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Machine Learning Guide for Oil and Gas Using Python: A Step-by-Step Breakdown with Data, Algorithms, Codes, and Applications delivers a critical training and resource tool to help engineers understand machine learning theory and practice, specifically referencing use cases in oil and gas. The reference moves from explaining how Python works to step-by-step examples of utilization in various oil and gas scenarios, such as well testing, shale reservoirs and production optimization. Petroleum engineers are quickly applying machine learning techniques to their data challenges, but there is a lack of references beyond the math or heavy theory of machine learning. Machine Learning Guide for Oil and Gas Using Python details the open-source tool Python by explaining how it works at an introductory level then bridging into how to

apply the algorithms into different oil and gas scenarios. While similar resources are often too mathematical, this book balances theory with applications, including use cases that help solve different oil and gas data challenges. Helps readers understand how open-source Python can be utilized in practical oil and gas challenges

Covers the most commonly used algorithms for both supervised and unsupervised learning Presents a balanced approach of both theory and practicality while progressing from introductory to advanced analytical techniques

50 lessons in painting masses of trees, individual trees and leaves, bark, flowers and fruit in all weather and seasons.

Practical Guide to Vegetable Oil Processing, Second Edition, includes an up-to-date summary of the basic principles of edible oil refining, processing, and deodorizing, serving as a hands-on training manual for chemists, engineers, and managers new to the industry. The 15-chapter book includes current information on the bleaching of green oils and coconut oil, quality requirements for frying oil applications, and more. Written for the non-chemist new to the industry, the book makes it simple to apply these important concepts for the edible oil industry. Provides insights to the challenges of bleaching very green oils Includes new deodorizer designs and performance measures Offers insights on frying oil quality management Simple and easy-to-read language Whether you are new to essential oils, a long-time user, or a

healthcare professional wishing to integrate essential oils into your practice, this book will quickly become your go-to resource! Endorsed by MDs, DOs, NPs, and doulas. Thousands of hours of research, clinical observations, ancient practices, and practical use are distilled into this ultimate guide to essential oils that combines evidence-based research with the art of natural healing to realize the maximum benefits of therapeutic essential oils. What's included:~ In depth profiles for 88 botanical species of essential oils including cautions, possible substitutes, dilution range, primary compounds, therapeutic properties, and supportive research studies summarized in one to three sentences.~ Hundreds of research studies summarized in one or two sentences.~ Simple to follow protocols for more than 450 common health conditions.~ A section specific to essential oil therapy for children including protocols specific to age groups for more than 100 childhood ailments.~ A complete guide for using essential oils safely and effectively during pregnancy, labor, childbirth, and lactation that includes more than 70 protocols to help make these special times more enjoyable. ~ Comprehensive safety information, including interactions with medications.~ Answers to the most common questions about essential oil therapy by both lay persons and practitioners. The essential beginner's guide to healing with essential oils. The Beginner's Guide to Essential Oils puts the

power of natural healing in your hands. This simple guide distills the knowledge you need to unlock the potential of commonly found essential oils. Start making nourishing, all-natural, and affordable remedies to treat a variety of conditions—even make your own skin care and home cleaning products. Explore the many modern applications of essential oils, from herbal medicine to aromatherapy to natural beauty. Discover profiles detailing the aromas and therapeutic actions of 30 favorite essential oils. Breathe easy with guidelines for safe use during pregnancy and instructions on diluting formulas for babies and children. You can begin your journey right away with any of the 100 included recipes for health and home. In *The Beginner's Guide to Essential Oils*, you'll find: 30 essential oil profiles—Find practical applications, blending and substitution suggestions, and more for 30 common essential oils. 10 complementary oils—Learn the properties and best uses of 10 popular “carrier” oils you can use to dilute your essential oils. 100 useful recipes—Enjoy the benefits of essential oils with recipes for salves, sprays, roll-on perfumes, and more. Blend the healing power of essential oils into your life with *The Beginner's Guide to Essential Oils!* This sumptuously illustrated book provides the reader with an in-depth study of speciality oils and vinegars and offers up recipes and tips for how to season and cook with them. Along the dry, rocky coast of the

