
Richard Louv The Nature Principle

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 How We Create and Understand Environmental Messages
 Free Range Learning
 Wake Up, Woods
 An American Journey
 Childhood and Nature
 Rediscovering Our Place in Nature
 Nature Awareness Activities for All Ages
 Reconnecting with Life in a Virtual Age
 America II
 A Family's Year-Long Quest to Explore America's Most Endangered National Parks
 How Connecting with Animals Can Transform Our Lives—and Save Theirs
 Integrated Landscaping
 How Homeschooling Changes Everything
 How to Unleash Creativity and Encourage Lifelong Wondering
 An Outdoor Family's Year on the Water, In the Woods and at the Table

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LUCIANO ALISSON

Connecting the Drops New World Library

In *Earth in Mind*, noted environmental educator David W. Orr focuses not on problems in education, but on the problem of education. Much of what has gone wrong with the world, he argues, is the result of inadequate and misdirected education that: alienates us from life in the name of human domination; causes students to worry about how to make a living before they know who they are; overemphasizes success and careers; separates feeling from intellect and the practical from the theoretical; deadens the sense of wonder for the created world. The crisis we face, Orr explains, is one of mind, perception, and values. It is, first and foremost, an educational challenge. The author begins by establishing the grounds for a debate about education and knowledge. He describes the problems of education from an ecological perspective, and challenges the "terrible simplifiers" who wish to substitute numbers for values. He follows with a presentation of principles for re-creating education in the broadest way possible, discussing topics such as biophilia, the disciplinary

structure of knowledge, the architecture of educational buildings, and the idea of ecological intelligence. Orr concludes by presenting concrete proposals for reorganizing the curriculum to draw out our affinity for life.

Childhood's Future Island Press

The need for improved water resource protection, beginning with grassroots action, is urgent. The water we use depends on networks of wetlands, streams, and watersheds. Land-use activities, however, are changing these natural systems. Often these changes result in ecological damage, flooding, water pollution, and reduced water supply. We need a healthy environment that sustains our personal and community health; we also need vibrant and sustainable economic development that does not destroy the benefits we derive from nature. Our ability to accomplish both depends on how well we can "connect the drops." In this book, Karen Schneller-McDonald presents the basics of water resource protection: ecology and watershed science; techniques for evaluating environmental impacts; obstacles to protection and how to overcome them; and tips for protection strategies that maximize chances for success. Schneller-McDonald makes clear the important connections among natural cycles, watersheds, and ecosystems; the benefits they provide; and

how specific development activities affect water quality and supply. The methods described in *Connecting the Drops* have broad application in diverse geographic locations. The environmental details may differ, but the methods are the same. For water resource managers and concerned citizens alike, *Connecting the Drops* helps readers interpret scientific information and contextualize news media reports and industry ads—ultimately offering "how to" guidance for developing resource protection strategies.

The Nature Principle MIT Press

How to safely de-tox from IT overload—with the healing effects of nature Scientific studies have shown that natural environments can have remarkable benefits for human health. Natural environments are more likely to promote positive emotions; and viewing and walking in nature have been associated with heightened physical and mental energy. Nature has also been found to have a positive impact on children who have been diagnosed with impulsivity, hyperactivity, and attention deficit disorder. A powerful wake-up call for our tech-immersed society, *Your Brain on Nature* examines the fascinating effects that exposure to nature can have on the brain. In *Your Brain on Nature*, physician Eva Selhub and naturopath Alan Logan examine not only the effects of

nature on the brain—but the ubiquitous influence of everyday technology on the brain, and how IT overload and its many distractions may even be changing it. Offering an antidote for the technology-addicted, the book outlines emerging nature-based therapies including ecotherapy, as well as practical strategies for improving your (and your children's) cognitive functioning, mental health, and physical well-being through ecotherapeutic, nutritional, and behavioural means. Details the back to nature movement and the benefits of nature on the brain and body, from reducing the symptoms of ADHD to improving mood and physical energy Explains the effects of air quality, aromas, light and sound on the brain, including SAD and sleep loss A fascinating look at the effects that both nature and technology have on the brain's functioning and one's overall well-being, *Your Brain on Nature* is every tech-addict's guide to restoring health and balance in an increasingly IT-dependent world.

The First Butterfly Big Year Basic Books

In this groundbreaking call to action, Louv creates a vision of fatherhood as an extraordinary journey of personal fulfillment. He presents an inspiring new vision of fatherhood as the completeness of masculinity ... the ultimate gift to men, to children, and to families. Based on extensive interviews with fathers, mothers and children across America, *FatherLove* expands our current understanding of fathers' roles -- breadwinner &, increasingly, nurturer/doer of the domestic chores -- into levels of experience that give new and vital meaning to fatherhood: entering the community; finding a place in time; and restoring a spiritual life.

