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Handbook of Clinical Health Psychology

Key Concepts in Health Psychology

Health Psychology

Mental Capital and Wellbeing

Qualitative Health Psychology

Critical Issues in Clinical and Health Psychology

Handbook of Research Methods in Health Psychology  
Social Psychology in Action  
Health Psychology in Practice  
The Health Psychology Reader  
Principles and Concepts of Behavioral Medicine  
Complex Systems in Sport  
Handbook of Adolescent Health Psychology  
Handbook of Physiological Research Methods in Health Psychology  
Forty Studies that Changed Psychology  
Health Psychology  
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## **SHANNON HICKS**

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**Health Psychology** John Wiley & Sons  
"This book extends the ongoing discussion on critical approaches within clinical and health psychology. In particular, it emphasises the need to consider the importance of social and cultural factors in understanding health, illness and disability. With detailed

examination of a wide range of empirical studies it demonstrates the vibrancy of contemporary critical psychological research." - Michael Murray, Keele University "Provides an original overview of areas within health and clinical psychology that are frequently overlooked in other textbooks. It is distinctive in three major ways: first, it takes an explicitly critical approach, and therefore locates our current psychological understandings of issues within health and clinical psychology

within their broader social and cultural contexts. Second, it considers both physical and mental health simultaneously, which is a major strength. Third, it is unique in its scope and focus. In achieving these distinctive features, this text competently draws on up-to-date research and literature across a range of disciplines and fields in an accessible and engaging manner... I personally think it should be a must-read for all those studying and working within the health psychology field!" - Antonia Lyons, Massey University This textbook gives a clear and thought-provoking introduction to the critical issues related to health, illness and disability in clinical and health psychology. Challenging some of the preconceptions of ill-health of the biomedical approach, the book

explores how health and illness is often shaped by factors such as culture, poverty, gender and sexuality, and examines how these influences impact on the experience and treatment of physical and mental illness as well as disability. Students are introduced to literature from disciplines other than psychology to provide multiple perspectives on these complex issues. *Critical Issues in Clinical and Health Psychology* is a key textbook for undergraduate and postgraduate students taking courses in health or clinical psychology, as well as for students from other disciplines related to health and mental health care. *Health Psychology* Hasanraza Ansari This book brings together the latest research on positive psychology from an

international cast of researchers and particularly from the growing body of European researchers. The chapters describe research and practice from diverse fields of positive psychology, covering topics such as happiness and well-being, motivation and goals, personality, academic performance and coping, measurement and interventions. The book emphasizes a cultural approach to the human pursuit of well-being. It is unique in that it presents research from a range of cultures, such as Russia, Croatia, and Egypt, in addition to ten different Western cultures. This approach helps broaden our understanding of those aspects of human experience that make life worth living in diverse cultural conditions. The book includes well-known and new

authors from the field and contains selected papers that were presented at the 4th European Conference of Positive Psychology held in 2008 in Croatia. International Handbook of Teaching and Learning in Health Promotion Taylor & Francis

In this comprehensive handbook, Ragin and Keenan present an all-encompassing analysis of the variety of different methods used in health psychology research. Featuring interdisciplinary collaborations from leading academics, this meticulously written volume is a guide to conducting cutting-edge research using tested and vetted best practices. It explains important research techniques, why they are selected and how they are conducted. The book critically examines both cutting-edge

methods, such as those used in NextGen genetics, nudge theory, and the brain's vulnerability to addiction, as well as the classic methods, including cortisol measurement, survey, and environmental study. The topics of the book span the gamut of health psychology field, from neuroimaging and statistical analysis to socioeconomic issues such as the policies used to address diseases in Africa, anti-vaxers, and the disproportionate impact of climate change on impoverished people. With each section featuring examples of best research practices, recommendations for study samples, accurate use of instrumentation, analytical techniques, and advanced-level data analysis, this book will be an essential text for both emerging student

researchers and experts in the field and an indispensable resource in health psychology programs.

