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# First Person Plural My Life As A Multiple

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An Easy-to-Use Guide with Clear Rules, Real-World Examples, and Reproducible Quizzes

First Person Plural

A Calling for Charlie Barnes

A Novel

Checkout 19

A Novel

Why We Went Out

The Sum of My Parts

My Life with Multiple Personality Disorder

My Life as a Multiple

A Fractured Mind

First Person Singular

Call Us What We Carry

A Novel

A Novel

The Virgin Suicides

The Sunken Cathedral

A Survivor's Story of Dissociative Identity Disorder

We Run the Tides

Multiple Personality and the Philosophy of Mind

Got Parts?

I Know Why the Caged Bird Sings

Tastes Like War

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First Person Plural

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Stories

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Gay Bar

Then We Came to the End

My Life As a Multiple

Group

We the Animals

An Investigation of Compulsions

Time of Our Lives

The Heart of a Woman

A Memoir

## My Life on the Road

*First Person  
Plural My Life  
As A Multiple*

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### HESS PATEL

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*An Easy-to-Use Guide with  
Clear Rules, Real-World  
Examples, and  
Reproducible Quizzes*

Simon and Schuster

Life of Pi is a masterful and utterly original novel that is at once the story of a young castaway who faces immeasurable hardships on the high seas, and a meditation on religion, faith, art and life that is as witty as it is profound. Using the threads of all of our best stories, Yann Martel has woven a glorious spiritual adventure that makes us question what it means to be alive, and to believe.

#### **First Person Plural**

Hyperion

Here is a book as joyous and painful, as mysterious and memorable, as childhood itself. *I Know Why the Caged Bird Sings* captures the longing of lonely children, the brute insult of bigotry, and the wonder of words that can make the world right. Maya Angelou's debut memoir is a modern American classic beloved worldwide. Sent by their mother to live with their devout, self-sufficient

grandmother in a small Southern town, Maya and her brother, Bailey, endure the ache of abandonment and the prejudice of the local "powhitetrash." At eight years old and back at her mother's side in St. Louis, Maya is attacked by a man many times her age—and has to live with the consequences for a lifetime. Years later, in San Francisco, Maya learns that love for herself, the kindness of others, her own strong spirit, and the ideas of great authors ("I met and fell in love with William Shakespeare") will allow her to be free instead of imprisoned. Poetic and powerful, *I Know Why the Caged Bird Sings* will touch hearts and change minds for as long as people read. "I Know Why the Caged Bird Sings liberates the reader into life simply because Maya Angelou confronts her own life with such a moving wonder, such a luminous dignity."—James Baldwin From the Paperback edition. *A Calling for Charlie* Barnes Grove Press "Watching a talented writer take a risk is one of the pleasures of devoted reading, and On Such a

Full Sea provides all that and more. . . . With *On Such a Full Sea*, [Chang-rae Lee] has found a new way to explore his old preoccupation: the oft-told tale of the desperate, betraying, lonely human heart."—Andrew Sean Greer, The New York Times Book Review "I've never been a fan of grand hyperbolic declarations in book reviews, but faced with *On Such a Full Sea*, I have no choice but to ask: Who is a greater novelist than Chang-rae Lee today?"—Porochista Khakpour, The Los Angeles Times From the beloved award-winning author of *Native Speaker*, *The Surrendered*, and *My Year Abroad*, a highly provocative, deeply affecting story of one woman's legendary quest in a shocking, future America. *On Such a Full Sea* takes Chang-rae Lee's elegance of prose, his masterly storytelling, and his long-standing interests in identity, culture, work, and love, and lifts them to a new plane. Stepping from the realistic and historical territories of his previous work, Lee brings us into a world created from scratch. Against a vividly imagined future America,

Lee tells a stunning, surprising, and riveting story that will change the way readers think about the world they live in. In a future, long-declining America, society is strictly stratified by class. Long-abandoned urban neighborhoods have been repurposed as highwalled, self-contained labor colonies. And the members of the labor class—descendants of those brought over en masse many years earlier from environmentally ruined provincial China—find purpose and identity in their work to provide pristine produce and fish to the small, elite, satellite charter villages that ring the labor settlement. In this world lives Fan, a female fish-tank diver, who leaves her home in the B-Mor settlement (once known as Baltimore), when the man she loves mysteriously disappears. Fan's journey to find him takes her out of the safety of B-Mor, through the anarchic Open Counties, where crime is rampant with scant governmental oversight, and to a faraway charter village, in a quest that will soon become legend to those she left behind.

