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# My Olympic Dream

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Proud

Game of Sails

Sevens Heaven

My Olympic Dream

High Hurdles Series Boxed Set

G is for Gold Medal

Riding Free

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Landing on My Feet

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God, If You Are Real... .  
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*My Olympic Dream*

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## JESUS LIVIA

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**Proud** Simon and Schuster

The image of Samia Yusuf Omar running for last place at the 2008 Beijing Olympics will forever be imprinted in the minds of all who saw it: The lean Somalian, wearing knee-length leggings and a baggy T-shirt, came in seconds behind her competitors. What the cheering crowd couldn't know then was what it took to get there. An Olympic Dream follows Omar's second

attempt to represent her country at the Olympics, this time in London. Reinhard Kleist pictures the athlete training in one of the most dangerous cities in the world; her passage through Sudan and into Libya; and her fateful attempt to reach Europe. By telling the story of one remarkable woman, Kleist gives voice to the thousands of migrants who risk their lives daily for a better future.

**Game of Sails** Ringworks Press

Named a best beach/summer read by O, The Oprah Magazine, Cosmopolitan, Parade, PopSugar, Marie Claire, Bustle,

and more! From the author of the Love at First Like and Playing with Matches, an electrifying rom-com set in the high stakes world of competitive gymnastics, full of Hannah Orenstein's signature "charm, whimsy, and giddy romantic tension" (BuzzFeed). The past seven years have been hard on Avery Abrams: After training her entire life to make the Olympic gymnastics team, a disastrous performance ended her athletic career for good. Her best friend and teammate, Jasmine, went on to become an Olympic champion, then committed the ultimate

betrayal by marrying their emotionally abusive coach, Dimitri. Now, reeling from a breakup with her football star boyfriend, Avery returns to her Massachusetts hometown, where new coach Ryan asks her to help him train a promising young gymnast with Olympic aspirations. Despite her misgivings and worries about the memories it will evoke, Avery agrees. Back in the gym, she's surprised to find sparks flying with Ryan. But when a shocking scandal in the gymnastics world breaks, it has shattering effects not only for the sport but also for Avery and her old friend Jasmine. Perfect for fans of Emily Giffin and Jasmine Guillory, *Head Over Heels* proves that no one "writes about modern relationships with more humor or insight than Hannah Orenstein" (Dana Schwartz, author of *Choose Your Own Disaster*). *Sevens Heaven* Simon and Schuster

The inspiring and critically acclaimed all-American story of faith, family, hard work, and perseverance by Olympic fencer, activist, New York Times bestselling author, and Time "100 Most Influential People" honoree Ibtihaj Muhammad At the 2016 Olympic Games, Ibtihaj Muhammad smashed barriers as the first American to

compete wearing hijab, and she made history as the first Muslim American woman to win a medal. But before she was an Olympian, activist, and entrepreneur, Ibtihaj was a young outsider trying to find her place. Growing up in suburban New Jersey, Ibtihaj was often the only African American Muslim student in her class. When she discovered and fell in love with fencing, a sport most popular with affluent young white people, she stood out even more. Rivals and teammates often pointed out Ibtihaj's differences, telling her she would never succeed. Yet she powered on, rising above bigotry and other obstacles on the path to pursue her dream. Ibtihaj's inspiring journey from humble beginnings to the international stage is told in her own words and enhanced with helpful advice and never-before-published photographs. Proud is an all-American tale of faith, family, hard work, and self-reliance.

### **My Olympic Dream** CreateSpace

When Katie Taylor was chosen to bear the Irish flag at the opening ceremony of the London Olympics, the pressure was on for her to deliver gold for Ireland when she stepped into the boxing ring. It was the

first time that the Olympics had included women's boxing as one of its events, and she knew she had to deliver - especially as she had campaigned for this chance. She had won four World Amateur Championship titles since 2006, but this was the biggest tournament of her career. Taylor reveals how she trained and prepared for the Olympics, and explains what got her into boxing in the first place. A committed Christian, she trusted in her faith to see her through the toughest challenges. With the whole nation willing her on, and her home town of Bray having ground to a halt, on 9 August she fulfilled her Olympic dream, winning gold in a close-fought contest. And Ireland celebrated with her. Taylor relives these glorious moments, and looks back on the triumph that changed her life forever. It is a special story from a truly remarkable woman.