*Introduction to Psychology* John Wiley & Sons

Health psychology is a rapidly expanding discipline at the interface of psychology and clinical medicine. This new edition is fully reworked and revised, offering an entirely up-to-date, comprehensive, accessible, one-stop resource for clinical psychologists, mental health professionals and specialists in health-related matters. There are two new editors: Susan Ayers from the University of Sussex and Kenneth Wallston from Vanderbilt University Medical Center. The prestigious editorial team and their international, interdisciplinary cast of authors have reconceptualised their

much-acclaimed handbook. The book is now in two parts: part I covers psychological aspects of health and illness, assessments, interventions and healthcare practice. Part II covers medical matters listed in alphabetical order. Among the many new topics added are: diet and health, ethnicity and health, clinical interviewing, mood assessment, communicating risk, medical interviewing, diagnostic procedures, MMR, HRT, sleep disorders, and skin disorders.

#### Psychology for Health Professionals Worth

This book constitutes a valuable resource for postgraduate students and researchers. Most.... of the chapters succeed in providing a clear and comprehensive introduction to the

various approaches and/or methods, thus enabling the reader to make an informed decision about whether or not they wish to pursue the topic further. The book as a whole is also very well referenced and this makes it a source of essential information for students and researchers with an interest in qualitative health psychology' - Health Psychology Update This book explains the role of qualitative research within health psychology. Theories and methods from a qualitative perspective are highly varied but, in general, differ from the po

#### International Handbook of Psychology Learning and Teaching SAGE

The Handbook of Clinical Health Psychology provides a comprehensive overview of the practice of clinical health

psychology. It is primarily a well-referenced but practical resource, which provides an authoritative, up-to-date guide to empirically validated psychological interventions in health care. Each contributor provides a conceptual synthesis of the area, and how key models are related to formulation, service delivery and research. The book also considers contextual issues and the importance of topics such as ageism and power, which may have an impact on how health psychology is delivered by practitioners, and experienced by recipients of services. It also seeks to provide a summary of evidence concerning crucial aspects in the delivery of care, such as adherence, rehabilitation and stress. The biopsychosocial model is the major

theoretical model underpinning all contributions, but use is also made of other models. \* Informative and practical: a guide to action \* An authoritative, critical and evidence based synthesis of knowledge that will guide best practice \* Easy-to-use format intended for practitioners who want to ensure their practice is state-of-the-art  
Climate Change and Human Well-Being  
 John Wiley & Sons

While current textbooks in health psychology offer the reader some conceptual reasoning about different aspects of the discipline, there is no one source which provides an accessible, navigable and cross-referenced analysis of the major models and ideas in health psychology. Key Concepts in Health Psychology provides a 'one stop'



analysis of key issues, theories, models and methods in contemporary health psychology. It enables the reader to engage with a full range of approaches and methods in the field, and importantly to be able to appreciate the relationships between these.

*Health Psychology* Pearson Higher Ed  
The Third Edition of this landmark best-selling textbook has been thoroughly updated and revised to make it even more essential for course teaching. Retaining the celebrated approach of the previous editions, this new textbook incorporates research from a fuller range of perspectives to provide students with a critical understanding of the full variety of viewpoints. Key features of the third edition: - Extensive pedagogical features, including chapter outlines and

summaries of key ideas, and guidelines for further research. Boxed case studies, tables and figures and cutting edge research are integrated throughout to aid students understanding if this fascinating field. - Brand new chapter on Literacy and Communication. - New accompanying companion website with a full suite of lecturer materials and online readings for students.

Risk, Communication and Health Psychology Springer Science & Business Media

What do we know about health in other countries? How can we use explanations from health psychology to understand health issues around the world? In *Health Psychology in Global Perspective*, author Frances E. Aboud uses health psychology to examine the health issues

facing developing countries and compares them with issues faced by people in developed countries. She uses a psychosocial perspective rather than the typical biomedical and anthropological perspectives usually applied to health issues in developing countries and integrates diverse literature from a variety of disciplines, including, epidemiology, psychology, education, anthropology, and nursing. Accessible to a broad audience, this volume brings mainstream health psychology concepts to bear on the problems of international health and cross-cultural issues to bear on concepts and theories in mainstream health psychology. It also incorporates a number of pedagogical features—case vignettes, problem solving/debate

exercises, case studies—which make it an ideal supplemental text for courses in health psychology. Students will appreciate the extended case studies, while instructors will value the multidisciplinary perspective. A thought-provoking examination of the state of knowledge about health in developing countries, *Health Psychology in Global Perspective* is a valuable resource for academics and professionals in health psychology, psychology, cross-cultural psychology, clinical psychology, social psychology, anthropology, and public health.

