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LOGAN JAIRO

The Frontlines of Peace Legare Street
Press

The first comprehensive, fully-illustrated approach to the voice that explains the anatomy and mechanics in detailed yet down-to-earth terms, for voice users and professionals of all kinds This book is the first to explain, in clear and concise language, the anatomy and mechanics of the mysterious and complex bodily system we call the voice. Beautifully illustrated with more than 100 detailed

images, *Anatomy of the Voice* guides voice teachers and students, vocal coaches, professional singers and actors, and anyone interested in the voice through the complex landscape of breathing, larynx, throat, face, and jaw. Theodore Dimon, an internationally recognized authority on the subject, as well as an expert in the Alexander Technique, makes unfamiliar terrain accessible and digestible by describing each vocal system in short, manageable sections and explaining complex terminology. The topics he covers include ribs, diaphragm, and muscles of breathing; the intrinsic musculature of

the larynx, its structure and action; the suspensory muscles of the throat; the face and jaw; the tongue and palate; and the evolution and function of the larynx.

Not by Chance Penguin UK

At turns surprising, funny, and gut-wrenching, this is the hopeful story of the ordinary yet extraordinary people who have figured out how to build lasting peace in their communities. The word "peacebuilding" evokes a story we've all heard over and over: violence breaks out, foreign nations are scandalized, peacekeepers and million-dollar donors come rushing in, warring parties sign a peace agreement and, sadly, within months the situation is back to where it started--sometimes worse. But what strategies have worked to build lasting peace in conflict zones,

particularly for ordinary citizens on the ground? And why should other ordinary citizens, thousands of miles away, care? In *The Frontlines of Peace*, Séverine Autesserre, award-winning researcher and peacebuilder, examines the well-intentioned but inherently flawed peace industry. With examples drawn from across the globe, she reveals that peace can grow in the most unlikely circumstances. Contrary to what most politicians preach, building peace doesn't require billions in aid or massive international interventions. Real, lasting peace requires giving power to local citizens. Now including teaching and book club discussion guides, *The Frontlines of Peace* tells the stories of the ordinary yet extraordinary individuals and organizations that are

confronting violence in their communities effectively. One thing is clear: successful examples of peacebuilding around the world, in countries at war or at peace, have involved innovative grassroots initiatives led by local people, at times supported by foreigners, often employing methods shunned by the international elite. By narrating success stories of this kind, Autesserre shows the radical changes we must take in our approach if we hope to build lasting peace around us-- whether we live in Congo, the United States, or elsewhere.

Oxford Papers Penguin

Why do some people find and sustain hope during difficult circumstances, while others do not? What can we learn from those who do, and how is their

example applicable to our own lives? The Anatomy of Hope is a journey of inspiring discovery, spanning some thirty years of Dr. Jerome Groopman's practice, during which he encountered many extraordinary people and sought to answer these questions. This profound exploration begins when Groopman was a medical student, ignorant of the vital role of hope in patients' lives--and it culminates in his remarkable quest to delineate a biology of hope. With appreciation for the human elements and the science, Groopman explains how to distinguish true hope from false hope--and how to gain an honest understanding of the reach and limits of this essential emotion.

Anatomy of a Civil War Random House Trade Paperbacks

Conflict Management and Resolution provides students with an overview of the main theories of conflict management and conflict resolution, and will equip them to respond to the complex phenomena of international conflict. The book covers these four key concepts in detail: negotiation mediation facilitation reconciliation. It examines how to prevent, manage and eventually resolve various types of conflict that originate from inter-state and inter-group competition, and expands the existing scope of conflict management and resolution theories by examining emerging theories on the identity, power and structural dimensions of adversarial relationships. The volume is designed to enhance our understanding of effective response strategies to conflict in

multiple social settings as well as violent struggles, and utilizes numerous case studies, both past and current. These include the Iranian and North Korean nuclear weapons programmes, the war in Lebanon, the Arab-Israeli conflict, civil wars in Africa, and ethnic conflicts in Europe and Asia. This book will be essential reading for all students of conflict management and resolution, mediation, peacekeeping, peace and conflict studies and International Relations in general. Ho-Won Jeong is Professor of Conflict Analysis and Resolution, George Mason University, USA. He has published nine books in the field of international relations, peace and conflict studies. He is also a senior editor of the International Journal of Peace Studies.