*A Novel*/ Simon and Schuster

1491: Leonardo looked upon his invention, understood its powers, and knew he must hide it from the men of his age. Thus, a profound treasure was lost for five centuries. Now the race to find it begins. Hurling across the Atlantic, a plane goes down -- taking with it a page from the journals of Leonardo da Vinci. In Georgetown, the home of museum curator Rollo Barnett burns to the ground. Only his young son, Reb, escapes alive. Are the tragedies connected? Are they merely accidents or acts of murder? Twenty years later, Hollywood stuntman Reb Barnett, an educated, art-loving, high-risk-addicted daredevil on the run from his nightmares, refuses to believe so. Until a phone call rips him from his world of cinematic illusion, and sends him to Italy on a desperate quest where danger and violence are chillingly real. Reb seeks da Vinci's Circles of Truth, a coded fifteenth-century map that reveals the hiding place of the Medici Dagger, a weapon made of an alloy so light and indestructible it is worth a fortune to today's arms manufacturers. To Reb, it is worth even more -- it is his only link to finding the

truth about his father's death, and to laying bare the dark demons of his own heart. But finding the Circles of Truth is only the first step. Breaking their complex code means matching wits with Leonardo himself. And staying alive means keeping one jump ahead of a shadowy adversary: the killer who haunts Reb's dreams. From the brilliant Tuscan landscape to the lush California coast, *The Medici Dagger* sweeps readers into an intriguing intellectual puzzle that delivers shattering suspense and fiery romance with the velocity of a 9mm bullet. Cameron West generates the roller-coaster thrills of the great classic adventure stories -- with the adrenaline rush of walking on a knife's edge between excitement and terror.

**Checkout 19** Simon and Schuster  
Originally published in hardcover in 2020 by Viking.

**A Novel** Rowman & Littlefield  
From E. Lockhart, author of the New York Times bestseller and Zoella Book Club 2016 title, *We Were Liars*, comes this hilarious and heart-warming series. Yes. Boyfriends, Plural. If My Life Weren't

Complicated, I Wouldn't Be Ruby Oliver From E. Lockhart, author of the best-seller *We Were Liars*, and the highly-acclaimed *The Disreputable History of Frankie Landau-Banks*, comes this hilarious and heart-warming series. Ruby Oliver is in love. Or it would be love, if Noel, her real live boyfriend, would call her back. Not only is her romantic life a shambles: \* her dad is eating nothing but Cheetos \* her mother's got a piglet head in the refrigerator \* Hutch has gone to Paris to play baguette air guitar \* Gideon shows up shirtless \* and the pygmy goat Robespierre is no help whatsoever Will Ruby ever control her panic attacks? Will she ever understand boys? Will she ever stop making lists? (No to that last one.) Ruby has lost most of her friends. She's lost her true love, more than once. She's lost her job, her reputation, and possibly her mind. But she's never lost her sense of humour. The Ruby Oliver books are the record of her survival. [Why We Went Out](#) Bonnier Publishing Fiction Ltd. Special edition slipcase edition of John Green's *Paper Towns*, with pop-up paper town. From the

bestselling author of *The Fault in our Stars*. Quentin Jacobsen has always loved Margo Roth Spiegelman, for Margo (and her adventures) are the stuff of legend at their high school. So when she one day climbs through his window and summons him on an all-night road trip of revenge he cannot help but follow. But the next day Margo doesn't come to school and a week later she is still missing. Q soon learns that there are clues in her disappearance . . . and they are for him. But as he gets deeper into the mystery - culminating in another awesome road trip across America - he becomes less sure of who and what he is looking for. Masterfully written by John Green, this is a thoughtful, insightful and hilarious coming-of-age story.

**The Sum of My Parts** Feminist Press at CUNY Hailed by The New York Times as "a compelling dystopian look at paranoia from one of the most unique and perceptive writers of our time," this brief, captivating novel offers a cautionary tale. The story unfolds within a society in which all traces of individualism have been eliminated from every aspect of life — use

of the word "I" is a capital offense. The hero, a rebel who discovers that man's greatest moral duty is the pursuit of his own happiness, embodies the values the author embraced in her personal philosophy of objectivism: reason, ethics, volition, and individualism. Anthem anticipates the themes Ayn Rand explored in her later masterpieces, *The Fountainhead* and *Atlas Shrugged*. Publisher's Weekly acclaimed it as "a diamond in the rough, often dwarfed by the superstar company it keeps with the author's more popular work, but every bit as gripping, daring, and powerful." Anthem is a dystopian fiction novella by Ayn Rand, written in 1937 and first published in 1938 in England. It takes place at some unspecified future date when mankind has entered another dark age characterized by irrationality, collectivism, and socialistic thinking and economics. Technological advancement is now carefully planned (when it is allowed to occur at all) and the concept of individuality has been eliminated. *My Life with Multiple Personality Disorder*