Mediterranean Sea, olive orchards and vineyards stretch inland from Spain, France, Italy, Greece, Turkey and North Africa. Olive cultivation is not just limited to the 'Old World', though. Olive groves also thrive in the warmer climates of Northern California, South Africa, Mexico and New Zealand's North Island. Colors range from green to golden yellow, the aromas are nearly as varied and complex as wine. Just as with any ingredients in cooking, the flavors must complement each other, bring out the subtleties by layering with other notes of sweet, bitter, acid and salty flavorings. Nut oils, although less prevalent, also feature in Mediterranean and European cooking. These vary in hue from light browns of hazelnut and walnut to the distinctive green of pistachio oil. Alongside olive and other culinary oils, vinegar is a must-have. Derived from the fermentation of alcohol-based beverages, such as red and white wines, Sherry, Champagne, malt cider and grain alcohols, vinegars have been used for centuries to flavor and preserve foods. Specialty vinegars provide a wide range of flavors. Those that are wine-based may call out the grape varieties from which they are made, such as Pinot Noir or Merlot, and simple red and white wine vinegars are often infused with fresh herbs and fruits. There's no place like home - and you can find inspiration for the most beautiful art right in your own backyard! No matter how ordinary it may at first seem, every garden has a unique character, with hidden

treasures just waiting to be painted. Just think about it - no need to pack and carry materials, everything is close at hand, and beginners can experiment to their heart's content in happy privacy. Start painting, guided by these tips for buying and preparing oil paints; practical advice for setting up; innumerable sample pictures with a detailed breakdown of how they were done; and hints on creating marvelous oils from the most mundane subjects. There's advice on when to use photographs and how to make the most of available light, and pointers on improving technique and developing a personal style. You'll wonder why you ever worked anywhere else!

A Practical Guide to Piping and Valves for the Oil and Gas Industry covers how to select, test and maintain the right oil and gas valve. Each chapter focuses on a specific type of valve with a built-in structured table on valve selection. Covering both onshore and offshore projects, the book also gives an introduction to the most common types of corrosion in the oil and gas industry, including CO₂, H₂S, pitting, crevice, and more. A model to evaluate CO₂ corrosion rate on carbon steel piping is introduced, along with discussions on bulk piping components, including fittings, gaskets, piping and flanges. Rounding out with chapters devoted to valve preservation to protect against harmful environments and factory acceptance testing, this book gives engineers and managers a much-needed tool to better understand today's valve technology. Presents oil and gas

examples and challenges relating to valves, including many illustrations from valves in different stages of projects Helps readers understand valve materials, testing, actuation, packing and preservation, also including a new model to evaluate CO2 corrosion rates on carbon steel piping Presents structured valve selection tables in each chapter to help readers pick the right valve for the right project Essential oils are liquid extracts of numerous potentially useful florals. Production methods can extract the useful compounds from those flowers. Essential oils regularly have a much stronger smell than the flora they come from and incorporate higher levels of lively elements. This has to do with the quantity of plant rely required to make critical oil. GET YOUR COPY NOW! Over 1100 individually photographed 1 quart oil cans in full color. All cans are alphabetized and cross referenced. Includes P.G.C.O.A. membership list, collector's check off boxes, and 4 & 5 quart indicators. Also includes information on dating, grading, and pricing cans. This is a 6-in-1 book on essential oils comprising of: The Complete Essential Oils Reference Book for Beginners A Basic How to Use Essential Oils Guide for Stress & Depression A Basic How to Use Essential Oils Guide for Colds & Allergies A Basic How to Use Essential Oils Guide to Natural Home Remedies A Basic How to Use Essential Oils Guide for Skin Care & Massage A Basic How to Use Essential Oils Guide for Hair Care & Perfume This book is for