Anatomy of Violence Berrett-Koehler Publishers

Your struggling teenager is going to a residential or wilderness treatment program. Their addictions, learning disabilities, or emotional/behavioral issues have brought you to a moment of decision. Heartsick, anxious, and exhausted, questions bounce endlessly around your mind, “Will this work? Was this really necessary? Will she ever forgive me? Can we handle him at home when the time comes?” Dr. Tim Thayne delivers the answers in his groundbreaking book *Not by Chance*. As an owner/therapist of wilderness and residential programs, Thayne was frustrated when young people made monumental progress, only to return home where things quickly unraveled.

His mission became to vastly improve long-term success by crafting and proving a model to coach parents on their power to lead out through full engagement during treatment and management of the transition home. *Not by Chance* engages readers through solid research, simple exercises, and captivating stories taken from Thayne’s own life and the living rooms of hundreds of American homes. This book serves up concrete tools, hope, confidence, and stamina for families, professionals and mentors. Topics include:

- Why good programs work
- How to boost—not undermine—treatment
- Nine dangers waiting after discharge
- How to identify natural mentors for your teen
- What to do when the testing begins
- When and

how to grant back privileges and freedoms • How to ease your young adult's transition from treatment to independent living • When you know you've succeeded If you are even considering out-of-home treatment for your teen, do not gamble with the outcomes. Not by Chance should claim its rightful place on your nightstand.

BREACH OF PEACE Vintage
A practical blueprint for overcoming loneliness and returning to a place of love, acceptance, and meaningful connection—from the spiritual leader and popular YouTuber behind The Completion Process Following in the footsteps of the success of The Completion Process, bestselling author and modern spiritual leader Teal Swan offers an in-depth exploration and

understanding of loneliness. Drawing on her extraordinary healing technique, the Connection Process, Teal offers a way to experience connection once again.

Loneliness is reaching endemic proportions in our society, reflected by rising suicide rates and increased mental illness. Now, more than ever we need to find a way to connect. Loneliness is a feeling of separation or isolation; it is not necessarily the same as the physical state of being alone. This book is for people who suffer from loneliness, the kind that cannot be solved by simply being around other people. Their aloneness is a deeply embedded pattern that is both negative and painful; it is often fueled by trauma, loss, addiction, grief and a lack of self-esteem and insecurity. In *The Anatomy of Loneliness*,

Teal identifies the three pillars or qualities of loneliness: Separation, Shame and Fear and goes on to share her revolutionary technique; The Connection Process, a form of intuitive journeying, usually involving two people a 'receiver' and a 'journeyer'. Through a series of exercises each person experiences 'walls' and 'blockages' as they move through the process both participants face their fears learning from these to reach a place of unconditional love and acceptance. [The Anatomy of Loneliness](#) SAGE "Chad Ford reminds us that humanity lies within all of us, and although conflict is everywhere in today's world, we have the tools we need to overcome obstacles and to thrive. This is a fantastic, timely book that I highly recommend." —Steve

Kerr, Head Coach, Golden State Warriors Knowing how to transform conflict is critical in both our personal and professional lives. Yet, by and large, we are terrible at it. The reason, says longtime mediator Chad Ford, is fear. When conflict comes, our instincts are to run or fight. To transform conflict, Ford says we need to turn toward the people we are in conflict with, put down our physical and emotional weapons, and really love them with the kind of love that leads us to treat others as fellow human beings, not as objects in our way. We have to open ourselves up with no guarantee that anyone on the other side will do the same. While this can feel even more dangerous than conflict itself, it allows us to see the humanity of others so clearly that their needs and

desires matter to us as much as our own. Ford shows dangerous love in action through examples ranging from his work in the Middle East to a deeply moving story about reconciling with his father. He explains why we disconnect from people at the very time we need to be most connected and the predictable patterns of justification and escalation that ensue. Most importantly, he gives us a path to practice dangerous love in the conflicts that matter most to us. *The Works* Oxford University Press

Unknowingly, too many of us operate from an inward mindset—a narrow-minded focus on self-centered goals and objectives. When faced with personal ineffectiveness or lagging organizational performance, most of us instinctively look for quick-fix behavioral band-aids,

not recognizing the underlying mindset at the heart of our most persistent challenges. Through true stories and simple yet profound guidance and tools, *The Outward Mindset* enables individuals and organizations to make the one change that most dramatically improves performance, sparks collaboration, and accelerates innovation—a shift to an outward mindset.