Simon and Schuster  
 A REESE'S BOOK CLUB  
 PICK \* NEW YORK TIMES  
 BESTSELLER The  
 refreshingly original and  
 "startlingly hopeful" (Lisa  
 Taddeo) debut memoir of  
 an over-achieving young  
 lawyer who reluctantly  
 agrees to group therapy  
 and gets psychologically  
 and emotionally naked in  
 a room of six complete  
 strangers—and finds  
 human connection, and  
 herself. Christie Tate had  
 just been named the top  
 student in her law school  
 class and finally had her  
 eating disorder under  
 control. Why then was she  
 driving through Chicago  
 fantasizing about her own  
 death? Why was she  
 envisioning putting an  
 end to the isolation and  
 sadness that still plagued  
 her despite her  
 achievements? Enter Dr.  
 Rosen, a therapist who  
 calmly assures her that if  
 she joins one of his  
 psychotherapy groups, he  
 can transform her life. All  
 she has to do is show up  
 and be honest. About  
 everything—her eating  
 habits, childhood, sexual  
 history, etc. Christie is  
 skeptical, insisting that  
 that she is defective,  
 beyond cure. But Dr.  
 Rosen issues a nine-word  
 prescription that will  
 change everything: "You  
 don't need a cure. You

need a witness." So  
 begins her entry into the  
 strange, terrifying, and  
 ultimately life-changing  
 world of group therapy.  
 Christie is initially put off  
 by Dr. Rosen's outlandish  
 directives, but as her  
 defenses break down and  
 she comes to trust Dr.  
 Rosen and to depend on  
 the sessions and the  
 prescribed nightly phone  
 calls with various group  
 members, she begins to  
 understand what it means  
 to connect. "Often  
 hilarious, and ultimately  
 very touching" (People),  
 Group is "a wild ride" (The  
 Boston Globe), and with  
 Christie as our guide, we  
 are given a front row seat  
 to the daring,  
 exhilarating, painful, and  
 hilarious journey that is  
 group therapy—an under-  
 explored process that  
 breaks you down, and  
 then reassembles you so  
 that all the pieces finally  
 fit.

My Life as a Multiple

Penguin

First Person Plural  
 My Life as a Multiple  
 Hyperion  
*A Fractured Mind* Vintage  
 In the tradition of "Sybil"  
 and "When Rabbit Howls",  
 a gripping account of one  
 man's heroic efforts to  
 cope with Dissociative  
 Identity Disorder. Line  
 drawings.

*First Person Singular*  
 Vintage Canada

In 1989, Robert B. Oxnam,  
 the successful China  
 scholar and president of  
 the Asia Society, faced up  
 to what he thought was  
 his biggest personal  
 challenge: alcoholism. But  
 this dependency masked  
 a problem far more  
 serious: Multiple  
 Personality Disorder. At  
 the peak of his  
 professional career, after  
 having led the Asia  
 Society for nearly a  
 decade, Oxnam was  
 haunted by periodic  
 blackouts and episodic  
 rages. After his family and  
 friends intervened,  
 Oxnam received help  
 from a psychiatrist, Dr.  
 Jeffrey Smith, and entered  
 a rehab center. It wasn't  
 until 1990 during a  
 session with Dr. Smith  
 that the first of Oxnam's  
 eleven alternate  
 personalities--an angry  
 young boy named  
 Tommy--suddenly  
 emerged. With Dr. Smith's  
 help, Oxnam began the  
 exhausting and  
 fascinating process of  
 uncovering his many  
 personalities and the  
 childhood trauma that  
 caused his condition. This  
 is the powerful and  
 moving story of one  
 person's struggle with this  
 terrifying illness. The book  
 includes an epilogue by  
 Dr. Smith in which he  
 describes Robert's case,

the treatment, and the nature of multiple personality disorder. Robert's courage in facing his situation and overcoming his painful past makes for a dramatic and inspiring book.