you if: You are seeking natural ways and home made remedies to deal with minor ailments like colds, headaches and pains, like back pain caused by stress and how to start using essential oils in the home... You are interested in learning how to harness nature's healing powers contained in essential oils through the process of aromatherapy, and how to use aromatherapy oils... You want to learn the many benefits and uses of aromatherapy oils, how to use essential oils for hair, using essential oils on skin, various essential oil blends for your diffuser, and perfume recipes using essential oils... This book "A Complete Essential Oils Reference Guide" is the ninth book in the "Essential Oil Recipes and Natural Home Remedies" Series. This is a basic essential oils guide on how to blend and mix aromatherapy oils for the various methods of application, like using in a diffuser, direct inhalation etc.. Aromatherapy, which is a form of alternative medicine, takes a more wholistic approach to healing. That is, it is more concerned with the total healing of not just the body but also of the mind. In this book you will learn: Natural essential oil recipes and home made remedies Over 500 Essential Oil and Aromatherapy Oil Remedies, Diffuser Recipes and Healing Solutions Scroll back up and click the BUY NOW button to begin a journey to a Healthier, Revitalized and Energized life. The second edition of this book is virtually a new book. It is the only comprehensive text on the safety of

essential oils and the first review of essential oil/drug interactions and provides detailed essential oil constituent data not found in any other text. Much of the existing text has been rewritten, and 80% of the text is completely new. There are 400 comprehensive essential oil profiles and almost 4000 references. There are new chapters on the respiratory system, the cardiovascular system, the urinary system, the digestive system and the nervous system. For each essential oil there is a full breakdown of constituents, and a clear categorization of hazards and risks, with recommended maximum doses and concentrations. There are also 206 Constituent Profiles. There is considerable discussion of carcinogens, the human relevance of some of the animal data, the validity of treating an essential oil as if it was a single chemical, and the arbitrary nature of uncertainty factors. There is a critique of current regulations.

Nigeria Investment and Business Guide - Strategic and Practical Information World acclaimed scientist Vaclav Smil reveals everything there is to know about nature's most sought-after resource Oil is the lifeblood of the modern world. Without it, there would be no planes, no plastic, no exotic produce, and a global political landscape few would recognise. Humanity's dependence upon oil looks set to continue for decades to come, but what is it? Fully updated and packed with fascinating facts to fuel dinner party debate, Professor Vaclav Smil's Oil: A Beginner's Guide

explains all matters related to the 'black stuff', from its discovery in the earth right through to the controversy that surrounds it today. Each engineering task is described and illustrated with a sample document taken from a real project. -- "At last a clear and systematic distillation of useful information about a truly comprehensive spectrum of essential oils and absolutes." --John Steele, American Aromatherapy Association

The definitive AZ reference guide to essential aromatherapy oils. Aromatherapy expert Julia Lawless shares her extensive knowledge in this detailed and systematic survey of more than 190 essential aromatherapy oils. From commonly used oils such as lavender, frankincense, ylang ylang, and tea tree oils to the more obscure oils including deertounge, oakmoss, cananga, and angelica, The Encyclopedia of Essential Oils offers a wide variety of uses and cures for everything from wrinkles to kidney stones. The Encyclopedia of Essential Oils gives detailed information on the most commonly available and widely used flower oils and aromatics including: The exact origins, synonyms, and related plants Methods of extraction the herbal/folk tradition for each plant the uses of each plant aromatherapy applications home and commercial uses This easy-to-use volume lets you access essential information in a variety of ways with a Therapeutic Index, a Botanical Index, and Botanical Classifications, plus safety information. Landscapes in Oil is the first-ever

comprehensive guide to classical landscape painting reinterpreted for the twenty-first century. Drawing from the tradition established by American painters of the Hudson River School--artists like Thomas Cole, Frederic Church, and George Inness--author and painter Ken Salaz reveals great masters' philosophy and methods, updating their approaches for the contemporary landscape painter. Beginning painters are given the basic tools and step-by-step demonstrations, intermediate painters are challenged with unpublished techniques that allow them to break through to the next level, and advanced painters learn to apply their skills under unified theories. Landscapes in Oil devotes a chapter to each of the fundamental elements of landscape painting--drawing, value, color, composition, and light quality--and offers critical advice on selecting tools and materials, choosing colors, and structuring your palette for best results. Emphasizing the necessity of plein air drawing and painting, Salaz demonstrates how to translate small, quick studies made outdoors into full-scale studio paintings. He provides detailed step-by-step breakdowns of the creation of four of his own paintings, focusing not only on application but also on the ideas that underpin every decision a landscape painter must make. The scores of landscape masterworks, past and present, that illustrate this book have been carefully chosen for their aesthetic power and because each embodies a specific aspect of the

