
Confessions Of A Sociopath Life Spent Hiding In Plain Sight Me Thomas

A Novel

Divided Consciousness and the Promise of Awareness

A Guide to Eco-Anxiety

The Psychopath Inside

The Psychopath Whisperer

A Memoir of Marriage and Betrayal

Why Antisocials, Narcissists and Psychopaths Break the Rules of Life

Sociopath

How to Use Your Inner Psychopath to Get the Most Out of Life

The Disturbing World of the Psychopaths Among Us

A Life Spent Hiding in Plain Sight

The Lost Boy

Your Guide to Understanding the Anti-Social Personality Disorder of Sociopaths

A Journey Through the Madness Industry

Confessions of a Sociopath

Tips for the Dark Art of Manipulation

The Science of Those Without Conscience

Learn the Dark Secrets of Hypnosis, Manipulation, Deception, Persuasion,

Brainwashing and Human Psychology

Inside the Mind of a Sociopath

Recovery from the Sociopath

The Moral Molecule

An absolutely gripping and darkly compelling novel

Snakes in Suits

A Foster Child's Search for the Love of a Family

Outsmarting the Sociopath Next Door

Taking Your Life Back when Someone You Care about Has Borderline Personality Disorder

A Beautiful, Terrible Thing

Criminal Behavior, Drug Addiction, Alcoholism: One Man's Story of Breaking Free

Confessions of a Sociopath

Women Who Love Psychopaths

Haldol and Hyacinths

Almost a Psychopath

How Trust Works

Banned Mind Control Techniques Unleashed

Jane Doe

Recognizing and Dealing with Antisocial and Manipulative People

The Sociopath's Guide to Getting Ahead
The Sociopath at the Breakfast Table
The Sociopath Laid Bare: Sociopathy, Antisocial Personality Disorder, Aspd
The Good Psychopath's Guide to Success

*Confessions Of A
Sociopath Life Spent
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Me Thomas*

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FREEMAN HUFFMAN

A Novel Harmony

M. E. Thomas is a high-functioning non-criminal sociopath. She is charismatic, ambitious and successful. You would be charmed by her if you met her, might even be seduced by her. You would not realise that she is studying you to find your flaws, that she is ruthlessly manipulative, has no empathy and does not feel guilt or remorse. But she does like people - she likes to touch them, mould them and ruin them. She could be your friend or your boss. She could be you . . . Now she writes with breathtaking honesty about her life. She also draws on the latest research to explain why at least one in twenty-five of us are sociopaths - and shows why that's not a bad thing. By turns fascinating, shocking and funny, *Confessions of a Sociopath* is a gripping insight into the mind of a self-confessed predator.

Divided Consciousness and the Promise of Awareness St. Martin's Essentials

Most people are both repelled and intrigued by the images of cold-blooded, conscienceless murderers that increasingly populate our movies, television programs, and newspaper headlines. With their flagrant criminal violation of society's rules, serial killers like Ted Bundy and John Wayne Gacy are among the most dramatic examples of the psychopath. Individuals with this personality disorder are fully aware of

the consequences of their actions and know the difference between right and wrong, yet they are terrifyingly self-centered, remorseless, and unable to care about the feelings of others. Perhaps most frightening, they often seem completely normal to unsuspecting targets--and they do not always ply their trade by killing. Presenting a compelling portrait of these dangerous men and women based on 25 years of distinguished scientific research, Dr. Robert D. Hare vividly describes a world of con artists, hustlers, rapists, and other predators who charm, lie, and manipulate their way through life. Are psychopaths mad, or simply bad? How can they be recognized? And how can we protect ourselves? This book provides solid information and surprising insights for anyone seeking to understand this devastating condition.