**Call Us What We Carry**

Little, Brown

This insider's guide is filled with successful strategies, coping techniques, and helpful ways to increase the day-to-day functioning of adult survivors of Dissociative Identity Disorder in relationships, work, parenting, self-confidence, and self-care.

*A Novel* Random House

"A New York Times Notable Book" about a modern American family and one man's attempt to come to understand the many lives of his father, from National Book Award Finalist Joshua Ferris. Someone is telling the story of the life of Charlie Barnes, and it doesn't appear to be going well. Too often divorced, discontent with life's compromises and in a house he hates, this lifelong schemer and eternal romantic would like out of his present circumstances and into the American dream. But when the twin calamities of the Great Recession and a cancer scare come

along to compound his troubles, his dreams dwindle further, and an infinite past full of forking paths quickly tapers to a black dot. Then, against all odds, something goes right for a change: Charlie is granted a second act. With help from his storyteller son, he surveys the facts of his life and finds his true calling where he least expects it—in a sacrifice that redounds with selflessness and love—at last becoming the man his son always knew he could be. *A Calling for Charlie Barnes* is a profound and tender portrait of a man whose desperate need to be loved is his downfall, and a brutally funny account of how that love is ultimately earned.

**A Novel** Penguin

An achingly beautiful story of female friendship, betrayal, and a mysterious disappearance set in the changing landscape of San Francisco Teenage Eulabee and her magnetic best friend, Maria Fabiola, own the streets of Sea Cliff, their foggy oceanside San Francisco neighborhood. They know Sea Cliff's homes and beaches, its hidden corners and eccentric characters—as well as the upscale all-girls' school

they attend. One day, walking to school with friends, they witness a horrible act—or do they? Eulabee and Maria Fabiola vehemently disagree on what happened, and their rupture is followed by Maria Fabiola's sudden disappearance—a potential kidnapping that shakes the quiet community and threatens to expose unspoken truths. Suspenseful and poignant, *We Run the Tides* is Vendela Vida's masterful portrait of an inimitable place on the brink of radical transformation. Pre-tech boom San Francisco finds its mirror in the changing lives of the teenage girls at the center of this story of innocence lost, the pain of too much freedom, and the struggle to find one's authentic self. Told with a gimlet eye and great warmth, *We Run the Tides* is both a gripping mystery and a tribute to the wonders of youth, in all its beauty and confusion. [The Virgin Suicides](#) Loving Healing Press  
Their average age was twenty-five. They came from Berkeley, Cambridge, Paris, London and Chicago – and arrived in New Mexico ready for adventure or at least resigned to it. But hope quickly turned to hardship

in the desolate military town where everything was a secret, including what their husbands were doing at the lab. They lived in barely finished houses with a P.O. Box for an address, in a town wreathed with barbed wire, all for the benefit of 'the project' that didn't exist as far as the greater world was concerned. They were constrained by the words they couldn't say out loud, the letters they couldn't send home, the freedom they didn't have. Though they were strangers, they joined together – babies were born, friendships were forged, children grew up. But then 'the project' was unleashed and even bigger challenges faced the women of Los Alamos, as they struggled with the burden of their contribution towards the creation of the most destructive force in mankind's history – the atomic bomb.

Contentious, gripping and intimate, *The Wives of Los Alamos* is a personal tale of one of the most momentous events in our history.

*The Sunken Cathedral*  
Penguin

Finalist for the 2021 National Book Award for Nonfiction Winner of the 2022 Asian/Pacific

American Award in Literature A TIME and NPR Best Book of the Year in 2021 This evocative memoir of food and family history is "somehow both mouthwatering and heartbreaking... [and] a potent personal history" (Shelf Awareness). Grace M. Cho grew up as the daughter of a white American merchant marine and the Korean bar hostess he met abroad. They were one of few immigrants in a xenophobic small town during the Cold War, where identity was politicized by everyday details—language, cultural references, memories, and food. When Grace was fifteen, her dynamic mother experienced the onset of schizophrenia, a condition that would continue and evolve for the rest of her life. Part food memoir, part sociological investigation, *Tastes Like War* is a hybrid text about a daughter's search through intimate and global history for the roots of her mother's schizophrenia. In her mother's final years, Grace learned to cook dishes from her parent's childhood in order to invite the past into the present, and to hold space for her mother's

multiple voices at the table. And through careful listening over these shared meals, Grace discovered not only the things that broke the brilliant, complicated woman who raised her—but also the things that kept her alive. "An exquisite commemoration and a potent reclamation." —Booklist (starred review) "A wrenching, powerful account of the long-term effects of the immigrant experience." —Kirkus Reviews

*A Survivor's Story of Dissociative Identity Disorder* Random House

A victim of childhood sexual abuse, now a trained psychologist, chronicles his terrifying experience with multiple personalities later in life, detailing his road to recovery. Reprint.