landscape painter's craft. For Salaz, landscape painting is a noble pursuit, and the goal of the landscape artist is not to paint "pretty pictures" but to create compelling images that express human beings' profound connection to nature in all its diversity and grandeur. At a time when classical landscape is enjoying a renaissance in art schools, ateliers, and galleries across North America, this book is an essential resource for beginning and experienced painters alike. CBD is the biggest word in wellness right now. This book will demystify the subject in an accessible way. Contains current clinical research into tea tree oil's effectiveness against conditions ranging from acne to candida. Petroleum Engineer's Guide to Oil Field Chemicals and Fluids, Third Edition delivers all the necessary lists of chemicals by use, their basic components, benefits and environmental implications. Instead of searching through various sources, this updated reference presents a one-stop, non-commercialized approach by organizing products by function, matching the chemical to the process for practical problem-solving, and extending coverage with additional resources and supportive materials. Updates include shale specific fluids and organic additives, including swellable polymers and multi-walled carbon nanotubes. Covering the full spectrum, including fluid loss additives and oil spill treating agents, this book is ideal for every oil and gas operation with its options for

lower costs, sustainable use and enhanced production. Helps readers effectively locate and utilize the right chemical application specific to their oil and gas operation Includes updated sections on shale specific fluids, defoamers and organic additives, including biodegradable waste and swellable polymers Covers environmental factors and risks for oil field chemicals, along with the pluses and minuses of each application From the author of The Healing Powers of Vinegar, a guide to the benefits of olive oil, including heart-healthy comfort food recipes and home cures. From ancient times to present day, olive oil has been used for everything from health ailments to beauty and the home and so much more. Now evidence shows that a diet based on olive oil can add years to our life and may even prevent some diseases. Health author-journalist Cal Orey has consulted top doctors, olive oil producers, and chefs, getting the most up-to-date information, written in a lively, warm and witty first-person narrative on the many health benefits of olive oil, and other oils, such as coconut, avocado, pumpkin seed, and canola oil. The wide world of oils teamed with a Mediterranean diet and lifestyle may help in: weight loss, heart health, relieving arthritis aches; inhibiting breast and colon cancer; preventing diabetes; reducing pain; staving off ulcers; and, fighting impaired memory. It also includes dozens of NEW easy and sophisticated comfort superfood delicious recipes that make

healing oils a vital part of a long and healthy life! "A fascinating read—olive oil is not only delicious—it is good medicine!" —Ann Louise Gittleman, PhD, author of *The Fat Flush Plan* "One of our most important foods. This book deserves to be in everybody's home library." —Elson M. Haas, MD, author of *Staying Healthy with Nutrition*, 21st Century Edition

The first of two volumes, this is a comprehensive clinical text on the principles behind the clinical use of essential oils. It builds an important foundation for essential oil therapy and includes profiles of the most important 30 essential oils used in practice. This detailed and practical database of clinical experience of essential oil therapeutics takes a truly holistic approach, focussing on the psychological, the physiological and the energetic or Chinese medical aspects. Skilfully blending the evidence of scientific research with that of clinical practice, the book builds a comprehensive therapeutic profile for each oil it presents to the reader. Based on the different administration methods used and the absorption pathways activated, it clearly differentiates the psychological, physiological and topical uses of these essential oils. An extensive *Materia Medica* section is included. Reliable clinical reference material is offered for all complementary therapists, including aromatherapists, medical herbalists, Chinese Medicine practitioners, energy medicine therapists and massage therapists. Save Money, Time, and Lives with the