[A Guide to Eco-Anxiety](#) CreateSpace

600 words Sociopathy affects an alarming 1-4% of the population. Sociopaths are generally characterized as people without a conscience and the inability to understand others' feelings. Sociopathic abuse can be extremely harmful - emotionally, mentally, and physically - and can have a lasting effect on your life. Sociopaths can be found in every facet of your life: personal relationships, work, school, family, etc. You've probably been in a relationship or interacted with more than one sociopath in your lifetime but did not know until it was too late. "The Sociopath At the Breakfast Table" is a groundbreaking work in the field of abusive relationships. It presents a brand new theory about

sociopathic interaction, the "Sociopath-Empath-Apath Triad" or SEAT. SEAT shows how empathic people who recognize a sociopath for who they really are become the object of abuse with the help of a third party, the apath. The apath sides with the sociopath leaving the empath alone and defenseless. The empath then is shamed and often criticized for their actions leaving the sociopath unscathed and free to continue their wanton destruction. With this new found understanding of how sociopaths are able worm their way into people's lives, readers can use the tips and techniques found in this book to protect themselves from potential harm. More importantly, the authors show how empathy can be used as an antidote to sociopathic abuse - thus, victims are able to seize back power and ultimately regain control over their lives. Authors Dr. Jane McGregor and Tim McGregor present "The Sociopath At the Breakfast Table" providing readers with a complete guide of how to spot, avoid, and remove sociopaths from their lives. With a full profile of common sociopathic traits - such as a victimization, learned helplessness, shallowness, aggression, lack of remorse, etc. - readers will be able to easily identify the dangerous people in their lives. There is also an Empathy Quotient quiz included which helps measure a person's level of empathy. It shows readers where they are on the empathy spectrum and how likely they are to be the target of a sociopath. Armed with these helpful tools, readers can feel secure knowing they are protecting themselves and their loved ones from manipulative and abusive people. This book is geared to help those currently in a relationship with a sociopath and to forewarn others, who want to avoid sociopaths, with the

knowledge of how to reduce their chances of becoming a sociopath's next target. The entire range of an abusive relationship is covered: the beginning stages of manipulation, dealing with the anger and guilt following the end of the relationship, and how to regain control and move on. Along the way, the authors provide readers with easy, manageable, step-by-step techniques and instructions. Readers can identify with the real life testimonials of other victims of sociopathic abuse and see how they dealt with the sociopaths in their lives. The book does not distinguish the sociopath or victims as female or male so everyone will be able to use this book to spot the sociopaths in their lives. 300 Words Sociopathy affects an alarming 1-4% of the population. Sociopaths are generally characterized as people without a conscience and the inability to understand others' feelings. Sociopathic abuse can be extremely harmful - emotionally, mentally, and physically - and can have a lasting effect on your life. Sociopaths can be found in every facet of your life: personal relationships, work, school, family, etc. You've probably been in a relationship or interacted with more than one sociopath in your lifetime but did not know until it was too late. "The Sociopath At the Breakfast Table" is a groundbreaking work in the field of abusive relationships. It presents a brand new theory about sociopathic interaction, the "Sociopath-Empath-Apath Triad" or SEAT. Authors Dr. Jane McGregor and Tim McGregor present "The Sociopath At the Breakfast Table" providing readers with a complete guide of how to spot, avoid, and remove sociopaths from their lives. With a full profile of common sociopathic traits - such as a victimization, learned helplessness, shallowness, aggression,

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100 Words Authors Dr. Jane McGregor and Tim McGregor present "The Sociopath At the Breakfast Table" providing readers with a complete guide of how to spot, avoid, and remove sociopaths from their lives. With a full profile of common sociopathic traits - such as a victimization, learned helplessness, shallowness, aggression, lack of remorse, etc. - readers will be able to easily identify the dangerous people in their lives. This books equips readers with the ultimate toolkit against sociopaths with an Empathy Quotient quiz that helps measure a person's level of empathy, short stories demonstrating different sociopathic interactions, personal testimonials, and step-by-step instructions on dealing with sociopaths.

The Psychopath Inside Crown
Torture doctors invent and oversee techniques to inflict pain and suffering without leaving scars. Their knowledge of the body and its breaking points and their credible authority over death certificates and medical records make

them powerful and elusive perpetrators of the crime of torture. In *The Torture Doctors*, Steven H. Miles fearlessly explores who these physicians are, what they do, how they escape justice, and what can be done to hold them accountable. At least one hundred countries employ torture doctors, including both dictatorships and democracies. While torture doctors mostly act with impunity—protected by governments, medical associations, and licensing boards—Miles shows that a movement has begun to hold these doctors accountable and to return them to their proper role as promoters of health and human rights. Miles's groundbreaking portrayal exposes the thinking and psychology of these doctors, and his investigation points to how the international human rights community and the medical community can come together to end these atrocities.