The Oxford Handbook of the Economics of Peace and Conflict

Berrett-Koehler Publishers

Thoroughly revised, the Second Edition of *Peace and Conflict Studies* sets the new gold standard as an accessible introduction and comprehensive exploration of this vital subject. The authors share their vast knowledge and analysis about 21st-century world events

- including new coverage on timely topics such as terrorism, the truth and reconciliation process, and the clash of civilizations. With an encyclopedic scope, this introductory text chronicles a plethora of important global topics from pre-history to the present. Key Features of the Second Edition Includes updated chapters and examines current conflicts, including the Iraq War Explores the important aspects of positive peace, individual violence, nationalism, and terrorism Provides numerous visual aids, questions for further study, and suggested readings Furnishes a comprehensive range of material to enlighten and enrich future discussion and encourage further academic pursuit Intended Audience This text is invaluable for students and professors in peace and

or conflict studies, psychology and or the sociology of peace and conflict studies, international relations, comparative politics, history, and others interested in gaining a solid foundation about the global arena. Praise for the First Edition "Barash and Webel have penned a masterpiece that should appeal to seasoned scholars of peace and conflict studies as well as to others who have little knowledge of this multidisciplinary field." --Daniel J. Christie, Ohio State University

The Peace Rose Zondervan

Before #MeToo, there was silence. Let's talk about that silence. The Anatomy of Silence is a collection of voices speaking out loud - often for the first time - about what it means to stay silent, to be silenced, and to break the silence that

surrounds sexual violence. About how we are all complicit in creating that silence. It offers an unflinching account of how a culture of shame perpetuates a culture of violence against our bodies-- and reflects on what it would take to create a world in which that silence -- once broken -- stays broken.

The Anatomy of Murder Lantern Books
 Winner of the Yad Vashem International Book Prize for Holocaust Research
 “A substantive contribution to the history of ethnic strife and extreme violence” (The Wall Street Journal) and a cautionary examination of how genocide can take root at the local level—turning neighbors, friends, and family against one another—as seen through the eastern European border town of Buczacz during World War II. For more

than four hundred years, the Eastern European border town of Buczacz—today part of Ukraine—was home to a highly diverse citizenry. It was here that Poles, Ukrainians, and Jews all lived side by side in relative harmony. Then came World War II, and three years later the entire Jewish population had been murdered by German and Ukrainian police, while Ukrainian nationalists eradicated Polish residents. In truth, though, this genocide didn’t happen so quickly. In *Anatomy of a Genocide*, Omer Bartov explains that ethnic cleansing doesn’t occur as is so often portrayed in popular history, with the quick ascent of a vitriolic political leader and the unleashing of military might. It begins in seeming peace, slowly and often unnoticed, the culmination of pent-up

slights and grudges and indignities. The perpetrators aren't just sociopathic soldiers. They are neighbors and friends and family. They are also middle-aged men who come from elsewhere, often with their wives and children and parents, and settle into a life of bourgeois comfort peppered with bouts of mass murder. For more than two decades Bartov, whose mother was raised in Buczacz, traveled extensively throughout the region, scouring archives and amassing thousands of documents rarely seen until now. He has also made use of hundreds of first-person testimonies by victims, perpetrators, collaborators, and rescuers. *Anatomy of a Genocide* profoundly changes our understanding of the social dynamics of mass killing and the nature of the

Holocaust as a whole. Bartov's book isn't just an attempt to understand what happened in the past. It's a warning of how it could happen again, in our own towns and cities—much more easily than we might think.

