have used these defending tactics to achieve great success when competing against teams with far greater resources. These are some examples of their incredible success against all odds: La Liga Winners (2014) UEFA Champions League Runners-up (2014 + 2016) UEFA Europa League Winners (2012 + 2014) UEFA Super Cup Winners (2012 + 2018) Copa Del Rey (2013) Fewest Goals Conceded in La Liga (2012-2013, 2013-2014, 2015-2016, 2016-2017, 2017-2018, 2018-2019) Most Clean Sheets in La Liga (2012-2013, 2013-2014, 2015-2016, 2016-2017, 2017-2018, 2018-2019) Tactical Analysis and Session/Practice Topic

Examples: How the Centre Backs Defend the Forwards' Movements Rear Block's Positioning and Movements to Control Wide Areas Pressing High Up the Pitch (from the Goalkeeper) Positioning of the Forwards to Prepare for Counter Attacks Counter-Pressing After Losing Possession During Combination Play Practice Examples: Defensive Line Controlling Gaps Between Centre Backs and Full Backs Rear Block's Defensive Reactions After Wide Players Receive Controlling Wide Areas with the Rear Block in a Functional Practice Compact Midfield Line Blocking Through Passes in a Functional Game Negative Transition After Losing Possession in a Conditioned Game [Pep Guardiola - 85 Passing, Rondos, Possession Games & Technical Circuits Direct from Pep's Training Sessions](#) [Soccertutor.com Limited](#)

Alastair Campbell knows all about winning. As Tony Blair's chief spokesman and strategist he helped guide his party to victory in three successive elections, and he's fascinated by what it takes to succeed How do sportsmen excel, entrepreneurs thrive, or

individuals achieve the ambitions? Is their ability to win innate? Or is the winning mindset something we can all develop? In the tradition of *The Talent Code* and *The Power of Habit*, Campbell draws on the wisdom of an astonishing array of talented people—from elite athletes to media mavens, from rulers of countries to rulers of global business empires. Alastair Campbell has conducted in-depth interviews and uses his own experience in politics and sport to get to the heart of success. He examines how winners tick. He considers how they build great teams. He analyzes how these people deal with unexpected setbacks and new challenges. He judges what the very different worlds of politics, business, and sport can learn from one another. And he sets out a blueprint for winning that we can all follow to achieve our goals. *Goalkeeper Training Program - 120 Drills to Produce Top Class Goalkeepers* [Soccertutor.com Limited](#)

Jose Mourinho's Real Madrid: A Tactical Analysis - Attacking & Defending A Chance for

You to Learn Mourinho's 4-2-3-1 System of Play, Tactics, Each Player's Responsibilities, Positioning & Movement With Every Possible Phase of Play The long awaited study of Jose Mourinho's tactics is finally here with an extensive analysis of his Real Madrid team's 4-2-3-1 formation. You can now see a full analysis of Real Madrid's attacking and defending tactics which have been so important to their success. They scored 121 goals in La Liga and this book shows Real's 4-2-3-1 system of play, each player's responsibilities, positioning and movement within every possible phase of play. The defensive phase was key for Real Madrid and the main features were applying pressure near the opposition's penalty area to regain the ball, aggressive zonal marking across the whole pitch, using intelligent positioning to double mark opposing players and Xabi Alonso's great tactical awareness. Terzis Athanasios is a Tactical Professor of Football and has compiled an extensive assessment of Real Madrid's defensive play after over 1000 hours of studying all the games from the 2011-12 season.