**Handbook of Clinical Health Psychology** SAGE

What psychological and environmental forces have an impact on health? How does behavior contribute to wellness or

illness? This comprehensive volume answers these questions and others with a state-of-the-art overview of theory, research, and practice at the interface of psychology and health. Leading experts from multiple disciplines explore how health and health behaviors are shaped by a wide range of psychological processes and social-environmental factors. The book describes exemplary applications in the prevention and clinical management of today's most pressing health risks and diseases, including coronary heart disease, depression, diabetes, cancer, chronic pain, obesity, sleep disturbances, and smoking. Featuring succinct, accessible chapters on critical concepts and contemporary issues, the Handbook integrates psychological perspectives

with cutting-edge work in preventive medicine, epidemiology, public health, genetics, nursing, and the social sciences.

Key Concepts in Health Psychology  
Macmillan

ALERT: Before you purchase, check with your instructor or review your course syllabus to ensure that you select the correct ISBN. Several versions of Pearson's MyLab & Mastering products exist for each title, including customized versions for individual schools, and registrations are not transferable. In addition, you may need a CourseID, provided by your instructor, to register for and use Pearson's MyLab & Mastering products. Packages Access codes for Pearson's MyLab & Mastering products may not be included when purchasing or

renting from companies other than Pearson; check with the seller before completing your purchase. Used or rental books If you rent or purchase a used book with an access code, the access code may have been redeemed previously and you may have to purchase a new access code. Access codes Access codes that are purchased from sellers other than Pearson carry a higher risk of being either the wrong ISBN or a previously redeemed code. Check with the seller prior to purchase. -  
 - A truly interdisciplinary approach to the study of health Health Psychology: An Interdisciplinary Approach uses the social ecological perspective to explore the impact of five systems on individual health outcomes: individual, culture/family, social/physical

environment, health systems and health policy. In order to provide readers with an understanding of how health affects the individual on a mental and emotional level, the author has taken an interdisciplinary approach, considering the roles of anthropology, biology, economics, environmental studies, medicine, public health, and sociology. MySearchLab is a part of the Ragin program. Research and writing tools, including access to academic journals, help students explore health psychology in even greater depth. To provide students with flexibility, students can download the eText to a tablet using the free Pearson eText app. This title is available in a variety of formats - digital and print. Pearson offers its titles on the devices students love through Pearson's

MyLab products, CourseSmart, Amazon, and more. 0133775674 / 9780133775679 Health Psychology Plus NEW MySearchLab with Pearson eText -- Access Card Package Package consists of: 0205239927 / 9780205239924 MySearchLab with Pearson eText -- Valuepack Access Card 0205962955 / 9780205962952 Health Psychology: an Interdisciplinary Approach to Health **Health Psychology** McGraw-Hill Education

This book is designed to help students organize their thinking about psychology at a conceptual level. The focus on behaviour and empiricism has produced a text that is better organized, has fewer chapters, and is somewhat shorter than many of the leading books. The beginning of each section includes

learning objectives; throughout the body of each section are key terms in bold followed by their definitions in italics; key takeaways, and exercises and critical thinking activities end each section.

### **Mental Capital and Wellbeing**

Springer Science & Business Media

This major new reference presents The Foresight MentalCapital and Wellbeing Project (a UK Government project in theGovernment Office for Science). It offers a comprehensiveexploration of how mental capital and wellbeing operate over thelifespan; how experiences in the family, in school, at work andfollowing retirement augment or reduce mental capital andwellbeing, and the impact that this has for the individual and forthe welfare and