Real-World Oil & Gas Experience of Others. Learning the Hard Way in the Oilfield can Cost You Millions, sometimes Billions of Dollars in addition to Injury and Loss of Life. Cut Through the Noise to Focus on the Most Critical Aspects of Working in the Oil and Gas Business. Based on over 1,000 Oil and Gas Situations involving Drilling, Cementing, Fracking, Wireline, Coil Tubing, Snubbing, Running Tools, Welding, Production, Workover, Logging, Trucking, Geology, Land, Engineering, Resource Development, Executive Management and much, much more. Expand Your Value Creation Opportunities by Learning from the Real-World Experience of Others. Whether you work in the office or in the field, work as a Company Man, Engineer, Driller, Tool Pusher, Roughneck, Geologist, Landman, Truck Driver, Frac Hand, Treater, Cementer, Lawyer, Flowback Hand, Welder, Geophysicist, Snubber, Pumper, Equipment Operator, Derrick Man, Mechanic, Petrophysicist, Roustabout, Manager, Director, VP, or Executive, consider adding Oilfield Survival Guide to your toolbox of knowledge. In other words, if you work hard for your money in the oil business, this book is for you. The oil & gas industry is one of the most capital-intensive businesses today. As a result, mistakes/situations can be expensive, in addition to injury and loss of life. To prevent undesirable situations, Oilfield Survival Guide was created, based on over 1,000 oil & gas situations. The ultimate guide for all oil and gas situations: ? Tactics ? Procedures ?

Fatalities ? Short Stories ? Train Wrecks ? Disaster Avoidance ? Court Cases ? Life Savings Skills ? Checklists ? Troubleshooting ? Problem Job Prevention ? Oilfield Survival Guide is the ultimate oil industry resource to help manage oilfield risk and avoid mistakes by increasing your oil and gas knowledge and intelligence, utilizing a variety of methods, including:

Tactics: Short and to the point guidelines to reduce risk and instill work principles to be successful in the oil industry, from the field to the office. Short Stories: Experience from the mistakes of others. Fatalities: Detailed analysis of oil and gas tragedies. Court Cases: Jury trials, expert witness testimony, and legal opinions on a variety of oil and gas cases. Procedures: Step-by-step process to create oilfield procedures and checklists, along with multiple examples. Operations Analysis: Oil and gas operations post-mortem, highlighting key learnings, practical knowledge, useful tips, and best practices. Over 1,000 oil and gas situations analyzed to create Oilfield Survival Guide. The Engineer's Guide to Plant Layout and Piping Design for the Oil and Gas Industries gives pipeline engineers and plant managers a critical real-world reference to design, manage, and implement safe and effective plants and piping systems for today's operations. This book fills a training void with complete and practical understanding of the requirements and procedures for producing a safe, economical, operable and

maintainable process facility. Easy to understand for the novice, this guide includes critical standards, newer designs, practical checklists and rules of thumb. Due to a lack of structured training in academic and technical institutions, engineers and pipe designers today may understand various computer software programs but lack the fundamental understanding and implementation of how to lay out process plants and run piping correctly in the oil and gas industry. Starting with basic terms, codes and basis for selection, the book focuses on each piece of equipment, such as pumps, towers, underground piping, pipe sizes and supports, then goes on to cover piping stress analysis and the daily needed calculations to use on the job. Delivers a practical guide to pipe supports, structures and hangers available in one go-to source Includes information on stress analysis basics, quick checks, pipe sizing and pressure drop Ensures compliance with the latest piping and plant layout codes and complies with worldwide risk management legislation and HSE Focuses on each piece of equipment, such as pumps, towers, underground piping, pipe sizes and supports Covers piping stress analysis and the daily needed calculations to use on the job

