
Maslach Inventory Burnout Scale

Stress: Concepts, Cognition, Emotion, and Behavior

The Relationship Between Burnout and Personality Traits in Secondary School Athletic Trainers

Research Companion to Organizational Health Psychology

The End of Burnout

The Psychology of Survey Response

Organizational Stress

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Modelling the Stress-Strain Relationship in Work Settings

Evaluating Stress

A Measure of Teacher Stress in Schools Restructuring by Using the Maslach Burnout Inventory

The Oxford Handbook of Organizational Well-being

Research in Occupational Stress and Well being

Handbook of Stress and Burnout in Health Care

Burnout

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Maslach Burnout Inventory

Burnout

A Correlation Between Personality Factors and Burnout in Hospice Workers as Measured by the Maslach Burnout Inventory and the

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A Bifactor Model of Burnout?

Burnout Among Social Workers

The Truth About Burnout

MBI Maslach Burnout Inventory

The Burnout Companion To Study And Practice

Banishing Burnout

Managing Burnout in the Workplace

Stress and Survival

Executive Burnout

Lucrative Practices: The Comprehensive Handbook for Healthcare Executives

Burnout

Parent Burnout

HBR Guide to Beating Burnout

Handbook of Occupational Health Psychology

The Approval Motive

Research in the Social Scientific Study of Religion

Maslach Burnout Inventory

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Stress: Concepts, Cognition, Emotion, and Behavior Edward Elgar Publishing

Recognized as the leading measure of burnout, the Maslach Burnout Inventory (MBI) is validated by the extensive research that has been conducted in the more than 25 years since its initial publication. The MBI Surveys address three general scales: --Emotional Exhaustion measures feelings of being emotionally overextended and exhausted by one's work. --Depersonalization measures an unfeeling and impersonal response toward recipients of one's service, care treatment, or instruction. --Personal Accomplishment measures feelings of competence and successful achievement in one's work.

The Relationship Between Burnout and Personality Traits in Secondary School Athletic Trainers Routledge

The phenomenon of burnout first became the subject of public attention in the mid-1970s. This landmark volume is one of the first devoted exclusively to theoretical and empirical work on

burnout. Each valuable chapter represents the state of the art in social services research on burnout. Burnout Among Social Workers illustrates and assesses problems with definitions and theoretical orientations to help clarify the overall conceptual vagueness that has plagued burnout research since its beginning. Attention is paid to both personal and job-related variables and coping mechanisms. Expert social work academicians and researchers clearly demonstrate the importance of burnout measurement for theory and practice and establish important guidelines for subsequent research and theory development in this area.

Research Companion to Organizational Health Psychology Cambridge University Press

Patient-centered, high-quality health care relies on the well-being, health, and safety of health care clinicians. However, alarmingly high rates of clinician burnout in the United States are detrimental to the quality of care being provided, harmful to individuals in the workforce, and costly. It is important to take a systemic approach to address burnout that focuses on the structure, organization, and culture of health care. Taking Action Against Clinician Burnout: A Systems Approach to Professional

Well-Being builds upon two groundbreaking reports from the past twenty years, *To Err Is Human: Building a Safer Health System* and *Crossing the Quality Chasm: A New Health System for the 21st Century*, which both called attention to the issues around patient safety and quality of care. This report explores the extent, consequences, and contributing factors of clinician burnout and provides a framework for a systems approach to clinician burnout and professional well-being, a research agenda to advance clinician well-being, and recommendations for the field.

The End of Burnout Nova Science Pub Incorporated

In Couple Burnout, Ayala Pines offers a unique model to combat relationship burnout by describing the phenomenon of couples burnout; its causes, danger signs and symptoms; and the most effective strategies therapists can use. Distinguishing burnout from problems caused by clinical depression or other pathologies, Pines combines three major clinical perspectives that are used by couple therapists--psychodynamic, systems and behavioral--with additional approaches that focus attention on the social-psychological perspective and existential perspective to couples' problems.

The Psychology of Survey Response Emerald Group Publishing

The most popular measure of burnout has been the Maslach Burnout Inventory (MBI) ever since it was introduced in 1981 (Maslach & Jackson, 1981; Schaufeli & Enzmann, 1998). Maslach and Jackson (1981, 1986) defined burnout as a three-dimensional syndrome of Emotional Exhaustion (feeling emotionally drained by one's contact with other people), Depersonalization (negative feelings and cynical attitudes toward the recipients of one's service or care), and reduced Personal Accomplishment (a tendency to evaluate negatively one's own work) that occurs among individuals who work with people in some capacity. CONTENTS: Using the MBI-human services survey - The MBI-general survey - The MBI-educators survey - Current and future research.

Organizational Stress Oxford Handbooks

Examines the complex psychological processes involved in answering different types of survey questions.