Science, Totems, and the Technological Species New Harbinger Publications

For many of us, thinking about the future conjures up images of Cormac McCarthy's *The Road*: a post-apocalyptic dystopia stripped of nature. Richard Louv, author of the landmark bestseller *Last Child in the Woods*, urges us to change our vision of the future, suggesting that if we reconceive environmentalism and sustainability, they will evolve into a larger movement that will touch every part of society. This *New Nature Movement* taps into the restorative powers of the natural world to boost mental acuity and creativity; promote health and wellness; build smarter and more sustainable businesses, communities, and economies; and ultimately strengthen human bonds. Supported by groundbreaking research, anecdotal evidence, and compelling personal stories, Louv offers renewed optimism while challenging us to rethink the way we live.

The Nature Fix: Why Nature Makes Us Happier, Healthier, and More Creative Rubber Ducky Press Our children can be our greatest teachers. Parenting expert Susan Stiffelman writes that the very behaviors that push our buttons — refusing to cooperate or ignoring our requests — can help us build awareness and shed old patterns, allowing us to raise our children with greater ease and enjoyment. Filled with practical advice, powerful exercises, and fascinating stories from her clinical work, *Parenting with Presence* teaches us how to become the parents we most want to be while raising confident, caring children. “Shows parents how they can transform parenting into a spiritual practice.” — Eckhart Tolle, author of *The Power of Now* “Clear, wise, soulful, and poetic.” — Alanis Morissette

Ecopsychology Stackpole Books

An ecopsychology that integrates our totemic selves—our kinship with a more than human world—with our technological selves. We need nature for our physical and psychological well-being. Our actions reflect this when we turn to beloved pets for companionship, vacation in spots of natural splendor, or spend hours working in the garden. Yet we are also a technological species and have been since we fashioned tools out of stone. Thus one of this century's central challenges is to embrace our kinship with a more-than-human world—“our totemic self”—and integrate that kinship with our scientific culture and technological selves. This book takes on that challenge and proposes a reenvisioned ecopsychology. Contributors consider such topics as the innate tendency for people to bond with local place; a meaningful nature language; the epidemiological evidence for the health benefits of nature interaction; the theory and practice of ecotherapy; Gaia theory; ecovillages; the neuroscience of perceiving natural beauty; and sacred geography. Taken together, the essays offer a vision for human flourishing and for a more grounded and realistic environmental psychology.

FatherLove Timber Press

Offers expert instruction and in-the-field advice for the novice and experienced tracker.

Public Participation in Environmental Research Algonquin Books

“A magnificent resource for transforming backyards into stimulating environments which enhance children's creativity, learning, and fun.” —Richard Louv, author of *Last Child in the Woods*, *The Nature Principle*, and *Vitamin N* Access to technology has created a generation of children who are

more plugged in than ever before—often with negative consequences. Unrestricted outdoor play reduces stress, improves health, and enhances creativity, learning, and attention span. In *Nature Play at Home*, Nancy Striniste gives you the tools you need to make outdoor adventures possible in your yard, school, and neighborhood. With hundreds of inspiring ideas and 12 illustrated, step-by-step projects, this hardworking book details how to create playspaces that use natural materials—like logs, boulders, sand, water, and plants of all kinds. Projects include hillside slides, seating circles, sand pits, and more.

What We Need, What We Seek, What We Must Create W. W. Norton & Company

A new way of understanding our place in the web of life from a scholar praised for his “graceful prose” (*Publishers Weekly*). The disconnection between humans and nature is perhaps one of the most fundamental problems faced by our species today. This schism is arguably the root cause of most of the environmental catastrophes unraveling around us. Until we come to terms with the depths of our alienation, we will continue to fail to understand that what happens to nature also happens to us. In *The Biology of Wonder* Andreas Weber proposes a new approach to the biological sciences that puts the human back in nature. He argues that feelings and emotions, far from being superfluous to the study of organisms, are the very foundation of life. From this basic premise flows the development of a “poetic ecology” which intimately connects our species to everything that surrounds us—showing that subjectivity and imagination are prerequisites of biological existence. Written by a leader in the emerging fields of biopoetics and biosemiotics, *The Biology of Wonder* demonstrates that there is no separation between us and the world we inhabit, and in so doing it validates the essence of our deep experience. By reconciling science with meaning, expression, and emotion, this landmark work brings us to a crucial understanding of our place in the rich and diverse framework of life—a revolution for biology as groundbreaking as the theory of relativity for physics. “Grounded in science, yet eloquently narrated, this is a groundbreaking book. Weber's visionary work provides new insight into human/nature interconnectedness and the dire consequences we face by remaining disconnected.” —Richard Louv, author of *Last Child in the Woods*

