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to the nearest 0.50 inch. Repeat three times, then average to the. nearest 0.50 inch. CHECK ALL THAT APPLYBODY FAT CONTENT WORKSHEET (Male)A fillable DA 705 Form is also known as the Army Physical Fitness Test Scorecard. The US Army relies on this form to record a soldier's physical fitness test results. In addition to recording the results of each test, it also documents the height, weight, and body fat percentage of the soldier. The test includes a two-mile run, push-ups, and ...Fillable DA Form 705 | Free PDF & Word Samples | FormSwiftDA Form 705 Army Physical Fitness Test Scorecard. Tweet. Email to a Friend. ... All materials contained on this site are protected by United States copyright law and may not be reproduced, distributed, transmitted, displayed, published, broadcast, or in any way exploited without the prior written permission of Mentor Enterprises, Inc. or in the ...DA Form 705 Army Physical Fitness Test Scorecardapplication/vnd.xfdl;content-encoding="base64-gzip" H4slIAAAAAAAC+y9ebOiyNY++r+fgltv3Lf7hKeKGaFPdZ1AQMUBUXG89xcVyCTKJOAY98NfcNij socS7b2LjnO6t2QCSebzrLUy18qV3 ...www.armyprt.comsoutherncaliforniaarmyrotc.comsoutherncaliforniaarmyrotc.comFlygt membranes / filters. Da form 705 june 1999 downloads application/vnd.xfdl;content-encoding="base64-gzip" H4slIAAAAAAAC+y9ebOiyNY++r+fgltv3Lf7hKeKGaFPdZ1AQMUBUXG89xcVyCTKJOAY98NfcNij socS7b2LjnO6t2QCSebzrLUy18qV3 ...

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BODY FAT CONTENT WORKSHEET (Male)

A fillable DA 705 Form is also known as the Army Physical Fitness Test Scorecard. The US Army relies on this form to record a soldier's physical fitness test results. In addition to recording the results of each test, it also documents the height, weight, and body fat percentage of the soldier. The test includes a two-mile run, push-ups, and ...

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This form - often incorrectly referred to as the DD Form 705 - was revised by the Department of Defense (DoD) in May 2010. The latest version can be digitally filed or downloaded by clicking the link below or can be obtained through the United States Army Publishing Directorate website.

Appendix A Army Physical Fitness Test (APFT) - Marist College

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