The Psychopath Whisperer Penguin
From Dr. Martha Stout's influential work *The Sociopath Next Door*, we learned how to identify a sociopath. Now she tells us what we actually can do about it. "Mandatory reading on how to effectively deal with sociopaths before you get hurt."—Joe Navarro, former FBI special agent and the author of *Dangerous Personalities* While the best way to deal with a sociopath is to avoid him or her entirely, sometimes circumstance doesn't allow for that. What happens when the time comes to defend yourself against your own child, a ruthless ex-spouse, a boss, or another person in power? Using the many emails and letters she has received over the years, Dr. Martha Stout uncovers the psychology behind the sociopath's methods and provides concrete guidelines to help navigate these

dangerous interactions. Organized around categories such as destructive narcissism, violent sociopaths, sociopathic coworkers, sociopathy in business and government, and the sociopath in your family, *Outsmarting the Sociopath Next Door* contains detailed explanation and commentary on how best to react to keep the sociopath at bay. Uniting these categories is a discussion of changing psychological theories of personality and sociopathy and the enduring triumph of conscience over those who operate without empathy or concern for others. By understanding the person you're dealing with, you'll be able to gain the upper hand and escape the sociopath's influence. Whether you're fighting a custody battle against a sociopathic ex or being gaslighted by a boss or coworker, you'll find hope and help within these pages. With this guide to disarming the conscienceless, Dr. Stout provides an incisive new examination of human behavior and conceptions of normality and gives readers the tools needed to protect themselves.

A Memoir of Marriage and Betrayal
Penguin

From the author of *Whole Again* comes a significantly expanded edition of *Psychopath Free*—containing new chapters, updated content, and real survivor experiences—that will help you recover from emotionally abusive relationships with narcissists, sociopaths, and other toxic people. Have you ever been in a relationship with a psychopath? Chances are, even if you did, you would never know it. Psychopaths are cunning charmers and master manipulators, to the point where you start to accept the most extreme behaviors as normal...Even if it hurts you. All around us, every single day,

human beings devoid of empathy are wreaking havoc and destroying lives in the coldest, most heartless ways imaginable. In constant pursuit of money, sex, influence, or simple entertainment, psychopaths will do whatever it takes to gain power over others. They hide behind a veil of normalcy, arranging their friends and partners like pawns in a game of chess. Using false praise and flattery to get what they want, they can lure any unsuspecting target into a relationship. Once hooked, their charming promises spin into mind games and psychological torture. Victims are left devastated and confused, unable to recognize—or even put into words—the nightmare that just took place. Written from the heart, *Psychopath Free* is the first guide for survivors written by a survivor, offering hope for healing and thriving after psychopathic abuse. Say goodbye to the chaos, self-doubt, and victimization. You are free.

Why Antisocials, Narcissists and Psychopaths Break the Rules of Life

Georgetown University Press

~ PERSONALITY DISORDERS & MENTAL ILLNESSES ~ ****Limited Edition**** From the ~Unleash the Power of the Mind~ collection and the award winning writer, Clarence T. Rivers, comes a masterful explanation of the mind and the various personality disorders and mental illnesses. "An excellent look into minds of those with all types of personality disorders...powerful stuff!" - Elliot Moore, Book Critique Topics of Discussion - Personality Disorders and Mental Illnesses - Psychopathy Defined - Crime and Psychopaths - Psychopaths vs. Sociopaths - Sociopath Defined - The Goal of a Sociopath - The Weaknesses of a Sociopath - Dealing with a Sociopath - Narcissism Defined - The Narcissist in

You - The Narcissists of Today - How to Deal with a Narcissist - and much more! Grab Your Copy Today! The contents of this book are easily worth over \$30 but if you purchase this book today you will get it for just \$11.99! ----- Tags: Personality Disorders, Mental Illness, Psychopath, Sociopath, ASPD, Narcissist, Narcissism