Real Madrid won the La Liga title, beating Pep Guardiola's Barcelona team, one of the most successful club sides in history, by 9 points. This defending book starts with the characteristics of the players and builds into a comprehensive overview of the defensive tactics employed with clear diagrams and detailed descriptions. This gives you a unique opportunity to use the same 4-2-3-1 pattern of plays that Jose Mourinho's used for his winning Real Madrid team.. Integrate them into your sessions Now! This Defending book includes: Pages: 244 Diagrams: 292 Coaching Topics: 103 Printed: B/W Don't miss this unbelievable chance for you to learn Jose Mourinho's 4-2-3-1, how the team play and adapt their tactics to all conceivable situations. Their attacking and defensive play is key to their great success and the blueprint is available right here for you to learn and apply the same tactics for your team. *Soccer Systems and Strategies* Meyer & Meyer Sport

Real Madrid was a broken club. As Cristiano Ronaldo and Zinedine Zidane walked away from the

Estadio Santiago Bernabéu, a full-blown identity crisis emerged. In one humiliating week, losses to Barcelona in the Copa del Rey and La Liga, as well as a UEFA Champions League exit at the hands of Ajax, effectively ended Real Madrid's hope of a 2018/19 trophy. From the highs of Zinedine Zidane's first tenure to the lows of the 2018/19 season, discover how Zizou revitalized a broken Real Madrid squad. "Revitalizing Real Madrid - The Tactics and Stats behind Zinedine Zidane's Success" takes an in-depth look at the ideas fueling Real Madrid's 2019/20 La Liga title run. Once a high-scoring team with a leaky defense, Zidane reshaped the team's approach, transforming them into Europe's top defensive side. Through tactical visualizations and contextualized statistics from Scott Martin, a senior analyst for Total Football Analysis, experience the revitalization of world soccer's greatest heavyweight, Real Madrid. *Winners: And How They Succeed* HarperCollins UK "An outstanding work ... the [soccer] book of the decade." —Sunday

Business Post Inverting the Pyramid is a pioneering soccer book that chronicles the evolution of soccer tactics and the lives of the itinerant coaching geniuses who have spread their distinctive styles across the globe. Through Jonathan Wilson's brilliant historical detective work we learn how the South Americans shrugged off the British colonial order to add their own finesse to the game; how the Europeans harnessed individual technique and built it into a team structure; how the game once featured five forwards up front, while now a lone striker is not uncommon. Inverting the Pyramid provides a definitive understanding of the tactical genius of modern-day Barcelona, for the first time showing how their style of play developed from Dutch "Total Football," which itself was an evolution of the Scottish passing game invented by Queens Park in the 1870s and taken on by Tottenham Hotspur in the 1930s. Inverting the Pyramid has been called the "Big Daddy" (Zonal Marking) of soccer tactics books; it is essential for any coach, fan, player, or fantasy manager of the beautiful game

Spanish Academy Soccer Coaching - 120 Practices from the Coaches of Real Madrid, Atlético Madrid and Athletic Bilbao

Soccertutor.com Limited Maarten Arts (UEFA A Coaching Licence) has many years of coaching experience at the elite level all around the world and has created a full blueprint of 120 Drills to produce top class goalkeepers. This training program has proved to create better, all round goalkeepers at every level, from juniors up to top-level international goalkeepers. This book shows you how to develop goalkeepers with specific drills, but it will also inspire you to create your own drills in the image of this program. Included with each drill, there are detailed coaching points which are essential to develop goalkeepers in the best way. This book focuses on the fundamental technical skills needed to become a top class goalkeeper and includes chapters "Drills with Outfield Players" and "Goalkeeper Games" to show you how to use these skills in situations similar to a match. Each of the 12 chapters in this book includes 10 Drills on a specific goalkeeping technique or topic: 1.

CATCHING 2. FALLING 3. DIVING 4. PUNCHING 5. PARRYING 6. HIGH BALLS 7. ONE V ONE 8. TECHNICAL SKILLS WITH THE FEET 9. FOOTWORK 10. DISTRIBUTION 11. DRILLS WITH OUTFIELD PLAYERS 12. GOALKEEPER GAMES Maarten Arts UEFA A Coaching Licence Royal Union Saint Gilloise (Belgium) Goalkeeping Coach (2018 - Present) Al Wahda (Abu Dhabi) Head Goalkeeping Coach (2017 - 2018) Wadi Degla FC (Egypt) Head Goalkeeping Coach (2015 - 2017) Lierse SK (Belgium) Goalkeeping Coach (2014 - 2015) Saudi Arabia National Team Goalkeeping Coach (2013 - 2014) Umm Salal (Qatar) Goalkeeping Coach (2010 - 2013) FC Utrecht Goalkeeping Coach (1998 - 2009) "I wish you all great success in your careers and I hope the drills in this book will help make your goalkeepers TOP Class." - Maarten Arts Attacking HarperCollins After the hugely popular Volume 1, Volume 2 gives you another rare opportunity into Pep Guardiola's Training Sessions with 85 Practices taken directly from Pep's training sessions including: Technical Circuits, Passing, Rondos,