CBD OIL, YOUR NATURAL CURE TO PAIN! Chronic pain is horrific! Whether it's muscle pain, arthritis, migraines, spinal cord injuries, muscle spasms or from chemotherapy; no type of pain is easy to live with. If you are seeking relief from pain and tired of using prescription drugs that are

expensive, ineffective and potentially dangerous, your search ends here. If you seek natural remedies to anxiety, seizures, psychosis, insomnia, neurodegenerative disorders, acne and a wide number of ailments, your search ends here. CBD oil, the natural component in the Cannabis hemp plant, offers relief and healing power. It is the scientifically tested legal alternative that will help you treat your chronic pain as well as control your appetite, strengthen your heart, enhance your mood and clear your skin. This book "CBD Hemp Oil: The Complete Guide to Using CBD Oil for Health, Pain Relief, Anxiety And Overall Wellness" is your guide book to unleashing the miracle powers of CBD oil. Inside you'll learn:

- All what you need to know about this powerful health-boosting oil, CBD
- How to understand the terms: THC, Cannabis, Hemp and Marijuana
- The many benefits of CBD oil
- The safety and legality of CBD oil
- The powerful how 'tos': How to get CBD oil, how to make CBD oil, how to use CBD oil , how CBD oil works as well as how NOT to make the wrong CBD oil purchase
- How to use CBD hemp oil for health and beauty
- CBD Recipes for pain-relieving salves and moisturizers
- CBD-Infused ingredients for cooking
- And many more

IMPROVE AND MAINTAIN YOUR HEALTH! ENJOY BETTER QUALITY OF LIFE! GET THIS BOOK NOW! This is the most comprehensive and practical guide available to all of the most commonly available aromatherapy oils. Easy to understand, it gives vital information on plant

origins, medical herbalism and the properties and actions of herbs and oils. Looking for books on essential oils and aromatherapy? You've come to the right place. Essential Oils Guide Book contains everything a new or seasoned oils enthusiast would want to know. You'll explore the MANY benefits of aromatherapy and essential oils; from home remedies to picking your first starter kit of oils, it's all here! Here's a quick preview of what's inside: What Exactly are Essential Oils? History of Essential Oils Health Benefits of Aromatherapy Oils and Essential Oils How Do Essential Oils Work? Are Essential Oils Safe? How to Use Essential Oils How to Treat Certain Ailments and Conditions (Such as Stress, Anxiety, Allergies, Headache, Sleep, and even Weight Loss!) with Essential Oils Household Uses A Buying Guide to Learn How to Choose the Best Essential Oils And Much More! What are you waiting for? Scroll up and click the 'Buy Now' button to enter the exciting world of aromatherapy and essential oils! The quick-start guide to great results! Oil painting doesn't have to be rocket science, although some books on the subject make it seem that way. Filled with encouraging, easy-to-follow instruction, Oil Painting for the Absolute Beginner is a no-fear, no-experience-required guide to enjoyable painting and happy results. Focusing on the needs of the first-time painter, this book covers everything from selecting brushes and setting up your palette to key principles of color and

composition, presented in a way that moves you confidently from first strokes to finished paintings. • Mini demonstrations break down fundamental painting techniques in a clear, common sense way • 12 step-by-step painting projects progress from simple landscapes, still life and flower paintings to more challenging subjects, such as animals, seascapes and portraits • The bonus DVD-workshop features the author creating two paintings from start to finish You'll learn tricks for keeping the greens in your landscapes looking fresh, advantages to working with water-soluble oil paints, simple tips for dynamic compositions and other expert advice to make your introduction to oil painting the beginning of a beautiful friendship. Learn the effective, natural way to care for your family and home! From clary sage and eucalyptus to lavender and ylang ylang, essential oils are safe, environmental alternatives to traditional medicine and home-care products. But where do you start? Inside, you'll find detailed profiles that include the source, history, properties, and uses for 100 of the most common and affordable essential oils. Essential oil expert Kymberly Keniston-Pond teaches you how to choose pure, high-quality oils; demonstrates the proper way to blend and store them; and provides suggestions for the simple tools you'll need for working with essential oils. This easy-to-use guide includes 100 amazing ways to use essential oils to improve your health and appearance, as well as protect