[We Run the Tides](#)

Kensington Books

NATIONAL BEST SELLER •

A mind-bending new collection of short stories from the internationally acclaimed, best-selling author. • "Some novelists hold a mirror up to the world and some, like Haruki Murakami, use the mirror as a portal to a universe hidden beyond it." —The Wall Street Journal The eight stories in this new book are all

told in the first person by a classic Murakami narrator. From memories of youth, meditations on music, and an ardent love of baseball, to dreamlike scenarios and invented jazz albums, together these stories challenge the boundaries between our minds and the exterior world.

Occasionally, a narrator may or may not be Murakami himself. Is it memoir or fiction? The reader decides.

Philosophical and mysterious, the stories in First Person Singular all touch beautifully on love and solitude, childhood and memory. . . all with a signature Murakami twist.

**Multiple Personality and the Philosophy of Mind** Seven Stories Press  
Named a Most Anticipated Book of the Year by Time, Entertainment Weekly, Vogue, Good Housekeeping, Oprah Daily, Glamour, USA TODAY, Parade, Bustle, San Francisco Chronicle, The Seattle Times, The Boston Globe, Tampa Bay Times, BuzzFeed, Vulture, and many more! From one of the most celebrated writers of our time, a literary figure with cult status, a “sibling novel” to her Pulitzer Prize- and ?NBCC Award-winning *A Visit from the*

*Goon Squad*—an electrifying, deeply moving novel about the quest for authenticity and meaning in a world where memories and identities are no longer private. The *Candy House* opens with the staggeringly brilliant Bix Bouton, whose company, Mandala, is so successful that he is “one of those tech demi-gods with whom we’re all on a first name basis.” Bix is 40, with four kids, restless, desperate for a new idea, when he stumbles into a conversation group, mostly Columbia professors, one of whom is experimenting with downloading or “externalizing” memory. It’s 2010. Within a decade, Bix’s new technology, “Own Your Unconscious”—that allows you access to every memory you’ve ever had, and to share every memory in exchange for access to the memories of others—has seduced multitudes. But not everyone. In spellbinding interlocking narratives, Egan spins out the consequences of *Own Your Unconscious* through the lives of multiple characters whose paths intersect over several decades. Intellectually dazzling, *The Candy*

*House* is also extraordinarily moving, a testament to the tenacity and transcendence of human longing for real connection, love, family, privacy and redemption. In the world of Egan’s spectacular imagination, there are “counters” who track and exploit desires and there are “eluders,” those who understand the price of taking a bite of the *Candy House*. Egan introduces these characters in an astonishing array of narrative styles—from omniscient to first person plural to a duet of voices, an epistolary chapter and a chapter of tweets. If *Goon Squad* was organized like a concept album, *The Candy House* incorporates Electronic Dance Music’s more disjunctive approach. The parts are titled: Build, Break, Drop. With an emphasis on gaming, portals, and alternate worlds, its structure also suggests the experience of moving among dimensions in a role-playing game. *The Candy House* is a bold, brilliant imagining of a world that is moments away. Egan takes to stunning new heights her “deeply intuitive forays into the darker aspects of our technology-driven, image-



saturated culture”  
(Vogue). The Candy

House delivers an  
absolutely extraordinary  
combination of fierce,

exhilarating intelligence  
and heart.

Best Sellers - Books :

- [The Wager: A Tale Of Shipwreck, Mutiny And Murder](#)
- [House Of Flame And Shadow \(crescent City, 3\) By Sarah J. Maas](#)
- [Spare By Prince Harry The Duke Of Sussex](#)
- [Kindergarten, Here I Come! By D.j. Steinberg](#)
- [Adult Children Of Emotionally Immature Parents: How To Heal From Distant, Rejecting, Or Self-involved Parents](#)
- [Hello Beautiful \(oprah's Book Club\): A Novel](#)
- [A Court Of Frost And Starlight \(a Court Of Thorns And Roses, 4\) By Sarah J. Maas](#)
- [To Kill A Mockingbird By Harper Lee](#)
- [Things We Hide From The Light \(knockemout Series, 2\) By Lucy Score](#)
- [Saved: A War Reporter's Mission To Make It Home](#)