Positional and Possession Games, Small to Large Sided Games at Manchester City, Bayern Munich and FC Barcelona. *Fc Barcelona - a Tactical Analysis* Simon and Schuster

Mourinho is a beautiful illustrated book which is both a sumptuous celebration of The Special One's managerial career so far, and an enigmatic insight into his unique brand of football wisdom and philosophy. In the legendary manager's very first book, and in his own images and captions, Jose Mourinho charts the peaks and troughs of the opening fifteen years of what has been a stellar rise to the summit of the global game. Through more than 120 personally selected images (some of which are exclusive to the book), fans will relish an intimate and unmissable opportunity to understand and further appreciate this giant of the sport.

A Statistical Journey through the History of Football Soccertutor.com Limited

From the post room to the board room, everyone thinks they can be the manager. But how do you manage outrageous talent? What do you do to inspire loyalty from your players? How do you turn



around a team in crisis? What's the best way to build long-term success? How can you lead calmly under pressure? The issues are the same whether you're managing a Premier League football team or a FTSE 100 company. Here, for the first time, some 30 of the biggest names in football management reveal just what it takes. With their every decision, remark, skill, and success or failure under constant scrutiny from the media and the fans, these managers need to be the most adroit of leaders. In *The Manager* they explain their methods, give examples of lessons they've learned along the way, and describe the decisions they make and

the leadership they provide. Each chapter tackles a key leadership issue for managers in any walk of life and, in their own words, shows how the experts deal with the challenges they face in an abnormally high-pressure environment. Offering valuable lessons for business leaders and fascinating behind-the-scenes insights for football fans, *The Manager* is an honest, accessible and unprecedented look at the day-to-day work of these high-profile characters and the world of top-level football management. Contents: *A Piece of the Action* (Roy Hodgson); *The Art of One-on-One* (Carlo Ancelotti); *Behind the Scenes* (Arsène Wenger); *Building High-*

*performing Teams* (Sam Allardyce); *The Field of Play* (Roberto Mancini); *Handling Outrageous Talent* (José Mourinho); *Pursuing a Career Under Pressure* (Brendan Rodgers); *Seeing the Bigger Picture* (Harry Redknapp); *Creating Sustained Success* (Sir Alex Ferguson); *Crisis Response and Turnaround* (Walter Smith); *Triumph and Despair* (Mick McCarthy). Also featuring: Gerard Houllier, Tony Pulis, Martin O'Neill, Neil Warnock, Howard Wilkinson, Kevin Keegan, Dario Gradi, Andre Villas-Boas, David Moyes, Alex McLeish, Hope Powell, Martin Jol, Glenn Hoddle, Chris Hughton, David Platt, Paul Ince, and George Graham.

Best Sellers - Books :

- [Flash Cards: Sight Words](#)
- [Lessons In Chemistry: A Novel](#)
- [Demon Copperhead: A Pulitzer Prize Winner By Barbara Kingsolver](#)
- [Love You Forever By Robert Munsch](#)
- [Young Forever: The Secrets To Living Your Longest, Healthiest Life \(the Dr. Hyman Library, 11\)](#)
- [Fahrenheit 451 By Ray Bradbury](#)
- [Hello Beautiful \(oprah's Book Club\): A Novel By Ann Napolitano](#)
- [Little Blue Truck's Valentine By Alice Schertle](#)
- [Little Blue Truck's Valentine](#)
- [The Psychology Of Money: Timeless Lessons On Wealth, Greed, And Happiness](#)