### *High Hurdles Series Boxed Set* Radius Book Group

Learn how to take your work to the next level with this informative guide on the craft, business, and lifestyle of writing. With warmth and humor, Paulette Perhach welcomes you into the writer's life as

someone who has once been on the outside looking in. Like a freshman orientation for writers, this book includes an in-depth exploration of all the elements of being a writer—from your writing practice to your reading practice, from your writing craft to the all-important and often-overlooked business of writing. In *Welcome to the Writer's Life*, you will learn how to tap into the powers of crowdsourcing and social media to grow your writing career. Perhach also unpacks the latest research on success, gamification, and lifestyle design, demonstrating how you can use these findings to further improve your writing projects. Complete with exercises, tools, checklists, infographics, and behind-the-scenes tips from working writers of all types, this book offers everything you need to jump-start a successful writing life.

G is for Gold Medal Andrews McMeel Publishing

The Olympic runner, actress, filmmaker and writer Alexi Pappas shares what she's learned about confidence, self-reliance, mental health, embracing pain, and achieving your dreams. NAMED ONE OF

THE BEST BOOKS OF THE YEAR BY REAL SIMPLE • "Heartbreaking and hilarious."—Mindy Kaling • "A beautiful read."—Ruth Reichl • "Essential guidance to anyone dreaming big dreams."—Shalane Flanagan • "I couldn't put it down."—Adam Grant  
run like a bravey sleep like a baby dream like a crazy replace can't with maybe  
When "Renaissance runner" (New York Times) Alexi Pappas—Olympic athlete, actress, filmmaker, and writer—was four years old, her mother died by suicide, drastically altering the course of Pappas's life and setting her on a search for female role models. When her father signed his bereaved daughter up for sports teams as a way to keep her busy, female athletes became the first women Pappas looked up to, and her Olympic dream was born. At the same time, Pappas had big creative dreams, too: She wanted to make movies, write, and act. Despite setbacks and hardships, Pappas refused to pick just one lane. She put in a tremendous amount of hard work and wouldn't let anything stand in her way until she achieved all of her dreams, however unrelated they may seem to outsiders. In a single year, 2016,

she made her Olympic debut as a distance runner and wrote, directed, and starred in her first feature film. But great highs are often accompanied by deep lows; with joy comes sorrow. In *Bravey*, Pappas fearlessly and honestly shares her battle with post-Olympic depression and describes how she emerged on the other side as a thriving and self-actualized woman. Unflinching, exuberant, and always entertaining, *Bravey* showcases Pappas's signature, charming voice as she reflects upon the touchstone moments in her life and the lessons that have powered her career as both an athlete and an artist—foremost among them, how to be brave. Pappas's experiences reveal how we can all overcome hardship, befriend pain, celebrate victory, relish the loyalty found in teammates, and claim joy. In short: how every one of us can become a bravey.

Riding Free Harper Collins

This boxed set contains volumes 1-4 of the series, *High Hurdles*. Readers who love horses will cheer DJ on as she strives to overcome the obstacles of life in and out of the show-ring in her thrilling quest for Olympic gold.

*The Price of Gold* Morgan James Publishing  
 In a span of 81 days in 1978, Henry Rono broke four world records, committing the most ferocious assault on the track-and-field record books by a middle-distance runner in the history of the sport. This is what Henry Rono is known for. However, it is not who Henry Rono is. Henry Rono was born a poor Nandi in Kenya's Rift Valley. After an accident when he was two, doctors believed he would never again walk. This would be the first of countless obstacles Rono would have to overcome in order to pursue his two life goals: to first become the greatest runner in the world and then to become the best teacher he could be. Rono's first goal was accomplished in 1978, when he was considered not only the greatest track-and-field athlete in the world, but also by many to be the world's greatest athlete period. His second and greater goal, to become a teacher, was more difficult in coming. Once Rono became a star, coaches, agents, meet directors, and corrupt Kenyan athletic officials (whose boycotts of the 1976 and 1980 Olympics turned Rono's dreams of Olympic gold into Olympic smoke rings), wanted him to

serve as their personal moneymaker, and so they did everything they could to discourage Rono's pursuit of an education and dream of teaching. The corruption and discouragement Rono encountered, as well as his alienation and exile from his homeland and family, pushed him to 20 years of alcoholism and even occasional homelessness. This is the life story of Henry Rono, whose descent from triumph to abyss, and whose subsequent ascent from abyss to triumph, are perhaps steeper than those of any track-and field athlete in history.