Sociopath Simon and Schuster

Do you know someone who is just a bit too manipulative and full of himself? Does someone you know charm the masses yet lack the ability to deeply connect with those around her? You might have an Almost Psychopath in your life. Do you know someone who is too manipulative and full of himself? Does someone you know charm the masses yet lack the ability to deeply connect with those around her? Grandiosity and exaggerated self-worth. Pathological lying. Manipulation. Lack of remorse. Shallowness. Exploitation for financial gain. These are the qualities of Almost Psychopaths. They are not the deranged criminals or serial killers that might be coined "psychopaths" in the movies or on TV. They are spouses, coworkers, bosses, neighbors, and people in the news who exhibit many of the same behaviors as a full-blown psychopath, but with less intensity and consistency. In *Almost a Psychopath*, Ronald Schouten, MD, JD, and James Silver, JD, draw on scientific research and their own experiences to help you identify if you are an Almost Psychopath and, if so, guide you to interventions and resources to change your behavior. If you think you have encountered an Almost Psychopath, they offer practical tools to help you: recognize the behavior, attitudes, and characteristics of the Almost Psychopath; make sense of interactions

you've had with Almost Psychopaths; devise strategies for dealing with them in the present; make informed decisions about your next steps; and learn ways to help an Almost Psychopath get better control of their behavior. The Almost Effect™ Series presents books written by Harvard Medical School faculty and other experts that offer guidance on common behavioral and physical problems falling in the spectrum between normal health and a full-blown medical condition. These are the first publications to help general readers recognize and address these problems.

How to Use Your Inner Psychopath to Get the Most Out of Life Lake Union Publishing

Why does a gifted psychiatrist suddenly begin to torment his own beloved wife? How can a ninety-pound woman carry a massive air conditioner to the second floor of her home, install it in a window unassisted, and then not remember how it got there? Why would a brilliant feminist law student ask her fiancé to treat her like a helpless little girl? How can an ordinary, violence-fearing businessman once have been a gun-packing vigilante prowling the crime districts for a fight? A startling new study in human consciousness, *The Myth of Sanity* is a landmark book about forgotten trauma, dissociated mental states, and multiple personality in everyday life. In its groundbreaking analysis of childhood trauma and dissociation and their far-reaching implications in adult life, it reveals that moderate dissociation is a normal mental reaction to pain and that even the most extreme dissociative reaction—multiple personality—is more common than we think. Through astonishing stories of people whose lives have been

shattered by trauma and then remade, *The Myth of Sanity* shows us how to recognize these altered mental states in friends and family, even in ourselves.

The Disturbing World of the Psychopaths Among Us Pan Macmillan

John Wayne Cheever keeps his obsession with serial killers in check by a set of rigid rules that he lives by, hoping to prevent himself from committing murder, but when a body turns up at a laundromat, must confront a danger outside himself.

A Life Spent Hiding in Plain Sight

Random House

Soon to be an original series on Hulu! “A twisted modern love story” (Parade), *Tell Me Lies* is a sexy, thrilling novel about that one person who still haunts you—the other one. The wrong one. The one you couldn’t let go of. The one you’ll never forget. Lucy Albright is far from her Long Island upbringing when she arrives on the campus of her small California college and happy to be hundreds of miles from her mother—whom she’s never forgiven for an act of betrayal in her early teen years. Quickly grasping at her fresh start, Lucy embraces college life and all it has to offer. And then she meets Stephen DeMarco. Charming. Attractive. Complicated. Devastating. Confident and cocksure, Stephen sees something in Lucy that no one else has, and she’s quickly seduced by this vision of herself, and the sense of possibility that his attention brings her. Meanwhile, Stephen is determined to forget an incident buried in his past that, if exposed, could ruin him, and his single-minded drive for success extends to winning, and keeping, Lucy’s heart. Lucy knows there’s something about Stephen that isn’t to be trusted. Stephen knows Lucy can’t tear herself away. And their

addicting entanglement will have consequences they never could have imagined. Alternating between Lucy’s and Stephen’s voices, *Tell Me Lies* follows their connection through college and post-college life in New York City. “Readers will be enraptured” (Booklist) by the “unforgettable beauties in this very sexy story” (Kirkus Review). With the psychological insight and biting wit of *Luckiest Girl Alive*, and the yearning ambitions and desires of *Sweetbitter*, this keenly intelligent and supremely resonant novel chronicles the exhilaration and dilemmas of young adulthood and the difficulty of letting go—even when you know you should.