economic progress of the nation. Mental Capital and Wellbeing comprises a series of scientific reviews written by leading international scientists and social scientists in the field. The reviews undertake systematic analyses of the evidence base surrounding five key themes, on which they propose future policies will have to be based. An internationally renowned team of Editors introduce each theme and draw together conclusions in terms of both policy and practice. Section 1 (Mental Capital and Wellbeing Through Life) – Mental capital refers to the totality of an individual's cognitive and emotional resources, including their cognitive capability, flexibility and efficiency of learning, emotional intelligence and resilience in the face of stress. The extent

of an individual's resources reflects his or her basic endowment (e.g. genes and early biological programming), motivation and experiences (e.g. education) which take place throughout the life course. This section presents the very latest on the science of mental capital throughout life. Section 2 (Learning Through Life) provides a coherent overview of a fast-moving and complex field of policy and practice. Educational attainment has a considerable impact on physical and mental wellbeing, both directly and indirectly, by enabling people better to achieve their goals. The ability to continue learning throughout the lifespan is critical to a successful and rewarding life in contemporary societies. Section 3 (Mental Health and Ill-Health)

draws together the most recent evidence about positive mental health as well as a range of mental disorders to consider their importance to the population and economy in terms of prevalence and disability and the wider burden on society. Section 4 (Wellbeing and Work) – It is estimated that 13 million working days are lost through stress each year, costing the economy over £3.7 billion per annum. This theme explores those drivers that influence the nature and structure of work and the impact this has on employee wellbeing. Section 5 (Learning Difficulties) – This theme provides a cutting-edge picture of how recent insights from genetics, cognitive and neuroscience improve our understanding of learning difficulties such as dyslexia, dyscalculia

and attention-deficit-hyperactivity disorder. Reviews focus on how current research can contribute to early diagnosis and improved intervention.

### **Qualitative Health Psychology**

Springer

Is depression simply the result of chemical imbalances, or Schizophrenia a wholly biological disorder? What role do the broader circumstances of an individual's social, cultural and heuristic world play in the wider scheme of their psychological wellbeing? In this groundbreaking and highly innovative text, Cromby et al deliver an introduction to the biopsychosocial paradigm for understanding and treating psychological distress, taking into consideration the wider contexts that engender the onset of mental illness and

critiquing the limitations in the sole use of the biomedical model in psychological practice. Rather than biologically determined or clinically measurable, readers are encouraged to consider mental illness as a subjective experience that is expressed according to the individual experiences of the sufferer rather than the rigidity of diagnostic categories. Similarly, approaches to recovery expand beyond psychiatric medication to consider the fundamental function of methods such as psychotherapy, community psychology and service-user movements in the recovery process. Offering a holistic account of the experience of psychological distress, this text draws upon not only statistical evidence but places an integral emphasis on the

service-user experience; anecdotal accounts of which feature throughout in order to provide readers with the perspective of the mental health sufferer. Taking an integrative approach to the psychology of mental health, the authors draw from a wealth of experience, examples and approaches to present this student-friendly and engaging text. This is core reading for anyone serious about understanding mental health issues and is suitable for undergraduate students taking introductory courses in psychology and abnormal psychology.

**Critical Issues in Clinical and Health Psychology** Routledge

Adolescence is a pivotal period of development with respect to health and illness. It is during adolescence that



many positive health behaviors are consolidated and important health risk behaviors are first evident; thus, adolescence is a logical time period for primary prevention. In addition, the predominant causes of morbidity and mortality in adolescence are quite different from those of adults, indicating that early identification and treatment of adolescent health problems must be directed to a unique set of targets in this age group. Moreover, because of the particular developmental issues that characterize adolescence, intervention efforts designed for adults are often inappropriate or ineffective in an adolescent population. Even when chronic illnesses are congenital or begin in childhood, the manner in which the transition from childhood to adolescence

to young adulthood is negotiated has important implications for disease outcomes throughout the remainder of the person's life span. Organized in five major sections (General Issues, Developmental Issues, Treatment and Training, Mental Health, and Physical Health) and 44 chapters, Handbook of Adolescent Health Psychology addresses the common and not so common health issues that tend to affect adolescents. Coverage includes: ■ Context and perspectives in adolescent health psychology ■ Health literacy, health maintenance, and disease prevention in adolescence ■ Physical disorders such as asthma, obesity, physical injury, and chronic pain ■ Psychological disorders such as substance abuse, attention deficit hyperactivity disorder,