**Olympic Dreams** Simon and Schuster  
 From the moment I am born, I am like no-one else around me. I am a fish out of water. Even in the pool. Leisel Jones is rightly regarded as one of the greatest breaststrokers ever. At just fifteen, she won two silver medals at the Sydney Olympic Games in 2000; she went on to win gold at Athens and Beijing, and at London 2012 became the first Australian swimmer to compete at four Olympics. For the first time, Leisel candidly describes what it's like to be thrust into the limelight so young. She reveals the constant pressure she was under - from coaches,

from the media and from herself - to be perfect. Despite the highs of her swimming stardom, she suffered depression, and at one time planned to take her own life. In London, criticised in the media for her weight, and appalled by the bullying and dysfunction in the Australian swim team, Leisel nevertheless handled herself with great composure. She has emerged with maturity and good humour, having finally learnt how to be herself and live with confidence. *Body Lengths* is the inspiring story of an Australian sporting hero, told with humour, optimism and style. Longlisted, 2016 Australian Book Industry Awards 'There were times when it wasn't easy for Leisel, but she came through as one of the greatest swimmers of all time.' —Ray Warren 'Swimming, success and sadness - all wrapped up in the bio of one of our greatest athletes.' —Cosmopolitan 'Gripping, confronting and important, *Body Lengths* is a masterfully told story that will leave you with a disturbing new look at elite sport and at life. If you are not afraid of dark places - of seeing the flaws that exist in us all - you won't be able to put the book down.' —Crossing the Line 'Gold,

silver and blues’ —Herald Sun ‘Many autobiographies claim to be no holds barred, but we’re pressed to think of many that are as searingly honest as Leisel Jones’ account of her struggles with isolation and suicidal anguish. One of Australia’s greatest Olympic swimmers is known to the world for her sunny public persona and athletic grit, but outside of the pool and limelight, her path hasn’t been easy. *Body Lengths* exposes some of the darker aspects of competitive sport, but what stuck with us was Jones’ courage to speak her truth – as well as her disarming humility and passion.’ —iBooks, Best Books of October ‘A compelling and thought-provoking story, Leisel’s honesty is remarkably heroic and poignant.’ —Layne Beachley AO ‘Lethal Leisel was an incredible role model and an inspiration for my generation. She epitomises the Olympic dream!’ —Sally Fitzgibbons ‘Leisel gives a fascinating and candid account of her time as an elite swimmer and what it was like to be thrust into the limelight at such a young age She writes engagingly of the personal high and low points, the relationships and friendships, and the huge demands of maintaining her fitness

and training over the years.’ —The City Leisel Jones retired from swimming in 2012 as the winner of three Olympic gold medals, and many Commonwealth and world championship medals. She was a commentator at the 2014 Commonwealth Games, and in 2015 was inducted into the Sports Hall of Fame. Felicity McLean is the author of several books. She has written for the Daily Telegraph, the Courier Mail, the Big Issue and more.  
*Running for My Life* Legacy Lit  
 SHORTLISTED FOR THE WILLIAM HILL  
 SPORTS BOOK OF THE YEAR 2018 The uplifting, feel-good autobiography of Ben Ryan, the coach of the Olympic gold-medal winning Fijian rugby team It is late summer 2013. Ben Ryan, a red-haired, 40-something, spectacle-wearing Englishman, is given 20 minutes to decide whether he wants to coach Fiji's rugby sevens team, with the aim of taking them to the nation's first-ever Olympic medal. He has never been to Fiji. There has been no discussion of contracts or salary. But he knows that no one plays rugby like the men from these isolated Pacific islands, just as no one plays football like the kids from the Brazilian favelas, or no one runs as fast as

the boys and girls from Jamaica's boondocks. He knows too that no other rugby nation has so little - no money and no resources, only basic equipment and a long, sad history of losing its most gifted players to richer, greedier nations. Ryan says yes. And with that simple word he sets in motion an extraordinary journey that will encompass witchdoctors and rugby-obsessed prime ministers, sun-smearing dawns and devastating cyclones, intense friendships and bitter rows, phone taps and wild nationwide parties. It will end in Rio with a performance that not only wins Olympic gold but reaches fresh heights for rugby union and makes Ben and his 12 players living legends back home.