Professional Burnout Allen & Unwin

"The purpose of this research was to determine if any relationships exist between personality factors and burnout. It was hypothesized that persons measured with a low incidence of burnout as measured by the Maslach Burnout Inventory will score significantly different on one or more of the personality scales as measured by the California Psychological Inventory compared to persons measured with a high incidence of burnout (H1:G1-G2 [not equal to] 0). The sample was comprised of 31 females and two males; all were employees of hospice who volunteered to participate in the study. Each participant completed four instruments; a personal history/demographic information questionnaire, the Maslach Burnout Inventory (MBI), the California Psychological Inventory (CPI) and a brief questionnaire asking the number of personal support systems at home, work and the total of both. The data was analyzed using the Pearson Product-Moment Correlation Coefficient. Each of the 18 personality factors from the CPI was correlated with the subscales of burnout of the MBI. Correlational values were checked to determine which values exceeded the .05 and .01 levels of significance. Nine correlations were significant at the .05 level. The data was also analyzed using an Analysis Of Variance (ANOVA). The F test of significance showed significant variance between the personality factors, and it showed significant variance between the subscales of burnout. T-tests of difference on CPI scores between high and low MBI scorers were then performed. Four significant differences were found between high and low burnout scorers on the personality factors of Sense of Well-Being, Self-Control, Good

Impression and Femininity scales. None of the demographic variables, nor any of the support system questions were found to be correlated to a significant degree with burnout. Some of the limitations of the study were small sample size, a 15 to one ratio of women to men, and an unrepresentative sample (only Hospice workers)"--Document.

Taking Action Against Clinician Burnout John Wiley & Sons

Stress: Concepts, Cognition, Emotion, and Behavior: Handbook in Stress Series, Volume 1, examines stress and its management in the workplace and is targeted at scientific and clinical researchers in biomedicine, psychology, and some aspects of the social sciences. The audience is appropriate faculty and graduate and undergraduate students interested in stress and its consequences. The format allows access to specific self-contained stress subsections without the need to purchase the whole nine volume Stress handbook series. This makes the publication much more affordable than the previously published four volume Encyclopedia of Stress (Elsevier 2007) in which stress subsections were arranged alphabetically and therefore required purchase of the whole work. This feature will be of special significance for individual scientists and clinicians, as well as laboratories. In this first volume of the series, the primary focus will be on general stress concepts as well as the areas of cognition, emotion, and behavior. Offers chapters with impressive scope, covering topics including the interactions between stress, cognition, emotion and behaviour Features articles carefully selected by eminent stress researchers and prepared by contributors representing outstanding scholarship in the field Includes rich illustrations with explanatory figures and tables Includes boxed call out sections that serve to explain key concepts and methods Allows access to specific self-contained stress subsections without the need to purchase the whole nine volume Stress handbook series

Modelling the Stress-Strain Relationship in Work Settings John Wiley & Sons

The purpose of this book is to summarise the state of the science in the study of stress and burnout among health care professionals. Moreover, this book seeks to set the agenda for future research in the areas of stress and burnout. Despite the popularity of these topics as subjects for empirical study, particularly among health professionals, there has been no attempt to build a comprehensive summary of the literature concerning stress and burnout in health care. This book fills the void by bringing together leaders in the academic study of stress and burnout and by summarising the research on the measurement of stress and burnout, the unique causes of this condition for health care professionals as well as the consequences of stress and burnout and the patients they serve. It covers evidence-based mechanisms for the prevention and reduction of stress and burnout. Each chapter provides a synthesis of the critical stress and burnout literature as well as ideas for what research is needed to fill current voids in the literature. Final chapter of the book provides a research agenda to promote research concerning this phenomenon in health professions.

Evaluating Stress Amer Psychological Assn

Focuses on processes related to recovery and unwinding from job stress. This book demonstrates that recovery research is a very promising approach for understanding the processes of job stress and relieve from job stress more fully.

A Measure of Teacher Stress in Schools Restructuring by Using the Maslach Burnout Inventory Maslach Burnout

Inventory Recognized as the leading measure of burnout, the Maslach Burnout Inventory (MBI) is validated by the extensive research that has been conducted in the more than 25 years

since its initial publication. The MBI Surveys address three general scales: --Emotional Exhaustion measures feelings of being emotionally overextended and exhausted by one's work. --Depersonalization measures an unfeeling and impersonal response toward recipients of one's service, care treatment, or instruction. --Personal Accomplishment measures feelings of competence and successful achievement in one's work. Taking Action Against Clinician Burnout

Leading international scholars focus on organisational well being in its widest sense, and is concerned with reviewing the factors which are associated with ill health, as well as those which promote positive health and well being.