The Lost Boy Hunter House

Revised and updated with the latest scientific research and updated case studies, the business classic that offers a revealing look at psychopaths in the workplace—how to spot their destructive behavior and stop them from creating chaos in the modern corporate organization. Over the past decade, *Snakes in Suits* has become the definitive book on how to discover and defend yourself against psychopaths in the office. Now, Dr. Paul Babiak and Dr. Robert D. Hare return with a revised and updated edition of their essential guide. All of us at some point have—or will—come into contact with psychopathic individuals. The danger they present may not be readily apparent because of their ability to charm, deceive, and manipulate. Although not necessarily criminal, their self-serving nature frequently is destructive to the organizations that employ them. So how can we protect ourselves and our organizations in a business climate that offers the perfect conditions for psychopaths to thrive? In *Snakes in Suits*, Hare, an expert on the

scientific study of psychopathy, and Babiak, an industrial and organizational psychologist and a leading authority on the corporate psychopath, examine the role of psychopaths in modern corporations and provide the tools employers can use to avoid and deal with them. Together, they have developed the B-Scan 360, a research tool designed specifically for business professionals. Dr. Babiak and Dr. Hare reveal the secret lives of psychopaths, explain the ways in which they manipulate and deceive, and help you to see through their games. The rapid pace of today's corporate environment provides the perfect breeding ground for these "snakes in suits" and this newly revised and updated classic gives you the insight, information, and power to protect yourself and your company before it's too late.

Your Guide to Understanding the Anti-Social Personality Disorder of Sociopaths Penguin

Imagine a young boy who has never had a loving home. His only possessions are the old, torn clothes he carries in a paper bag. The only world he knows is one of isolation and fear. Although others had rescued this boy from his abusive alcoholic mother, his real hurt is just beginning -- he has no place to call home. This is Dave Pelzer's long-awaited sequel to *A Child Called "It"*. In *The Lost Boy*, he answers questions and reveals new adventures through the compelling story of his life as an adolescent. Now considered an F-Child (Foster Child), Dave is moved in and out of five different homes. He suffers shame and experiences resentment from those who feel that all foster kids are trouble and unworthy of being loved just because they are not part of a "real" family. Tears, laughter, devastation and hope

create the journey of this little lost boy who searches desperately for just one thing -- the love of a family.

A Journey Through the Madness Industry Harmony

The memoir of a high-functioning, law-abiding (well, mostly) sociopath and a roadmap—right from the source—for dealing with the sociopath in your life. As M.E. Thomas says of her fellow sociopaths, "We are your neighbors, your coworkers, and quite possibly the people closest to you: lovers, family, friends. Our risk-seeking behavior and general fearlessness are thrilling, our glibness and charm alluring. Our often quick wit and outside-the-box thinking make us appear intelligent—even brilliant. We climb the corporate ladder faster than the rest, and appear to have limitless self-confidence. Who are we? We are highly successful, noncriminal sociopaths and we comprise 4 percent of the American population." *Confessions of a Sociopath*—part confessional memoir, part primer for the curious—takes readers on a journey into the mind of a sociopath, revealing what makes them tick while debunking myths about sociopathy and offering a road map for dealing with the sociopaths in your life. M. E. Thomas draws from her own experiences as a diagnosed sociopath; her popular blog, *Sociopathworld*; and scientific literature to unveil for the very first time these men and women who are "hiding in plain sight."

Confessions of a Sociopath Crown Publishing Group (NY)

A Man Named Dave, which has sold over 1 million copies, is the gripping conclusion to Dave Pelzer's inspirational and New York Times bestselling trilogy of memoirs that began with *A Child Called "It"* and *The Lost Boy*. "All those years

you tried your best to break me, and I'm still here. One day you'll see, I'm going to make something of myself." These words were Dave Pelzer's declaration of independence to his mother, and they represented the ultimate act of self-reliance. Dave's father never intervened as his mother abused him with shocking brutality, denying him food and clothing, torturing him in any way she could imagine. This was the woman who told her son she could kill him any time she wanted to—and nearly did. The more than two million readers of Pelzer's New York Times and international bestselling memoirs *A Child Called "It"* and *The Lost Boy* know that he lived to tell his courageous story. With stunning generosity of spirit, Dave Pelzer invites readers on his journey to discover how he turned shame into pride and rejection into acceptance.