#### Chalked Up Capstone

The true story of the 1986 U.S. National Gymnastics champion whose lifelong dream was to compete in the Olympics, until anorexia, injuries, and coaching abuses nearly destroyed her Fanciful dreams of gold medals and Nadia Comaneci led Jennifer Sey to become a gymnast at the age of six. She was a natural at the sport, and her early success propelled her family to sacrifice everything

to help her become, by age eleven, one of America's elite, competing at prestigious events worldwide alongside such future gymnastics' luminaries as Mary Lou Retton. But as she set her sights higher and higher—the senior national team, the World Championships, the 1988 Olympics—Sey began to change, putting her needs, her health, and her well-being aside in the name of winning. And the adults in her life refused to notice her downward spiral. In *Chalked Up Sey* reveals the tarnish behind her gold medals. A powerful portrait of intensity and drive, eating disorders and stage parents, abusive coaches and manipulative businessmen, denial and the seduction of success, it is the story of a young girl whose dreams would become eclipsed by the adults around her. As she recounts her experiences, Sey sheds light on the destructiveness of our winning-is-everything culture where underage and underweight girls are celebrated and on the need for balance in children's lives. Max and Marla Dial Press Trade Paperback

Gold in the Water is a nonfiction sports narrative that chronicles the journey of a group of America's finest swimmers and

coaches as they vied to compete in the 2000 Olympic Games. In California, a team of talented young men begin pursuing the most elusive dream in sports, the Olympic Games. The pressure steadily increases as two best friends (a mentor and his protégé) reach the top of the world rankings and unexpectedly find themselves direct competitors. Their teammates include an emerging star methodically plotting to retrace his father's path to Olympic glory, as well as a super-extraordinary athlete desperate to walk away from it all. Led by one of the most passionate coaches in sports, a brilliant and explosive strategist on a personal quest for redemption, this team of dark horses and Olympic favorites works through escalating rivalries, joyous triumphs, and heartbreaking setbacks. Author P. H. Mullen chronicles their journey to the 2000 Olympic Games and presents one of the most powerful and moving sports books ever written. Boldly sweeping in literary power and pace, this startling book will permanently change how you view the Olympic athlete. It is a fascinating world of suspense and emotion where human desire for excellence rules

over all, and where there are no second chances for glory. But above all, Gold in the Water is a triumph of the human spirit.

#### **Dream Team** Harper Collins

"Lis Hartel became paralyzed after contracting polio in 1944. Her dreams of riding horses and competing in the sport of dressage were shattered. After months in the hospital, doctors told her she'd never ride again. Lis tried anyway. How do you stay on a horse without using your legs? How do you give the subtle cues needed in dressage with limited mobility? With hard work--and an unlikely horse named Jubilee. After years of training together and creating a new way of communicating, Lis and Jubilee danced into the competition ring, and eventually all the way to the Olympics. Lis Hartel was the first woman with a disability ever to win an Olympic medal, and the first woman to stand equally beside men on the Olympic winners' podium in any sport."--

*Welcome to the Writer's Life* Vintage Team Press

Thirteen-year-old DJ needs God's help in achieving her dream of getting a horse and competing as a show jumper in the

Olympics.

Jubilee Tyndale House Publishers, Inc.

What can you learn from over 80 Olympic athletes about Goal Setting, Planning, Attitude, Success and Fighting for your dream? Learn the secrets of success from top achievers from around the world.

Foreword by Scott Hamilton.

**The Idealist: The Story of Baron**

**Pierre de Coubertin** Simon and Schuster  
The modern day youth sports environment has taken the enjoyment out of athletics for our children. Currently, 70% of kids drop out of organized sports by the age of 13, which has given rise to a generation of overweight, unhealthy young adults. There is a solution. John O'Sullivan shares the secrets of the coaches and parents who have not only raised elite athletes, but have done so by creating an environment that promotes positive core values and teaches life lessons instead of focusing on wins and losses, scholarships, and professional aspirations. Changing the Game gives adults a new paradigm and a game plan for raising happy, high performing children, and provides a national call to action to return youth sports to our kids.

**But Now I See** Routledge

Winner of the 2012 National Book Critics Circle Award, *Autobiography Swimming Studies* is a brilliantly original, meditative memoir that explores the worlds of competitive and recreational swimming. From her training for the Olympic trials as a teenager to enjoying pools and beaches around the world as an adult, Leanne Shapton offers a fascinating glimpse into the private, often solitary, realm of swimming. Her spare and elegant writing reveals an intimate narrative of suburban adolescence, spent underwater in a discipline that continues to inspire Shapton's work as an artist and author. Her illustrations throughout the book offer an intuitive perspective on the landscapes and imagery of the sport. Shapton's emphasis is on the smaller moments of athletic pursuit rather than its triumphs. For the accomplished athlete, aspiring amateur, or habitual practicer, this remarkable work of written and visual sketches propels the reader through a beautifully personal and universally appealing exercise in reflection.