How Unrestricted Outdoor Play Makes for Strong, Confident, and Capable Children Greystone Books

For many of us, thinking about the future conjures up images of Cormac McCarthy's *The Road*: a post-apocalyptic dystopia stripped of nature. Richard Louv, author of the landmark bestseller *Last Child in the Woods*, urges us to change our vision of the future, suggesting that if we reconceive environmentalism and sustainability, they will evolve into a larger movement that will touch every part of society. This *New Nature Movement* taps into the restorative powers of the natural world to boost mental acuity and creativity; promote health and wellness; build smarter and more sustainable businesses, communities, and economies; and ultimately strengthen human bonds. Supported by groundbreaking research, anecdotal evidence, and compelling personal stories, Louv offers renewed optimism while challenging us to rethink the way we live.

Making Connections SCB Distributors

“A book that offers hope.” —The New York Times Book Review “A wondrous tapestry.” —Carl Safina, author of *Beyond Words: What Animals Think and Feel* Audubon Medal winner Richard Louv's landmark book *Last Child in the Woods* inspired an international movement to connect children and nature. Now he redefines the future of human-animal coexistence. In *Our Wild Calling*, Louv interviews researchers, theologians, wildlife experts, indigenous healers, psychologists, and others to show how people are connecting with animals in ancient and new ways, and how this serves as an antidote to the growing epidemic of human loneliness; how dogs can teach children ethical behavior; how animal-assisted therapy may yet transform the mental health field; and what role the human-animal relationship plays in our spiritual health. He reports on wildlife relocation and on how the growing populations of wild species in urban areas are blurring the lines between domestic and wild animals. Our *Wild Calling* makes the case for protecting, promoting, and creating a sustainable and shared habitat for all creatures—not out of fear, but out of love. Includes a new interview with the author, discussion questions, and a resource guide.

Children & Nature Patagonia

An account of a cross-country adventure chasing butterflies: “Armchair travelers who love a good yarn will find Pyle's exuberance catching.” —Seattle Times Part road-trip tale, part travelogue of lost and found landscapes, all good-natured natural history, *Mariposa Road* tracks Bob Pyle's journey across the United States as he races against the calendar in his search for as many of the eight hundred American butterflies as he can find. Like Pyle's classic *Chasing Monarchs*, *Mariposa*

Road recounts his adventures, high and low, in tracking down butterflies in his own low-tech, individual way. Accompanied by Marsha, his cottonwood-limb butterfly net; Powdermilk, his 1982 Honda Civic with 345,000 miles on the odometer; and the small Leitz binoculars he has carried for more than thirty years, Bob ventured out in a series of remarkable trips from his Northwest home. From the California coastline in company with overwintering monarchs to the Far Northern tundra in pursuit of mysterious sulphurs and arctics; from the zebras and daggerwings of the Everglades to the leafwings, bluewings, and border rarities of the lower Rio Grande; from Graceland to ranchland and Kauai to Key West, these intimate encounters with the land, its people, and its fading fauna are wholly original. At turns whimsical, witty, informative, and inspirational, *Mariposa Road* is an extraordinary journey of discovery that leads the reader ever farther into butterfly country and deeper into the heart of the naturalist. “What Roger Tory Peterson was for birds, Bob Pyle is for butterflies . . . From the dusty heat of Texas and the tropical lushness of Hawaii to the legendary outhouse of the Midnight Sun in the Alaskan Arctic, Pyle is a traveling companion who never grows dull.” —Scott Weidensaul, author of *Of a Feather*

Out of the Woods Oxford University Press, USA

Presents a collection of essays combining anecdotal and theoretical insights into environmental ethics and human ecology to help foster environmentally responsible students.

Design Principles for Educators Algonquin Books

The beloved host of PBS Kids' *Dinosaur Train* presents an activity-complemented guide for caregivers and teachers on how to alleviate common childhood challenges by forging strong connections between children and nature. 25,000 first printing.

Aliveness, Feeling and the Metamorphosis of Science Beacon Press

“The genius of Hanson's fascinating, inspiring, and entertaining book stems from the fact that it is not about how all kinds of things grow from seeds; it is about the seeds themselves.” --Mark Kurlansky, *New York Times Book Review* We live in a world of seeds. From our morning toast to the cotton in our clothes, they are quite literally the stuff and staff of life: supporting diets, economies, and civilizations around the globe. Just as the search for nutmeg and pepper drove the Age of Discovery, coffee beans fueled the Enlightenment and cottonseed sparked the Industrial Revolution. Seeds are fundamental objects of beauty, evolutionary wonders, and simple fascinations. Yet, despite their importance, seeds are often seen as commonplace, their extraordinary natural and human histories overlooked. Thanks to this stunning new book, they can be overlooked no more. This is a book of knowledge, adventure, and wonder, spun by an award-winning writer with both the charm of a fireside story-teller and the hard-won expertise of a field biologist. A fascinating scientific adventure, it is essential reading for anyone who loves to see a plant grow.