The Oxford Handbook of Organizational Well-being Signet Book
Recognized as the leading measure of burnout, the Maslach Burnout Inventory (MBI) is validated by the extensive research that has been conducted in the more than 25 years since its initial publication. The MBI Surveys address three general scales: --Emotional Exhaustion measures feelings of being emotionally overextended and exhausted by one's work. --Depersonalization measures an unfeeling and impersonal response toward recipients of one's service, care treatment, or instruction. --Personal Accomplishment measures feelings of competence and successful achievement in one's work.

Research in Occupational Stress and Well being CRC Press
The psychological concept of burnout refers to long-term exhaustion from, and diminished interest in, the work we do. It's a phenomenon that most of us have some understanding of, even if we haven't always been affected directly. Many people start their working lives full of energy and enthusiasm, but far fewer are able to maintain that level of engagement. *Burnout at Work: A Psychological Perspective* provides a comprehensive overview of how the concept of burnout has been conceived over recent decades, as well as discussing the challenges and possible interventions that can help confront this pervasive issue. Including contributions from the most eminent researchers in this field, the book examines a range of topics including: The links between burnout and health How our individual relationships at work can affect levels of burnout The role of leadership in mediating or causing burnout The strategies that individuals can pursue to avoid burnout, as well as wider interventions. The book will be required reading for anyone studying organizational or occupational psychology, and will also interest students of business and management, and health psychology.

Routledge

Going beyond the how and why of burnout, a former tenured professor combines academic methods and first-person experience to propose new ways for resisting our cultural obsession with work. Through research on the science, culture, and philosophy of burnout, Malesic explores the gap between our vocation and our jobs, and between the ideals we have for work and the reality of what we have to do

Handbook of Stress and Burnout in Health Care BRILL
Various articles are presented covering psychological, sociological and cross-cultural topics or relevance to religious/spiritual researchers and academics.

Burnout New York : Free Press

This book shows how to recognize, prevent and cure burnout syndrome for nurses, teachers, counselors, doctors, therapists, police, social workers, and anyone else who cares about and for people. Christina Maslach, the leading pioneer in research on burnout, offers help using illustrative examples and first-hand accounts. She points out what causes the feelings of emotional exhaustion, the callous indifference to people's problems, and the

sense of inadequacy about one's ability to help and relate to others.

Work Engagement Harvard Business Press

The first complete guide to burnout, based on groundbreaking new research. It shows how you can tell whether you really have burnout, and helps you shape a strategy for recovery that will work for you. Are you always exhausted? Unable to feel for others or for life's pleasures? Find it hard to concentrate and take in what you read? You may have burnout. Burnout is widespread among high achievers in the workplace, in business and in caring professions like health and teaching. Parents with new babies and those caring for the elderly and people with disabilities are also at risk. Although burnout is so common, it's often undiagnosed or misdiagnosed - most commonly as depression. Drawing on groundbreaking new research, this book hands you the tools to work out whether you have burnout - or not. The good news? It is possible to recover from even severe burnout. The authors show you how to recognise your own burnout pattern, how far you have travelled into burnout territory, and provide a broad-based management approach to help you regain your spark and build your resilience. With fascinating new insights into the biology of burnout, and stories from people who have brought themselves back from the brink, *Burnout* is a complete guide for anyone who suspects they may have burnout, for their families, for health professionals and employers. 'I cried reading parts of this book. Profoundly insightful, with information that is superbly liberating about a phenomenon that imprisons too many of us. Highly recommended.' - Dr Sonia Henry, bestselling author of *Going Under* 'Burnout doesn't have to mean the end of your career.' - Alice Cooney, Principal Solicitor, Office of Public Prosecutions Victoria

Burnout at Work Psychology Press

This book provides analysis of the construct of burnout, including its magnitude, a global research review, a typology of models and comparisons between professions. It also provides the views of mental health professionals, causes, symptoms and coping techniques, while comparing Eastern and Western approaches to mitigate the effects of burnout.

The Role of Personality Factors and Job Characteristics in Burnout Emerald Group Publishing

Deals with a different dimension of workplace psychology, which is the basis of fulfilling, productive work.

Couple Burnout Elsevier

Information professionals are under constant stress. Libraries are ushering in sweeping changes that involve the closing of branches and reference desks, wholesale dumping of print, disappearing space, and employment of non-professional staff to fill what have traditionally been the roles of librarians. Increasing workloads, constant interruptions, ceaseless change, continual downsizing, budget cuts, repetitive work, and the pressures of public services have caused burnout in many information professionals. *Managing Burnout in the Workplace* concentrates on the problem of burnout, what it is and how it differs from chronic stress, low morale, and depression. The book addresses burnout from psychological, legal, and human resources perspectives. Chapters also cover how burnout is defined, symptom recognition, managing and overcoming burnout, and how to avoid career derailment while coping with burnout. Focuses on burnout in relation to information professionals and their work Explores how burnout is identified and diagnosed and how it is measured in the workplace Provides an overview of interdisciplinary research on burnout, incorporating studies from various areas

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