**Gold in the Water** Ballantine Books  
NEW YORK TIMES BESTSELLER Acclaimed

sports journalist Jack McCallum delivers the untold story of the greatest team ever assembled: the 1992 U.S. Olympic Men's Basketball Team. As a writer for *Sports Illustrated*, McCallum enjoyed a courtside seat for the most exciting basketball spectacle on earth, covering the Dream Team from its inception to the gold medal ceremony in Barcelona. Drawing on fresh interviews with the players, McCallum provides the definitive account of the Dream Team phenomenon. He offers a behind-the-scenes look at the controversial selection process. He takes us inside the team's Olympic suites for late-night card games and bull sessions where superstars like Michael Jordan, Magic Johnson, and Larry Bird debated the finer points of basketball. And he narrates a riveting account of the legendary intrasquad scrimmage that pitted the Dream Teamers against one another in what may have been the greatest pickup game in history. In the twenty years since the Dream Team first captivated the world, its mystique has only grown. Dream Team vividly re-creates the moment when a once-in-a-millennium group of athletes came together and changed the future of



sports—one perfectly executed fast break at a time. With a new Afterword by the author. “The absolute definitive work on the subject, a perfectly wonderful once-you-pick-it-up-you-won’t-be-able-to-put-it-down book.”—The Boston Globe “An Olympic hoops dream.”—Newsday “What makes this volume a must-read for nostalgic hoopsters are the robust portraits of the outsize personalities of the participants, all of whom were remarkably open with McCallum, both then and now.”—Booklist (starred review)

*My Olympic Dream* Rodale Books

"Momentum: Chasing the Olympic Dream" is a memoir that people are calling the best-ever look into ski culture. Pete Vordenberg is already a favorite writer in the XC ski magazine scene. Here he pulls out all the stops and opens skiing to all of life in a way we haven't seen before. Vordenberg is a two-time Olympian, NCAA

Champ, and a current US Team Coach on a team which has, not coincidentally, become the winningest team we've seen in decades. "Momentum" is about spirit and camaraderie. If you're tired of sports ego-mania and doping scandals, the big little world of American XC ski racing offers a breath of cold, fresh air. "Momentum" is a non-linear voyage traveling the world, crossing from childhood to the edge of adulthood. It shares the quixotic humor, excitement, and poignancy inherent in the pursuit of something as unlikely as an American gold medal in XC. Americans in XC ski racing have to make their stand with little support, and great, continuous effort, for a long time -- about 15 years before they can expect best results. How to endure for that long? Vordenberg shows us that you can't make it without your family, friends and coaches. In "Momentum" we see friendships like we know sports can show us, but we also feel

what it's like to be hanging in the wind oceans away from home and help. Why dedicate your life to such slim chances for victory and even less for livelihood? Vordenberg says: "This is not a retelling of the little engine that could. Rather, it is about why the little engine even tried." Bob Woodward, veteran ski journalist, says "The marvel of Vordenberg's book is that it appeals to the non-skier as well as to ski racers past and present. Healthy doses of self-revelation, touches of \*On The Road\*, and remarkable insights make this a unique book. It's supposedly about skiing-- but it's more about life and seizing it."

[Dream Big](#) Atria Books

Examines the determination and drive throughout her life which led Strug to secure the gold medal for the U.S. women's gymnastics team at the 1996 Olympics in Atlanta despite performing her final vault with a badly injured ankle.

Best Sellers - Books :

- [The Seven Husbands Of Evelyn Hugo: A Novel](#)
- [Saved: A War Reporter's Mission To Make It Home](#)
- [We'll Always Have Summer \(the Summer I Turned Pretty\) By Jenny Han](#)
- [Remarkably Bright Creatures: A Read With Jenna Pick](#)

- [The Covenant Of Water \(oprah's Book Club\) By Abraham Verghese](#)
- [Iron Flame \(the Empyrean, 2\) By Rebecca Yarros](#)
- [The Inmate: A Gripping Psychological Thriller](#)
- [A Court Of Thorns And Roses \(a Court Of Thorns And Roses, 1\) By Sarah J. Maas](#)
- [8 Rules Of Love: How To Find It, Keep It, And Let It Go By Jay Shetty](#)
- [Fourth Wing \(the Empyrean, 1\)](#)