The Anatomy of Peace Simon and Schuster

Explains why self-deception is at the heart of many leadership problems, identifying destructive patterns that undermine the successes of potentially excellent professionals while revealing how to improve teamwork, communication, and motivation. Reprint.

The Secret Language of Anatomy
OUP USA

This Handbook brings together contributions from leading scholars who take an economic perspective to study

peace and conflict. Some chapters are largely empirical, exploring the correlates and quantifying the costs of conflict. Others are more theoretical, examining the mechanisms that lead to war or are more conducive to peace.

Bonds That Make Us Free Oxford University Press

When an imperial family is found butchered, Officers of God are called to investigate. Evidence points to a rebel group trying to stab fear into the very heart of the empire. Inspector Khlid begins a harrowing hunt for those responsible, but when a larger conspiracy comes to light, she struggles to trust even the officers around her.

Peace Is a Practice Advantage Media Group

This work has been selected by scholars

as being culturally important, and is part of the knowledge base of civilization as we know it. This work is in the "public domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

Leadership and Self-deception North Atlantic Books

Written as an engaging story, this book

shows how mistaken views can cause people to misread situations and exacerbate the issues they wish to improve. "The Anatomy of Peace" illustrates how to make inner peace a potent tool for achieving outer satisfaction.

The Anatomy of Peace

ReadHowYouWant.com

Vietnam has experienced large political and economic development since the war. This book argues that victory in 1975 caught the Communists wholly unprepared to cope with the reconstruction of the nation. Much is explored in this book.

On the Law of Peace University of Michigan Press

"We all know the difference between how we are when life is sweet for us --

easy, open, generous, and connected with other people -- and how we are when we feel guarded, defensive, on edge, suspicious, or vindictive. Why do we get trapped in negative emotions when it's clear that life is so much fuller and richer when we are free of them? Bonds That Make Us Free is a groundbreaking book that suggests the remedy for our troubling emotions by addressing their root causes. You'll learn how we betray ourselves by failing to act toward others as we know we should -- and how we can interrupt the unproductive cycle and restore the sweetness in our relationships."-- Publisher's description.

Peace and Conflict Studies North Atlantic Books

This book suggests a new explanation

for why international peace interventions often fail to reach their full potential. Based on several years of ethnographic research in conflict zones around the world, it demonstrates that everyday elements - such as the expatriates' social habits and usual approaches to understanding their areas of operation - strongly influence peacebuilding effectiveness. Individuals from all over the world and all walks of life share numerous practices, habits, and narratives when they serve as interveners in conflict zones. These common attitudes and actions enable foreign peacebuilders to function in the field, but they also result in unintended consequences that thwart international efforts. Certain expatriates follow alternative modes of thinking and acting,

often with notable results, but they remain in the minority. Through an in-depth analysis of the interveners' everyday life and work, this book proposes innovative ways to better help host populations build a sustainable peace.

The Outward Mindset

ReadHowYouWant.com

Anatomy of a Civil War demonstrates the destructive nature of war, ranging from the physical to the psychosocial, as well as war's detrimental effects on the environment. Despite such horrific aspects, evidence suggests that civil war is likely to generate multilayered outcomes. To examine the transformative aspects of civil war, Mehmet Gurses draws on an original survey conducted in Turkey, where a

Kurdish armed group, the Kurdistan Workers' Party (PKK), has been waging an intermittent insurgency for Kurdish self-rule since 1984. Findings from a probability sample of 2,100 individuals randomly selected from three major Kurdish-populated provinces in the eastern part of Turkey, coupled with insights from face-to-face in-depth interviews with dozens of individuals affected by violence, provide evidence for the multifaceted nature of exposure to violence during civil war. Just as the destructive nature of war manifests itself

in various forms and shapes, wartime experiences can engender positive attitudes toward women, create a culture of political activism, and develop secular values at the individual level. In addition, wartime experiences seem to robustly predict greater support for political activism. Nonetheless, changes in gender relations and the rise of a secular political culture appear to be primarily shaped by wartime experiences interacting with insurgent ideology.

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- Twisted Games (twisted, 2)