Tips for the Dark Art of Manipulation
Penguin

With candor and humor, a manic-depressive Iranian-American Muslim woman chronicles her experiences with both clinical and cultural bipolarity. Born to Persian parents at the height of the Islamic Revolution and raised amid a vibrant, loving, and gossipy Iranian diaspora in the American heartland, Melody Moezzi was bound for a bipolar life. At 18, she began battling a severe physical illness, and her community stepped up, filling her hospital rooms with roses, lilies and hyacinths. But when she attempted suicide and was diagnosed with bipolar disorder, there were no flowers. Despite several stays in psychiatric hospitals, bombarded with tranquilizers, mood-stabilizers, and anti-psychotics, she was encouraged to keep her illness a secret—by both her family and an increasingly callous and indifferent medical establishment.

Refusing to be ashamed or silenced, Moezzi became an outspoken advocate, determined to fight the stigma surrounding mental illness and reclaim her life along the way. Both an irreverent memoir and a rousing call to action, *Haldol and Hyacinths* is the moving story of a woman who refused to become a victim. Moezzi reports from the frontlines of an invisible world, as seen through a unique and fascinating cultural lens. A powerful, funny, and moving narrative, *Haldol and Hyacinths* is a tribute to the healing power of hope and humor.

The Science of Those Without Conscience Penguin

Do you have a person in your life that is just a little off and by a little off, I mean that they're full blown strange? Are they living like an emperor in their world and using everyone around them like pawns? Are they quite possibly the smartest person you know but not living a life that is actually fulfilling by normal standards? Are they nice to you, but only when they really want something from you? You may have found yourself a sociopath
Download *The Mind of A Sociopath: Your Guide to Understanding The Anti-Social Personality Disorder Of Sociopaths* Learn... Wasn't Sherlock Supposed to be Cool? Explain Yourself! Gordon Gecko or Jason Voorhees? The Checklist! The Hunter Becomes the Hunted Watson Moved on with His Life Would You Like To Learn More? Download your copy today! Scroll to the top of the page and select the "BUY" button

Learn the Dark Secrets of Hypnosis, Manipulation, Deception, Persuasion, Brainwashing and Human Psychology Guilford Press
~ Take a Glimpse Inside the Mind of a Sociopath... ~ ****Limited Edition**** From the ~*Personality Disorders and Mental Illnesses*~ collection and the award

winning writer, Paul Sorensen, comes a masterful explanation into the mind of a sociopath! "An excellent depiction of the modern day sociopath!" - Alex Lemmings, Book Critique Think of sociopaths, and what's the first thing that enters your mind? The soulless murderer, lurking in the shadows? Or perhaps you think of the ruthless business man turned hardened criminal, a modern day depiction in recent movies and media. You'd probably be surprised to know that you've met a sociopath already, at least one. Are they your classmate, colleague, friend, or even lover? The thing about sociopaths that so few realize is that they are chameleons, masters at blending in. Unless you know them intimately, you will have no idea what's going on behind the charming façade. In the real world, sociopaths are far more likely to lie to family members, steal from workplaces, cheat on their partners, abuse drugs, and commit fraud, than they ever are to murder someone. Although not all actions by a sociopath are criminal, many are what society considers immoral, and you remain unaware of the sociopaths in your own life at your peril. In this book you will learn what a true sociopath is like, how to recognize them, and how to deal with them - especially if

they cannot be avoided. I also discuss how to help yourself heal after you come out the other side. Is there a cure, or even any hope for sociopaths? The short answer is 'we don't know', but there's a lot more to it than that, and forewarned is forearmed. Don't let yourself become the next to be manipulated, lied to, or even assaulted or have your life destroyed by the sociopath you know. Topics of Discussion - What is Sociopathy? - Sociopathic Personalities - How to Recognize a Sociopath - Surviving a Sociopath - Clinical Sociopathy - The Cause of Sociopathy - Is there a Cure? - and much more! Grab Your Copy Today! The contents of this book are easily worth over \$30 but if you purchase this book today you will get it for just \$11.99! ----- Tags: Sociopath, ASPD

Inside the Mind of a Sociopath

CreateSpace

Discusses the signs and symptoms of borderline personality disorder and explains how the families and friends of patients can cope with BPD behavior while taking care of themselves.

Recovery from the Sociopath

CreateSpace

Confessions of a SociopathA Life Spent

Hiding in Plain SightCrown

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