and clean your home--all without the need for harsh chemicals. With Essential Oils 101, you'll find the right oil for any need and discover all the benefits a few drops of essential oil can bring. CBD is one of over 60 compounds found in cannabis that belongs to a class of ingredients called cannabinoids. Until recently, THC (tetrahydrocannabinol) was getting most of the attention because it's the ingredient in cannabis that produces mind-altering effects in users, but CBD is also present in high concentrations, and the medical world is realizing Hemp oil and CBD that its of medical benefits continues to grow. Cannabidoil, or CBD as it commonly known, is a very interesting chemical; it is responsible for many people changing their views on marijuana use for medicinal purposes. While everyone has heard of THC, not many are aware of CBD; the two chemicals are both contained in marijuana but they serve very different purposes. While the THC in marijuana is going to get you high, CBD is something that poses huge benefits from a medical point of view, and it does not have the same side effects on the body as THC. POWERFUL BENEFITS YOU GET FROM THIS BOOK TITLED CBD & HEMP OIL INCLUDES: What is CBD? What are the health benefits of CBD? What is CBD hemp oil? How do you buy CBD oil? What are the various kinds of hemp oil? How do you make CBD hemp oil? Learn more about medical benefits and how to apply CBD oil for a Healthy life. Scroll Back To The Top And Click Buy Now. Learn to paint with oil pastels in

this accessible book for the absolute beginner. Learn to paint with oil pastels in this straightforward guide to this relatively unexplored medium. Tim Fisher demonstrates how to use the oil pastels on their own, or in conjunction with acrylic inks and paints and watercolours, on a variety of surfaces to create beautiful paintings that will maintain their vibrancy for years to come. This Beginner's Guide to Painting with Oil Pastels features six full step-by-step projects covering a variety of subjects from animal portraits to boats, harbours and reflections, and introduces the reader to mark-making with oil pastels and using solvents for a textured finish. The book also explains how to preserve, keep and frame your oil pastel works safely. KG Stiles shows you how to create essential oil recipes to shift your mindset and connect your body and mind featuring more than 1000 cures for every ailment from sleeping problems to healing sinuses. An aromatherapist to stars like Yo Yo Ma, Sela War, Charles Barkley and Tommy Lee, KG provides prescriptions with personalized formulas for your ailment. You'll learn which oils work best for certain problems, and will be introduced to new oils you may not have heard of before. The balanced, blended recipes include a broad spectrum of solutions for various conditions. You'll build connections with plants and experience nature with your ability to heal yourself as the aromatic oils stimulate your powerful olfactory nerves. The Essential Guide to

Oils is another comprehensive yet compact guide in the Essential Guide series - discover how to enjoy life-enhancing aromatic oils in massage, aromatherapy, healing, or simply for their lovely ambiance. The first section describes how these essential oils are extracted from plants, evocatively explains how they have been used, traditionally, in different cultures, and guides the reader in the best ways to integrate them safely and effectively into their daily life. The bulk of the book is a directory of 100 oils, each complemented by a full-colour photograph of the plant from which the oil is made. Each information-packed entry takes a holistic approach, offering specific examples of how you can use the oil to benefit both mind and body, whether massaging sore muscles with rosemary oil or adding ylang ylang oil to a bath to calm your mind. Concise text, with key points highlighted, provides essential information and fascinating facts at a glance. Authoritative yet accessible, this book will delight anyone who wants to know more about oils, or who simply takes great pleasure in these complex, alluring fragrances. Best-selling author and herbalist Stephanie L. Tourles offers reliable guidance on using essential oils effectively and safely. This friendly, accessible introduction to the 25 most versatile oils for health and wellness highlights the key characteristics of lavender, chamomile, eucalyptus, lemon, peppermint, rosemary, tea tree, and other popular oils. You'll learn how to

blend and apply these highly concentrated aromatherapy oils for use from head to toe. The 100 recipes – including Tranquil Demeanor Balm, Super Herbal Antibacterial Drops, Sunburn Rescue Spray, Sore Muscle Bath Salts, and Dream Weaver's Relaxing Rub – offer fragrant, natural ways to enhance well-being and promote healing. This publication conforms to the EPUB Accessibility specification at WCAG 2.0 Level AA.

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