Animal Tracking Basics Algonquin Books

Natural history museums are changing, both because of their own internal development and in response to changes in context. Historically, the aim of collecting from nature was to develop encyclopedic assemblages to satisfy human curiosity and build a basis for taxonomic information. Today, with global biodiversity in rapid decline, there are new reasons to build and maintain collections, while audiences are more diverse, numerous, and technically savvy. Institutions must learn to embrace new technology while retaining the authenticity of their stories and the value placed on their objects. *The Future of Natural History Museums* begins to develop a cohesive discourse that balances the disparate issues that our institutions will face over the next decades. It disassembles the topic into various key elements and, through commentary and synthesis, explores a cohesive picture of the trajectory of the natural history museum sector. This book contributes to the study of collections, teaching and learning, ethics, and running non-profit businesses and will be of interest to museum and heritage professionals and academics and senior students in Biological Sciences and Museum Studies.

Our Wild Calling Stenhouse Publishers

Citizen Science enlists members of the public to make and record useful observations, such as counting birds in their backyards, watching for the first budding leaf in spring, or measuring local snowfall. The large numbers of volunteers who participate in projects such as *Project FeederWatch* or *Project BudBurst* collect valuable research data, which, when pooled together, create an enormous body of scientific data on a vast geographic scale. In return, such projects aim to increase participants' connections to science, place, and nature, while supporting science literacy and environmental stewardship. In *Citizen Science*, experts from a variety of disciplines—including scientists and education specialists working at the Cornell Lab of Ornithology, where many large

citizen science programs use birds as proxies for biodiversity—share their experiences of creating and implementing successful citizen science projects, primarily those that use massive data sets gathered by citizen scientists to better understand the impact of environmental change. This first and foundational book for this developing field of inquiry addresses basic aspects of how to conduct citizen science projects, including goal-setting, program design, and evaluation, as well as the nuances of creating a robust digital infrastructure and recruiting a large participant base through communications and marketing. An overview of the types of research approaches and techniques demonstrates how to make use of large data sets arising from citizen science projects. A final section focuses on citizen science's impacts and its broad connections to understanding the

human dimensions and educational aspects of participation. Citizen Science teaches teams of program developers and researchers how to cross the bridge from success at public engagement to using citizen science data to understand patterns and trends or to test hypotheses about how ecological processes respond to change at large geographic scales. Intended as a resource for a broad audience of experts and practitioners in natural sciences, information science, and social sciences, this book can be used to better understand how to improve existing programs, develop new ones, and make better use of the data resources that have accumulated from citizen science efforts. Its focus on harnessing the impact of "crowdsourcing" for scientific and educational endeavors is applicable to a wide range of fields, especially those that touch on the importance of massive collaboration aimed at understanding and conserving what we can of the natural world.

Wild Curiosity Cornell University Press

Ruminations on the practical and existential challenges of living an environmentally aware life

[The Triumph of Seeds](#) Routledge

"Highly informative and remarkably entertaining." —Elle From forest trails in Korea, to islands in Finland, to eucalyptus groves in California, Florence Williams investigates the science behind nature's positive effects on the brain. Delving into brand-new research, she uncovers the powers of the natural world to improve health, promote reflection and innovation, and strengthen our relationships. As our modern lives shift dramatically indoors, these ideas—and the answers they yield—are more urgent than ever.

Best Sellers - Books :

- [Spare By Prince Harry The Duke Of Sussex](#)
- [The Courage To Be Free: Florida's Blueprint For America's Revival By Ron Desantis](#)
- [A Court Of Thorns And Roses Paperback Box Set \(5 Books\) By Sarah J. Maas](#)
- [The Silent Patient By Alex Michaelides](#)
- [A Court Of Thorns And Roses \(a Court Of Thorns And Roses, 1\)](#)
- [It's Not Summer Without You By Jenny Han](#)
- [Haunting Adeline \(cat And Mouse Duet\)](#)
- [Never Never: A Romantic Suspense Novel Of Love And Fate By Colleen Hoover](#)
- [The Light We Carry: Overcoming In Uncertain Times By Michelle Obama](#)
- [The Courage To Be Free: Florida's Blueprint For America's Revival](#)