depression, and eating disorders ■  
 Congenital chronic diseases such as type 1 diabetes and spina bifida Handbook of Adolescent Health Psychology is the definitive reference for pediatricians, family physicians, health psychologists, clinical social workers, rehabilitation specialists, and all practitioners and researchers working with adolescents. Handbook of Research Methods in Health Psychology SAGE  
 Bringing together an international group of experts from across all health-related disciplines, Comprehensive Handbook of Clinical Health Psychology bridges the gap between health psychology and medicine to provide you with the up-to-date and relevant information and strategies you need to address both the physical and mental health care needs of

your clients. Written in an accessible, reader-friendly manner, this reference covers the conditions and trends that have become most prevalent in the field of health psychology today.

*Social Psychology in Action* Springer  
 Nature

The Health Psychology Reader is designed to complement and support the recent textbook Health Psychology: Theory, Research and Practice by David F. Marks, Michael Murray, Brian Evans and Carla Willig (SAGE, 2000). It can also be used as a stand-alone resource given its didactic nature. The Reader explores key topics within the health psychology field with incisive introductions to each section by the Editor and includes a selection of the most important theoretical and empirical published

work.

### **Health Psychology in Practice**

McGraw-Hill Education (UK)

Health Psychology provides an accessible and empirically-based approach to understanding health psychology. It goes beyond other mainstream textbooks by introducing students to global and cross-cultural health issues, covering cutting-edge scientific and medical topics in ways that students can understand. The author integrates core theory, research, and practice in an engaging and practical way. The book also integrates the biopsychosocial perspective, building on traditional content and topics in order to aid student understanding, interest, and learning. It incorporates engaging applications, case studies, frequent

examples, clear and thorough explanations, and a student-friendly tone. The second edition also provides an emphasis on developmental influences on health.

### The Health Psychology Reader Wiley

This timely and applied textbook brings together leading scientists to illustrate how key theories and concepts in social psychology help to predict and explain behavior, and can be successfully applied to benefit social and practical problems. It focuses on robust theories and models known for their successful applications and covers a diverse range of settings—spanning classroom interventions, health behavior, financial decision making, climate change and much more. Each chapter comprises of a theoretical section to define the key

concepts and summarize the theory, providing evidence for its reliability and limitations from basic research, as well as an application section that summarizes research in an applied context and provides details about a particular study including the respective application setting. The textbook expertly shows how theory can make meaningful predictions for real world contexts, and isn't afraid to explain the potential hurdles and pitfalls when applying a theory and its underlying set of concepts in a certain context. Crucially, this format moves towards theory testing in applied contexts, enabling a closer examination of why and under what circumstances interventions may be successful in obtaining a desired behavioral or

psychological end-state. Among the topics explored: Mindset theory of action phases and if-then planning Quality of motivation in self-determination theory The focus theory of normative conduct Social identity theory and intergroup contact theory Intergroup forgiveness Social Psychology in Action is a critical resource for advanced undergraduate and graduate students in social and cultural psychology, as well as students of behavioral economics seeking to develop a deeper understanding of major theories and applications of the fields. Practitioners working in the areas of organizational behavior and management, health communication, social work, and educational science and pedagogy will also find the volume pertinent to their work.

**Principles and Concepts of Behavioral Medicine** John Wiley & Sons

Complex systems in nature are those with many interacting parts, all capable of influencing global system outcomes. There is a growing body of research that has modeled sport performance from a complexity sciences perspective, studying the behavior of individual athletes and sports teams as emergent phenomena which self-organise under interacting constraints. This book is the first to bring together experts studying complex systems in the context of sport from across the world to collate core

theoretical ideas, current methodologies and existing data into one comprehensive resource. It offers new methods of analysis for investigating representative complex sport movements and actions at an individual and team level, exploring the application of methodologies from the complexity sciences in the context of sports performance and the organization of sport practice. Complex Systems in Sport is important reading for any advanced student or researcher working in sport and exercise science, sports coaching, kinesiology or human movement.

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